2017 Feng Shui Planetary Prosperity Almanac and Ephemeris with Organizer

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Scott Rauvers, *Author*

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Welcome to the 2017 Feng Shui Planetary Prosperity Almanac and Ephemeris with Organizer!

This easy to use almanac has purposely been written for people of all age brackets, sexes, professionals and nonprofessionals alike, and for people from all walks of life seeking a simple easy to use planetary organizer. Compiled by Scott Rauvers, the Founder of the Solar Institute and author of 3 personal success achievement books covering Remote Viewing, QI Gong and the path to Intuitive Wealth, this simple and unique almanac gives you the 21st century tools necessary for achieving personal and business success in the new millennium.

This edition includes daylight savings hours, the major U.S. public holidays and the date each season begins. The included day planner gives you enough space to write in information for meetings, activities and other vital information. Included is a complete Moon Void of Course Calendar and with the dates the constellation is in each house, Planetary transits for 2017 and a 2017 Moon and Planetary Ephemeris Calendar showing the aspects for each day of the year are also included.

The section on electional astrology helps you put important events into motion using the aspects of the moon and aspectarian. Also included are the dates of new and full moons and the dates of super moons for the next 4 years. No longer does the reader need to go on frustrating searches for this important information.

This unique almanac includes which foods create maximum health according to the season and as each new season begins, a series of recommended exercises based on the Tao can be performed that enhance the immune system, restore energy and detox the body to maintain excellent physical health.

The information in the included ephemeris sets higher standards for simplicity and accuracy for contemporary Taoist and Chinese 12 earthly branches astrology. Updated with the very latest data, it includes the longitude dates of the Sun aligned with the major asteroids of Juno, Ceres, Europa, Pallas, Eros and Vesta. For remote viewers, the time of 13:30 LST is included at the start of every month for convenient planning of your remote viewing sessions. As an added feature for our readers, are the more than 21 original articles showcasing the latest creative

ideas and rare information that will super-charge your goal setting and objectives all through 2017.

The beginning pages show how to find your element and animal sign and how to use these signs to choose foods that will enhance health and vitality according to the season. It also shows you how to match your element to each season and the recommended antiaging foods and herbs for those seeking a lifestyle of longevity.

Timing is vital to any important undertaking or major venture

Avoid frustrating failures and delays by knowing the very best time to undertake or fulfill your vital venture. To benefit fully from this information, you do not need to know your horoscope, simply plan your activity based on the favorable dates listed and take action on any day of the year. Seeking to find the date the Moon is in Taurus? our Moon Houses section gives the exact time and date the moon will be in that house.

Know the best time to plan travel and perform self-healing based on the included Tao charts and know your peak cycles of 'CHI' to supercharge your QI Gong practice and maximize feelings of revitalization.

Years of computerized astrological data and ancient Taoist wisdom have all conveniently been capsulized into this rare one-of-a-kind almanac which is now available in nook, kindle and hardcover editions.

Once again, we welcome our loyal readers to the 2017 edition and all of us here at EZ3DBIZ publications wish you a happy and prosperous 2017!

This free Preview also includes a partial listing of the rare and much sought after Tao and moon void of course charts. The following is a small portion of the charts included in the almanac.

Void of Course Moon for 2017

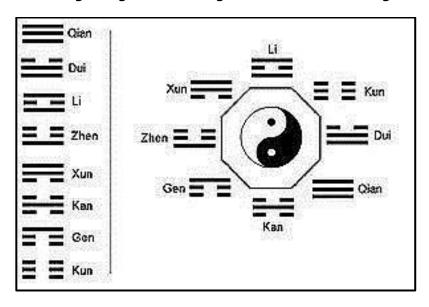
		February 201 I	February 2017 Void of Course Moon Calendar Eastern Standard Time	e Moon Calend Time	ar
	VOID BEGINS	GINS	VOID ENDS	NDS	Sign Moon Enters After Void
	Date Void Begins	Time	Date Void Ends	Time	
	February 2	11:50 AM	February 2	8:50 PM	Taurus
	February 4	5:42 PM	February 4	11:44 PM	Gemini
L/	February 6	5:53 PM	February 7	2:03 AM	Cancer
20:	February 8	5:00 PM	February 9	4:41 AM	Leo
ıor	February 11	0:52 AM	February 11	8:52 AM	Virgo
)	February 13	7:36 AM	February 13	3:43 PM	Libra
VIO	February 15	8:54 PM	February 16	1:41 AM Scorpio	Scorpio
e n	February 17	2:38 PM	February 18	1:52 PM	1:52 PM Sagittarius
urs	February 20	6:37 PM	February 21	2:08 AM	2:08 AM Capricorn
CO	February 22	10:24 PM	February 23	12:17 PM	Aquarius
1 01	February 25	1:11 PM	February 25	7:24 PM	Pisces
Oic	February 27	6:08 PM	February 27	11:52 PM	Aries
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Aspects of the Moon

Tropical Aspectarian - Wednesday. 01 Feb 2017 at noon. Greenwich SVP = 05×01.37 True Ayanamsa = 24d 05m 37s geocentric Julian Day = 2457786.0

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The eight trigrams, their signs, names, and meanings



Trigrams	Name (Chinese)	Name	Attribute	lmage	Family relationship
	Qian	the Creative	strong	Heaven	father
	Kun	the Receptive	devoted	Earth.	mother
	Zhen	the Arousing	movement	thunder, wood	eldestson
	Kan	the Abysmal	danger	water, clouds	middle son
	Gen	Keeping Still	standstill	mountain	youngest son
	Xun	the Gentle	penetration	wind, wood	eldest daughter
. (==	Ĺ	the Clinging	light-giving	lightning, fire	middle daughter
0275926	Dui	the Joyous	pleasure	lake	youngest daughter

Favorable Locations for positioning Herbs / Fruits / Tree Types according to Region

Grains, Herbs, Teas, Fruits,	House, Study, Mountain
Fresh Fruit, Chrysanthemum	Retreat, Shrine, Temple.
Rice, Lake Plants,	House, Bedroom,
Magnolia, Gardenia	Marshes, Valleys, Lakes
Dried Fruit, Peanuts, Tomatoes, Watermelon, Pepper, Maple	Patio or House Porch, Lighted Street of The City, Lighthouse
Plum, Peach, Evergreen, Young Bamboo, Green Vegetables	House, Living Room, Forest, Buildings
Taro, Flowered Bulbs, Beets,	Kitchen In House, Bottom
Potatoes, Yams, Ginger	Of Ocean, Fields, Farms
Trees, Poppy, Grass, Lily	House, Hallway, Library, Forest Glades
Swamp Plants, Reed, Lotus	House, Bathroom, Waterfall, Well, River
Avocado, Banana, Mango,	House, Dining Room,
Mushrooms	Graves, Path, Gate, Palace

Wu Hsing Correspondences					
Activity	Woo	Fire	Earth	Metal	Water
Directio n	East	South	Centre	West	North
Virtue	Bene v-	Propri- ety	Faith	Rect- itude	Wisdom
Color	Blue/	Red	Yellow	White	Black
Planet	Jupiter	Mars	Saturn	Venus	Mercury
Num- bers	8 and 3	2 and 7	10 and 5	4 and 9	6 and 1
Sound	Shouts	Laughs	Singing	Weepin g	Groanin g
Emotion	Ange r	Joy	Sympathy	Grief	Fear
Climate	Wind	Hot	Wet	Dry	Cold
Animal	Drag on	Phoeni x	Ox	Tiger	Snake/ Tortoise
Hour	3 – 7 a.m.	9 a.m. – 1 p.m.	1 – 3 & 7 – 0 a.m. 1 – 3 & 7 – 0 p.m.	3 – 7 p.m.	9 p.m. – 1 a.m.
Celestial Stem (yin and yang	I	Ting	Chi	Hsin	Kuei
	Chia	Ping	Wu	Keng	jen
Terrestrial branches	Yin, ma o	Ssu, wu	Ch'ou, wei, ch'en, hsii	Shen, yu	Lzu, hai
Const- ellation	Gemin i, Cancer	Virgo, Libra	Taurus, Leo, Scorpio, Aquarius	Sagitt- arius, Capri- corn	Aires, Pisces

Master Chart of the 5 Elements

Number	8	7	5	9	6
Planet	Jupiter	Mars	Earth/Sat urn	Venus	Mercury
Moo n Cycle	Half Moon heading towards full	Full Moon	Hidden Moon	Half Moon heading towards new	New Moon
Manifesta t ive results	Tree	Heat	Soil	Metal	Water
Vegetable	Leeks	Shallots	Mallow	Onions	Greens
Foods not	Rancid/ Oily	Burnt	Fragrant	Rotten	Putrid
Modulates	Prayer	Healthy Habits	Herbs	Acupun- cture	Warming Heat Therapy
Color	Green	Red	Yellow	White	Black
Exhibitor	Spiritual	Soul	Mind	Ambition	Body Strength
5 Tastes	Sour	Bitter	Sweet	Pungent	Salty
Grains	Wheat	Red Millet	Yellow Millet	Brown Rice	Legumes
Fruits	Apple/Plu m	Berries	Dates/ Olives	Melon	Citrus
Movement	Upwards	Active	Down- wards	Solidified	Liquid
Susceptibl e areas to disease	Nerves	Viscera	Tongue	Upper Back	Cavities

QI Gong / Revitalization energy – Seasonal and Hourly Peaks

				Time of Day of Peak of Revitalization Energy
Place of Eternal Frost	Winter Solstice	Furthest Southward of Equator	Maximum Yin/ Shortest Days/ Longest Cold	Midnight
Golden Gate	Spring Equinox	Crosses Heavenly Equator	Light and Darkness/Yi n and Yang Balanced. Yang QI is expanding	Sunrise
Palace of Universa I Yang	Summer Solstice	Furthermost Northernmost Point from Equator	Maximum Yang or Brightness, Longest Days, of light and heat	Noon
Gate of the Moon	Autumn Equinox	Crosses Equator	Light and Darkness, Yin and Yang in Balance, Yin QI is increasing	Sunset

QI Flow and Moon Phase

PHASE OF MOON	REASON	TIDE	QI & BLOOD	REGUL ATION
New	Moon between sun; earth. Start of orbit	Spring. M ax. Sun; moon pull together	Deficient	No Purging
Waxing Crescen t	Moon between sun; earth & 1/8th aroun d orbit	Spring. M ax. Sun; moon pull together	Turning excessive	No Tonifying
First Quarte r	Moon is 90 deg. to sun & 1/4 around orbit	Neap. Min. Sun; moon work against each other	Deficient	No Purging
Full	Moon opposite sun & 1/2 around orbit	Spring. M ax. Sun & moon pull together	Excessive	No Tonifying

Last Quarter	Moon is 90 deg. to sun & 3/4 around orbit	Neap. Min. Sun & moon work against each other	Turning Deficient	No Purging
Waning Crescent	Moon between sun & earth & 7/8th around orbit	Spring. M ax. Sun & moon pull together	Deficient	No Purging

Scents and Emotions used to Enhance Healing and Strength

Elem- ent	Sounds	Scent	Flavor	Emotion	Number
Water	Groans	Putrid	Salt	Fear	9 and 10
Wood	Shouts	Rancid	Sour	Anger	1 and 2
Metal	Weeps	Rots	Pungent	Grieving	7 and 8
Earth	Sings	Fragrant	Sweet	Sympathy	5 and 6
Fire	Laughs	Scorches	Bitter	Joy	3 and 4

Lunar Activity and Healing – Seasonal, Planetary and Lunar Peaks

Location	Greater Yin	Lesser Yang	Greater Yang	Lesser Yin
Yang/Yin Cycle	Yin	Yin to Yan	Yang	Yang to Yin
Quality	Cold	Light	Hot	Dark
Tai-Chi Fish	Black	White eye on Black Head	White	Black eye on White
Direction	North	East	South	West
Sun Phase	Winter	Spring	Summer	Fall
Head	Ears	Nose	Eyes	Mouth
Wise Advice	Remain Concealed and Silent	Prepare for an Onslaught	Move with Force	Withdraw
Trigrams Generate d	Ken and K'un	Sun and K'an	Ch'ien and Tui	Li and Chen
Moon Phase	New	First Quarter	Full	Last Quarter
Heaven	Moon	Stars/Zodiac	Sun	Planets
Earth	Emperor	Prince	Ruler / King	Duke

The Tao of Diet The 4 Seasons, Foods and Elements

Season	Dominant Element/Organ	Organ at its Weakest Point		
Spring	Wood (Liver); eat less sour foods	Earth (Spleen); eat more mildly sweet foods		
Summer	Fire (Heart); eat less bitter foods	Metal (Lungs); eat more pungent foods		
Autumn	Metal (Lungs); eat less pungent foods	Wood (Liver); eat more sour foods		
Winter	Water (Kidneys); eat less salty foods	Fire (Heart); eat more bitter foods		

Foods/Taste	More Yang	Less Yang	Balanced Yin/Yang	Less Yin	More Yin
5 Tastes	Sour	Bitter	Sweet	Pungent	Salty
Grains	Wheat	Red Millet	Yellow Millet	Brown Rice	Legumes
Fruits	Apple/ Plum	Berries	Dates/ Olives	Melon	Citrus
Vegetables	Leeks	Shallots	Mallow	Onions	Greens

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- Excessive joy injuries the heart, and is balanced by fear.
- Excessive anger damages the liver, but is balanced by grief.
- Excess sympathy injures the stomach, and is balanced by anger.
- Excess grief damages the lungs, and is balanced by anger.
- Extreme fear damages the kidneys, but is balanced with sympathy.
- Extreme moaning injures the kidneys, and is balanced by joy.
- Prolonged standing in the same location harms the kidneys and bladder and is balanced by walking.
- Excessive cold injures the kidneys and bladder, and is balanced by warm liquids.
- Fear and depression are the result of weak kidneys and bladder.
- > Fear and depression are balanced by laughter.

We can also use the 5 phases to bring balance to excess emotions.

- Excess Freedom can be balanced by more Responsibility
- Excess Love can be balanced by more Wisdom
- Excess Meekness can be balanced by more Self Value
- Excess Caution can be balanced by more Courage
- Excess Patience can be balanced by more Aggressiveness
- Excess Tenderness can be balanced by more Stability
- Excess Joy can be balanced by more Moderation/Fear
- > Excess Faith can be balanced by more Understanding
- > Excess Gentleness can be balanced by more Strength
- Excess Intuition can be balanced by more Logical Reasoning
- Excess Generosity can be balanced by more Economy
- Excess Repose can be balanced by more Energy
- Excess Zeal can be balanced by more Reflection
- Excess Ambition can be balanced by more Unselfishness
- Excess Charity can be balanced by more Justice
- Excess Candor can be balanced by more Tactfulness
- Excess Aspiration can be balanced by more Judgment
- Excess Benevolence can be balanced by more Discrimination
- Excess Liberty can be balanced by more Lawful Obedience

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Planet	Jupiter	Mars	Earth/Sa turn	Venus	Mercury
Moon Cycle	Half Moon heading towards full	Full Moon	Hidden Moon	Half Moon heading towards new	New Moon
Manifestat ive results	Tree	Heat	Soil	Metal	Water
Vegetable	Leeks	Shallots	Mallow	Onions	Greens
Foods not advised	Rancid/ Oily	Burnt	Fragrant	Rotten	Putrid
Modulates	Prayer	Healthy Habits	Herbs	Acupu- ncture	Warming Heat Therapy
Color	Green	Red	Yellow	White	Black
Exhibitor	Spiritual	Soul	Mind	Ambition	Body Strength
5 Tastes	Sour	Bitter	Sweet	Pungent	Salty
Grains	Wheat	Red Millet	Yellow Millet	Brown Rice	Legumes
Fruits	Apple/ Plu m	Berries	Dates/ Olives	Melon	Citrus
Movement	Upwards	Active	Down- wards	Solidified	Liquid
Susceptible areas to disease	Nerves	Viscera	Tongue	Upper Back	Cavities

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Element	Wood	Fire	Earth	Metal	Water
Yin Organ	Liver	Heart	Spleen	Lungs	Kidney
Yang Organ	Gall Bladder	Small Intestine	Stomach	Large Intestine	Bladder
Flavor	Sour (vinegar type sour)	Bitter (lemon type bitter)	Sweet (like sugar)	Pungent (like ginger)	Salt
Cereals to eat	Wheat	Millet	Rye	Rice	Beans
	Fire	Earth	Metal	Wood	Water
	Bitter	Sweet	Pungent	Salty	Sour
Nuts/ Seeds	Sunflower Pistachio	Pine Nut Pumpkin	Almonds	Black Sesame Walnut	Brazil Cashew
Vege- tables	Red Bell Pepper Scallion Tomato Beet Dandeli on Root Okra	Rutabaga Spinach Squash Cabbage Carrot Parsnip	Mustard Green Onion Radish Asparagus Broccoli Celery Cucumber	Seaweeds Water chestnut Kale Mushroom s	String Bean Zucchini Green Bell Pepper Green Pea Lettuce
Fruits	Cherry Persim - mon	Fig Orange Papaya Pineapple Strawberry	Apricot Banana Pear	Mulberry Pomegra- nate Raspberry Watermel- on	Avocado Grape Lemon Lime Plum
Grains	Amaranth Corn	Millet Barley	Rice	Buckwheat	Oats Wheat Rye

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Legumes	Red Lentil	Garbanzo Peas	Navy Soy	Kidney Pinto	Mung Lima Green Lentil
Cautions	Chocolate Sugar	Meat	Eggs	Cheese	Soft Dairy

2017 Feng Shui Planetary Prosperity Almanac and Ephemeris with Organizer

An Introduction to the Elements

Traditional Eastern Medicine states humans are a microcosm of our universe. Through thousands of years of careful observation of the interactions occurring in Nature, the Five Phases of Transformation theory was born (*also referred to as the Five Elements*). This knowledge has been applied to the human body for healing, treatment, diagnosis and prevention of illness. It also is used in the Tao to find the best dates to plan important ventures.

Early references to the early birth of the Five Phases can be found in the classic Chinese text **Inner Canon of the Yellow Emperor** dated between the first and forth centuries BC. The five phases spread from here and became applied in practices such as feng shui, astrology, shiatsu, acupuncture, chi gong and healing and prevention of illness through diet.

Each of the 5 phases consists of a major and secondary organ, which then governs its associated emotion. Each phase is also assigned its own hour. For example, the phase of wood is associated with sunrise and an upwards flow of life force. Also, each of the phases is assigned is own particular taste. By changing diet, we change how our food tastes, which affects our nerves, which then re-directs the flow of the life force.

One of the most easily recognizable ways that the flow of QI (life force) is impacted is by experiencing the seasons. Therefore, seasons are an excellent starting point to understand this flow more clearly. Below is an example of how the seasons can weaken certain organs.

- Summer Heat Weakens the Heart
- Spring Winds Weaken the Liver
- Winter Cold Dryness weakens the Kidneys
- Fall Humid Weather weakens the Spleen
- Late Spring Cold Dry Weather weakens the Lungs
- Excessive effects on the body during winter will manifest themselves during spring time

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- Excessive effects on the body during late spring winds manifest themselves as a low appetite in summer
- Excessive effects on the body in summer manifest as a fever during fall
- Excessive effects of humidity in fall manifest themselves as a persistent cough during winter

Just as each planet has a peak of energy according to the season and hour, there also exist character and personality traits that are unique to each individual when born during a particular month. The year of a person's birth gives their animal and element sign. This governs their personality, attributes and character.

Use the information conveniently displayed in this almanac at the beginning of each month to pursue a career, examine your inner weaknesses and strengths, perform self-healing or plan important projects. A little-known secret in timing is to plan your most important or challenging projects just after your birthday (*which also matches your animal sign as will be shown in this almanac*). Before we begin you need to know your animal sign and metal element. Let's explore this next.

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How do I Find My Element?

The first step is to match your year of birth with one of the animals listed below.

Step 1

YOUR CHINESE ANIMAL ZODIAC SIGN

- Rat: 2008, 1996, 1984, 1972, 1960, 1948, 1936
- Ox: 2009, 1997, 1985, 1973, 1961, 1949, 1937
- Tiger: 2010, 1998, 1986, 1974, 1962, 1950, 1938
- Rabbit: 2011, 1999, 1987, 1975, 1963, 1951, 1939
- Dragon: 2012, 2000, 1988, 1976, 1964, 1952, 1940
- Snake: 2013, 2001, 1989, 1977, 1965, 1953, 1941
- Horse: 2014, 2002, 1990, 1978, 1966, 1954, 1942
- Goat: 2015, 2003, 1991, 1979, 1967, 1955, 1943, 1931
- Monkey: 2015, 2004, 1992, 1980, 1968, 1956, 1944, 1932
- Rooster: 2017, 2005, 1993, 1981, 1969, 1957, 1945, 1933
- Dog: 2018, 2006, 1994, 1982, 1970, 1958, 1946, 1934
- Pig: 2019, 2007, 1995, 1983, 1971, 1959, 1947, 1935

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Step 2

Next, match animal with element.

· Wood: Tiger, Rabbit

· Fire: Snake, Horse

· Earth: Ox, Dragon, Goat, Dog

Metal: Monkey, Rooster

Water: Pig, Rat

Step 3

- 0 or 1, you are a metal element.
- 2 or 3, you are a water element.
- 4 or 5, you are a wood element.
- 6 or 7, you are a fire element.
- · 8 or 9, you are an earth element.

And finally match the last number in your birth year to determine your element. When using your metal element in this almanac we will use the following example shown below.

Cow / Ox (Ying -Fixed Element Water)

Ox years include 1901, 1913, 1925, 1937, 1949, 1961, 1973, 1985, 1997. The Ox month is from Jan 6th to Feb 3th, and the hours are from 1am

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to 3am. If you were born during any of the years listed as the Ox, then that month matches your character and personality and will determine your fortune for that month.

You can also use Step 1 to determine your Animal Zodiac Sign and explore your character, traits and strengths and explore any relevant weakness you may have then use that information to strengthen any weak areas you feel you need strengthening. You can also use it for planning important projects.

Now that you have found your element and animal sign you simply match it to each month shown in this almanac. You can use your element to locate the appropriate diet and lifestyle by using the charts shown later in this book. You can also use your element to find your lucky numbers, colors, hour and day of week.

How to find your QI peak phase.

If you have been practicing QI Gong or similar exercises for many years you will no doubt have discovered that the revitalization energy has certain peaks or times the energy is stronger. To use the chart below to find your seasonal yearly peak let's use the example of the metal element. The chart below shows that QI energy peaks near sunset during the fall season. Therefore, when you practice QI Gong at this time you will find that your body will feel significantly revitalized and more refreshed than usual, compared to other times of the year. If you were a wood element, then dawn at Spring would be your peak.

QI Peak of each Element

Wood - Moon's 1st Quarter - Dawn - Jupiter - Green - Spring -

Liver Fire - Full Moon - 12 Noon - Mars - Red - Summer - Heart

Earth - 3 days after full moon - mid-afternoon - Saturn - Yellow - September (late summer) - Spleen/Pancreas

Metal - Moon's last quarter - Sunset - Venus - White - Fall/Autumn – Lungs

Water - New - Midnight - Mercury - Dark Blue/Indigo - Winter - Kidneys

Speaking from personal experience, I am a metal element and I have

Ephemeris with Organizer

found a considerable boost in QI energy gained when I inhale the white light of Venus before practicing the Emerald Tablets exercise as shown in my book **The Emerald Tablets: The Keys of Life and Death by Thoth the Atlantean**. The Emerald Tablets exercise is a form of Longevity QI Gong that has been known since the times of the ancient Egyptians.

If the QI energy peak occurred according to a specific element, we could use the following simplified chart shown below.

Summary

Your Element - Season

WATER – WINTER

METAL - FALL

EARTH – SUMMER

WOOD - SPRING

JANUARY

13:30 LST Time Begins at 7 a.m. PST.

January is the time of year for new beginnings. A time for recovery. A month for ambitions, making others happy, socializing and learning to get organized. It is a month to be fun and enjoy the new beginnings. The name of the first month of the year comes from the Roman god Janus who has the god of doorways and gates as well as beginnings and endings. Janus is usually depicted as having two faces pointing in opposite directions. According to Roman mythology, the god Saturn gave Janus the ability to see into the past and the future.

Cow / Ox (Ying -Fixed Element Water)

Ox years include 1901, 1913, 1925, 1937, 1949, 1961, 1973, 1985, 1997. The Ox month is from Jan 6th to Feb 3th, and the hours are from 1am to 3am. Ox persons are ambitious, conventional, disciplined, steady, dependable, calm, methodical, fair-minded, logical, patient, hardworking, modest, resolute and tenacious. They can also sometimes be stubborn, narrow-minded, materialistic, rigid, demanding and nurture grievances. The Ox attains their prosperity and success through their natural leadership qualities, fortitude and hard work. They make excellent engineers, dentists, surgeons and archaeologists. They are compatible with individuals born in the years of the Rooster, Snake and Rat.

Season - Winter

Winter forces us to spend more time indoors. It encourages reflection and introspection. We also become much less physically active. It is the time for being objective, artistic and allowing for flexibility. Allow yourself to be yourself. Allow yourself to express more wisdom and awe the beauty winter brings. For healing, warming and heat therapy works best this time of year and it is the best time of year to build new body strength. This is the season of fluids flowing all around us in multiple directions at once. A time of quiet willpower and spontaneous sighs. The color of winter represents black and darkness. Around Christmas life goes though the phase of re-birth and a healing of mind and body begins as we rest our emotions. This time of contemplation allows us to take a spiritual and

Ephemeris with Organizer

physical inventory of our lives and to nurture our emotions and spirit. It is a time to be on the lookout for fear.

Seasonal Healing Sounds for Winter Kidneys – FFFFFFFFFFUUUUUUUU

Healing Color Visualization Exercise

Kidneys and Bladder / Ears / Water Element

Breathe in deep while focusing on the kidneys. As you breathe out release the sound "HOOOOOO", while visualizing DARK BLUE/INDIGO energy exiting through the ears. Repeat this exercise 6, 9, or more times.

Element WATER

Winter represents Cold and water. Its main action is cooling and moistening. The flowing effect of water is for it to sink to the lowest level. At this level, it either nourishes (as in feeding roots), or causes blockages. If circulation is poor or non-existent, blockages will begin to form, manifesting themselves during spring.

Water types succeed by not allowing their fears to block their full expression of creativity.

Moving water activates its functions. Winter is where energy travels deep within, lying dormant until spring. Qi circulation as well as blood are reduced by the effects of Cold. Cold also stiffens muscles and tendons, especially in the knees and limbs of the body. Water represents the Bladder and Kidneys which play a role in urination, or water retention.

Flavor is SALTY

Saltiness is Yin energy. It is cooling and has affinity with the season of winter. It enters the kidneys, softens (good), hardens (bad) regulates fluids and detoxifies. Examples of salty foods: shellfish, soy sauce, seaweed and celery.

Best advice for Winter

People with Cold in their body, or who are cold sensitive, should take herbs to move the Qi and blood. It is a time to keep warm, meditate, rest and conserve energy. Eat hearty and warming foods. Cook for longer,

Ephemeris with Organizer

with less water and at a lower temperature. Steam vegetables. Use more sea salt and include bitter tasting foods in the diet. Eat preserved and fermented foods such as fermented soy bean paste and miso.

Late Winter to Spring - Exposure to Cold, Excessive Sweet Foods, Excessive Yogurt, Cheese, Milk and similar dairy, Meat, Excessive Salts, Excessive Water, Overeating, Oversleeping, Lack of Exercise.

Mental Component – Doubts, Greed, Possessiveness, Lack of Compassion.

	January 2017										
Sunday	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday					
1 New Year's Day	2	3	4	5	6	7					
8	9	10	11	12	13	14					
15	16 MLK Day	17	18	19	20	21					
22	23	24	25	26	27	28					
29	30	31									

ALL STAR RISE/SET TIMES ARE IN PACIFIC STANDARD TIME

Sirius Rise, Zenith and Set

Date		Rise	Az.	Transit Alt.	Set	Az.
2017 Jan 01	(Sun)	18:36	110	23:51 39\$	05:10	250
2017 Jan 02	(Mon)	18:32	110	23:47 39\$	05:06	250
2017 Jan 03	(Tue)	18:28	110	23:43 39\$	05:02	250
2017 Jan 04	(Wed)	18:24	110	23:39 39\$	04:58	250
2017 Jan 05	(Thu)	18:20	110	23:35 39\$	04:54	250
		Betelgeuse	Rise	e, Zenith and Set		
2017 Jan 01	(Sun)	16:52	80	23:17 60S	05:46	280
2017 Jan 02	(Mon)	16:49	80	23:13 60S	05:42	280
2017 Jan 03	(Tue)	16:45	80	23:10 60S	05:38	280
2017 Jan 04	(Wed)	16:41	80	23:06 60S	05:34	280
2017 Jan 05	(Thu)	16:37	80	23:02 60S	05:31	280
		Arcturus l	Rise,	Zenith and Set		
2017 Jan 01	(Sun)	00:36	65	07:40 71S	14:44	295
2017 Jan 02	(Mon)	00:32	65	07:36 71S	14:41	295
2017 Jan 03	(Tue)	00:28	65	07:32 71S	14:37	295
2017 Jan 04	(Wed)	00:24	65	07:28 71S	14:33	295
2017 Jan 05	(Thu)	00:20	65	07:25 71S	14:29	295
		Polaris R	lise.	Zenith and Set		
			,			

20:16 38N

20:12 38N

Date

2017 Jan 01 (Sun)

2017 Jan 02 (Mon)

Rise Az. Transit Alt. Set Az.

08:18 37N

08:14 37N

2017 Feng Shui F	Planetary Pros	perity Almanac ar	١d
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	2017 (611)	g Jilai i	idiletary 110s	perity Airie	inac ana		
			hemeris with	•			
2017 Jan 03		80:08		****	***	08:10	
2017 Jan 04	(Wed) 2	0:04	38N	****	***	08:06	37N
2017 Jan 05	(Thu) 2	0:00	38N	****	***	08:02	37N
	Vega	a Ris	se, Zeni	th and	Set		
2017 Jan 01	(Sun) 0	3:23	37	12:01	89N	20:38	323
2017 Jan 02	(Mon) 0	3:19	37	11:57	89N	20:34	323
2017 Jan 03	•	3:15		11:53		20:30	
2017 Jan 04		3:11		11:49		20:26	
2017 Jan 05	•	3:07		11:45		20:22	
	Mercu	ry R	ise, Zen	nith an	d Set		
Date	R	ise	Az.	Transi	t Alt.	Set	Az.
2016 Jan 01	(Fri) 0	8:40	116	13:35	32S	18:30	244
2016 Jan 02	(Sat) 0	8:37	116	13:33	32S	18:29	244
2016 Jan 03	(Sun) 0	8:33	115	13:30	32S	18:27	245
2016 Jan 04		8:29		13:27		18:25	
2016 Jan 05		8:24	114	13:23	33S	18:22	246
	Venu	s Ri	se, Zeni	ith and	Set		
Date	R	ise	Az.	Transi	t Alt.	Set	Az.
2016 Jan 01	(Fri) 0	4:29	114	09:32	33S	14:34	246
2016 Jan 02	(Sat) 0	4:31	114	09:33	33S	14:34	246
2016 Jan 03		4:33		09:34	33S	14:34	246
2016 Jan 04		4:35		09:35		14:34	
2016 Jan 05		4:37		09:36		14:35	245

Mars Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Jan 01 (Sun)	10:35 100	16:11 44S	21:47 260
2017 Jan 02 (Mon)	10:33 100	16:10 44S	21:47 260
2017 Jan 03 (Tue)	10:31 100	16:09 44S	21:47 261
2017 Jan 04 (Wed)	10:29 99	16:08 45S	21:47 261
2017 Jan 05 (Thu)	10:27 99	16:06 45S	21:46 261

Jupiter Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Jan 01 (Sun)	01:04 99	06:44 45S	12:24 261
2017 Jan 02 (Mon)	01:01 99	06:41 45S	12:21 261
2017 Jan 03 (Tue)	00:57 99	06:37 45S	12:17 261
2017 Jan 04 (Wed)	00:54 99	06:34 45S	12:13 261
2017 Jan 05 (Thu)	00:51 99	06:30 45S	12:10 261

Saturn Rise, Zenith and Set

Date		Rise	Az.	Transi	t Alt.	Set	Az.
2017 Jan 01	(Sun)	05:56	118	10:47	30S	15:37	242
2017 Jan 02	(Mon)	05:53	118	10:43	30S	15:33	242
2017 Jan 03	(Tue)	05:50	118	10:40	30S	15:30	242
2017 Jan 04	(Wed)	05:46	118	10:36	30S	15:26	242
2017 Jan 05	(Thu)	05:43	118	10:33	30S	15:23	242

FEBRUARY

13:30 LST Time Begins at 5:00 a.m. PST

Tiger (Yang - Fixed Element Wood)

Tiger years include 1902, 1914, 1926, 1938, 1950, 1962, 1974, 1986, 1998. The month of Tigers are from Feb 4 to Mar 5. The hours of Tigers are from 3am to 5am. Tiger persons are daring, impulsive, vigorous, unpredictable, rebellious, colorful, powerful, affectionate, humanitarian, passionate, stimulating, sincere and generous. They can sometimes become impatient, quick-tempered, restless, reckless, obstinate and selfish. Tiger persons have faith in luck. They utilize their charisma and their daring to achieve success. Their humanitarian instincts and idealism lead them to their goals. Tiger people make good writers, pilots, actors and police officers. Tigers are compatible with Horses, Dragons and Dogs.

February is the month to uncover hidden knowledge and expand our spiritual growth. This is the time that the energies of the constellation Aquarius are at their strongest. A time to access deeper knowledge. A time to awaken to the unity with the one creative source. It is the time of year an inner awakening occurs.

	February 2017										
Sunday	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday					
			1	2 Ground hog Day	ŝ	4					
5	6	7	8	9	10	11					
12 Lincoln's Birthday	1	14 Valentine's Day	15	16	17	18					
19	20 Presiden t's Day	21	22 Washingt on's Birthday	23	24	25					
26	27	28									

ALL STAR RISE/SET TIMES ARE IN PACIFIC STANDARD TIME

Sirius Rise, Zenith and Set

Date	Rise	e A	z.	Transit Alt.	Set	Az.	
2017 Feb 01	(Wed)	.6:3 _′	4 11	0 21:49 39\$	03:	08 250)
2017 Feb 02	(Thu)	.6:3	0 11	0 21:45 39S	03:	04 250)
2017 Feb 03	(Fri)	6:2	6 11	0 21:41 39S	03:	00 250)
2017 Feb 04	(Sat)	6:2	2 11	0 21:37 398	02:	56 250)
2017 Feb 05	(Sun)	6:18	8 11	0 21:33 39\$	02:	52 250)
	Betelgeu	se F	Rise	e, Zenith and Set			
Date	1	Rise	Az	Transit Alt.	Se	et Az.	
2017 Feb 01	(Wed)	4:5	1 8	0 21:16 60S	03:	44 280)

Arcturus Rise, Zenith and Set

80

21:12 60S

21:08 60S

21:04 60S

21:00 60S

03:40 280

03:37 280

03:33 280

03:29 280

14:47 80

14:39 80

14:35 80

14:43

2017 Feb 02 (Thu)

2017 Feb 03 (Fri)

2017 Feb 04 (Sat)

2017 Feb 05 (Sun)

Date	Rise Az.	Transit Alt.	Set Az.
2017 Feb 01 (Wed)	22:30 65	05:38 71S	12:43 295
2017 Feb 02 (Thu)	22:26 65	05:34 71S	12:39 295
2017 Feb 03 (Fri)	22:22 65	05:31 71S	12:35 295
2017 Feb 04 (Sat)	22:18 65	05:27 71S	12:31 295
2017 Feb 05 (Sun)	22:15 65	05:23 71S	12:27 295

Polaris Rise, Zenith and Set

Date	Rise	Az.	Transit Alt.	Set	Az.
2017 Feb 01 (We	ed) 18:13	38N	****	06:15	37N
2017 Feb 02 (Th	•		****	06:11	
2017 Feb 03 (Fr	i) 18:06	38N	****	06:08	37N
2017 Feb 04 (Sa	it) 18:02	38N	****	06:04	37N
2017 Feb 05 (Su	ın) 17:58	38N	*****	06:00	37N
	Vega Rise	Zenith	and Set		
Date	Rise	Az.	Transit Alt.	Set	Az.
2017 Feb 01 (We	ed) 01:21	37	09:59 89N	18:36	323
2017 Feb 02 (Th	u) 01:17	37	09:55 89N	18:32	323
2017 Feb 03 (Fr	i) 01:13	37	09:51 89N	18:28	323
2017 Feb 04 (Sa	it) 01:10	37	09:47 89N	18:24	323
2017 Feb 05 (Su	n) 01:06	37	09:43 89N	18:20	323
	Mercury Ris	e, Zenith	n and Set		
Date	Rise	Az.	Transit Alt.	Set	Az.
2016 Feb 01 (Mc	on) 05:44	116	10:39 32\$	15:34	244
2016 Feb 02 (Tu	ie) 05:44	116	10:39 32S	15:33	244
2016 Feb 03 (We	ed) 05:44	116	10:38 31S	15:33	244
2016 Feb 04 (Th	u) 05:44	116	10:38 31S	15:32	244
2016 Feb 05 (Fr	i) 05:44	116	10:38 31S	15:32	244

Venus Rise, Zenith and Set

Date		Rise	Az.	Transi	t Alt.	Set	Az.
2016 Feb 01	(Mon)	05:22	118	10:12	308	15:01	242
2016 Feb 02	, ,	05:24		10:13		15:03	
2016 Feb 02 2016 Feb 03		05:25		10:13		15:04	
2010 1.60 03	(Wea)	00.20	110	10.14	303	10.04	2 4 2
2016 Feb 04	(Thu)	05:26	118	10:16	30S	15:06	242
2016 Feb 05	(Fri)	05:27	118	10:17	30S	15:08	242
	Mars	Rise	Zenith	and Se	et		
Date		Rise	Az.	Transi	t Alt.	Set	Az.
2017 Feb 01	(Wed)	09:28	88	15:34	53S	21:40	272
2017 Feb 02	(Thu)	09:26	88	15:33	54S	21:40	272
2017 Feb 03	(Fri)	09:24	88	15:31	54S	21:39	273
2017 Feb 04	(Sat)	09:22	87	15:30	54S	21:39	273
2017 Feb 05	(Sun)	09:19	87	15:29	55S	21:39	273
	Jupite	r Ris	e, Zeni	th and	Set		
Date		Rise	Az.	Transi	t Alt.	Set	Az.
2017 Feb 01	(Wed)	23:08	99	04:50	45S	10:28	261
2017 Feb 02	(Thu)	23:04	99	04:46	45S	10:24	261
2017 Feb 03		23:00		04:42		10:20	
2017 Feb 04	, ,	22:56	99	04:38		10:16	
		22:52	99	04:34		10:12	
2017 Feb 05			99				

Ephemeris with Organizer Saturn Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Feb 01 (Wed)	04:09 118	08:58 30S	13:48 242
2017 Feb 02 (Thu)	04:05 118	08:55 30S	13:44 242
2017 Feb 03 (Fri)	04:02 118	08:51 30S	13:41 242
2017 Feb 04 (Sat)	03:58 118	08:48 30S	13:37 242
2017 Feb 05 (Sun)	03:55 118	08:44 30S	13:34 24

MARCH

13:30 LST Time Begins at 3:00 a.m. PST

Spring is a time to watch for anger and impatience as we are more sensitive to these emotions than usual. Kindness is the Emotion to counter excessive anger. This is the best season to have enthusiasm and a positive attitude. This is the time of year motivation and self-improvement help to create new beginnings and birth new projects into fruition. Therefore, it is a good time to plan and prepare for the surprises spring brings. An excellent time of year for looking for new homes or relocating. This is the time of year inspiration affects us and colors seem more vivid and alive. A time we feel like shouting with enthusiasm as new life emerges. This is the most spiritual time of the year with prayer being the most effective. The color of spring is green. Spring is the best time of year to cleanse, detox or fast.

Rabbit (Ying - Fixed Element Wood)

Rabbit years are 1903, 1915, 1927, 1939, 1951, 1963, 1975, 1987, 1999. Rabbit month is from Mar 6th to Apr 4th. The hours of Rabbits are from 5am to 7am. Rabbit persons are kind, sensitive, soft-spoken, self-assured, astute, amiable, elegant, reserved, gracious, cautious, artistic, thorough, tender, compassionate and flexible. They can sometimes become self-indulgent, opportunistic, moody, detached, superficial and lazy. Rabbit people pursue their objectives methodically, yet unobtrusively by using friendliness and amiability to achieve their aims. They are also good at using inscrutability and astuteness to outwit their opponents. Rabbits are most compatible with individuals born in the years of the Pig, Sheep and Dog.

Seasonal Healing Sounds for Spring

Liver – SSSSSHHHHHUUUUUU

Healing Color Visualization Exercise

Liver and Gall Bladder / Eyes / Wood Element Breathe in deep and focus on the liver. As you breathe out release the sound "SHHHHHH", while visualizing GREEN energy exiting through the eyes. Repeat this exercise 3, 6, 9, or more times.

Element WOOD

Hibernating Energy bursts forth. This is the time of most rapid change and development.

Wood types succeed by putting into motion bold plans and new projects using their imagination and compassion.

Spring represents Wind. The Chinese character for Wind is a violent gust sending forth a small insect carrying illness through the air. It implies violent movement. Spring is when energy and movement are vigorous and ascending. It carries with it the idea of change and new growth.

Flavor is SOUR

Examples of sour food include: grapefruit, trout, tomato and lemon. Sourness is Yin energy, cooling, contracting and astringent, creates tension (*bad*), stops leakage and consolidates (*qood*).

Best advice for Spring

Spring is the time we are particularly susceptible to colds and viruses. It is when allergies begin. It is key to protect yourself from the effects of Wind by dressing warmly. In particular, wear clothing that protects from draughts around the neck or chest. Metal types (*a term used in Traditional Chinese medicine*) should choose herbs that enhance the

Qi and Lungs.

People suffering from hay fever should choose herbs from the phlegm category, especially Liver herbs. Take part in brisk activities by not over-exercising. Eating less and simply is key this time of year. Also, undergoing a detoxifying fast to clear the fats stored up over winter also helps a lot. Light foods such as young plants are key as well as light raw, sweet and pungent foods. Food should be cooked at a high temperature for as brief as period as possible. As summer approaches, the energy levels from spring begin peaking. Now the heat from summer starts causing friction within the body's immune system.

March 2017									
Sunday	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday			
			1 Ash Wedne sday	2	3	4			
5	6	7	8	9	10	11			
12 Daylight Saving Time Begins	13	14	15	16	17 St. Patrick s Day	18			
19	20 Spring Begins	21	22	23	24	25			
26	27	28	29	30	31				

ALL STAR/RISE SET TIMES ARE IN PACIFIC STANDARD TIME

Sirius Rise, Zenith and Set

Date	Rise	Az.	Transit Alt.	Set	Az.
2017 Mar 01 (Wed)	14:44		19:59 398	01:18	
2017 Mar 02 (Thu)	14:40	110	19:55 39S	01:14	250
2017 Mar 03 (Fri)	14:36	110	19:51 39S	01:10	250
2017 Mar 04 (Sat)	14:32	110	19:47 39S	01:06	250
2017 Mar 05 (Sun)	14:28	110	19:43 39S	01:02	250
	Betelgeuse	Rise,	Zenith and Set		
Date	Rise	Az.	Transit Alt.	Set	Az.
0015 14 01 (11 1)	10.00	00	10.05.000	01.54	000
2017 Mar 01 (Wed)	13:00	80	19:25 60S	01:54	
2017 Mar 02 (Thu)	12:57	80	19:21 60S	01:50	
2017 Mar 03 (Fri)	12:53		19:18 60S	01:46	
2017 Mar 04 (Sat)	12:49		19:14 60S	01:43	
2017 Mar 05 (Sun)	12:45	80	19:10 60S	01:39	280
	Arcturus I	Rise,	Zenith and Set		
Date (Zone)	Rise	Az.	Transit Alt.	Set	Az.
2017 Mar 01 (Wed)	20:40	65	03:48 71\$	10:53	295
2017 Mar 02 (Thu)	20:36	65	03:44 71S	10:49	295
2017 Mar 03 (Fri)	20:32	65	03:40 71S	10:45	295

Polaris Rise, Zenith and Set

03:37 71S

03:33 71S

10:41 295

10:37 295

20:28 65

20:24 65

2017 Mar 04 (Sat)

2017 Mar 05 (Sun)

	2017 Feng Shui Planetary Prosperity Almanac and							
		Ephemeris with Org	ganizer					
2017 Mar	01 (Wed) 16	3:22 38N	****	04:24 37N				
2017 Mar	02 (Thu) 16	3:19 38N	****	04:21 37N				
2017 Mar	03 (Fri) 16	3:15 38N	****	04:17 37N				
2017 Mar	04 (Sat) 16	3:11 38N	****	04:13 37N				
2017 Mar	05 (Sun) 16	3:07 38N	****	04:09 37N				
	Vega Rise, Zenith and Set							
	Date	Rise Az.	Transit Alt.	Set Az.				

2400	11100 1121	11 011010 11101	500 12.
2017 Mar 01 (Wed)	23:27 37	08:09 89N	16:46 323
2017 Mar 02 (Thu)	23:23 37	08:05 89N	16:42 323
2017 Mar 03 (Fri)	23:19 37	08:01 89N	16:38 323
2017 Mar 04 (Sat)	23:16 37	07:57 89N	16:34 323
2017 Mar 05 (Sun)	23:12 37	07:53 89N	16:30 323

Mercury Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2016 Mar 01 (Tue)	06:04 109	11:18 37S	16:33 251
2016 Mar 02 (Wed)	06:05 109	11:21 37S	16:37 252
2016 Mar 03 (Thu)	06:06 108	11:23 38\$	16:41 252
2016 Mar 04 (Fri)	06:06 107	11:25 38S	16:45 253
2016 Mar 05 (Sat)	06:07 107	11:28 39S	16:50 254

Venus Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2016 Mar 01 (Tue)	05:38 111	10:48 36S	15:58 250
2016 Mar 02 (Wed)	05:37 110	10:49 36S	16:01 250
2016 Mar 03 (Thu)	05:37 110	10:50 36S	16:03 250
2016 Mar 04 (Fri)	05:37 109	10:51 37S	16:05 251
2016 Mar 05 (Sat)	05:37 109	10:52 37S	16:07 251

Mars Rise, Zenith and Set

		Eį	phemer	is with Organizer		
Date	e	Rise	Az.	Transit Alt.	Set	Az.
2017 Mar	01 (Wed)	08:28	78	14:59 62S	21:32	282
2017 Mar	02 (Thu)	08:25	77	14:58 62S	21:31	283
2017 Mar	03 (Fri)	08:23	77	14:57 62S	21:31	283
2017 Mar	04 (Sat)	08:21	77	14:56 62S	21:31	284
2017 Mar	05 (Sun)	08:19	76	14:55 63S	21:30	284
		Jupiter R	Rise,	Zenith and Set		
Date	e	Rise	Az.	Transit Alt.	Set	Az.
2017 Mar	01 (Wed)	21:13	99	02:57 45S	08:36	261
2017 Mar	02 (Thu)	21:09	99	02:53 45S	08:32	261
2017 Mar	03 (Fri)	21:05	99	02:48 45S	08:28	261
2017 Mar	04 (Sat)	21:00	99	02:44 45S	08:24	261
2017 Mar	05 (Sun)	20:56	99	02:40 45S	08:20	261
		Saturn R	ise,	Zenith and Set		
Date	e	Rise	Az.	Transit Alt.	Set	Az.
2017 Mar	01 (Wed)	02:28	118	07:17 30S	12:07	242
2017 Mar	02 (Thu)	02:24	118	07:14 30S	12:03	242
2017 Mar	03 (Fri)	02:21	118	07:10 30S	11:59	242
2017 Mar	04 (Sat)	02:17	118	07:06 30S	11:55	242
2017 Mar	05 (Sun)	02:13	118	07:03 30S	11:52	242

APRIL

13:30 LST Time Begins at 1:02 A.M. PST

April is a good month for travel. A creative period where one can be bold. It is the month to avoid becoming introverted and to avoid becoming too critical and striving for perfection. April is a good month for continued momentum of goals and a time to begin reconnecting with the outdoors. The mind is stronger this time of year and it is easier to get motivated.

Dragon (Yang -Fixed Element Wood)

Dragon years include 1904, 1916, 1928, 1940, 1952, 1964, 1976, 1988, 2000, 2012. The month of Dragons are from April 5th to May 4th. Dragon hours are from 7am to 9am. Dragon persons are pioneering, ambitious, generous self-assured, proud, direct, eager, zealous, magnanimous, vigorous, strong, fiery, passionate, decisive, loyal and idealistic. They may sometimes become dogmatic, arrogant, demanding, eccentric, over- bearing, impetuous and brash. Dragons love a mission or goal in their lives and they rely on their strengths and inner confidence to achieve it. They make excellent educators, instructors and sportspeople. Dragons are compatible with those individuals born in the years of the Rat, the Monkey, the Snake and the Rooster.

April 2017									
Sunday	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday			
						1 April Fool's Day			
2	3	4	5	6	7	8			
<i>9</i> Palm Sunday	10	11 Passover Begins	12	13	14 Good Friday	15 Income Tax Due			
16 Easter	17	18	19	20	21	22 Earth Day			
23	24	25	26	27	28	29			
30									

ALL STAR RISE/SET TIMES ARE IN PACIFIC STANDARD TIME

Sirius Rise, Zenith and Set

Date	Rise	Az.	Transit Alt.	Set	Az.
2017 Apr 01 (Sat) 2017 Apr 02 (Sun) 2017 Apr 03 (Mon) 2017 Apr 04 (Tue) 2017 Apr 05 (Wed)	13:42 13:38 13:34 13:30 13:26	110 110 110 110	18:57 39S 18:53 39S 18:49 39S 18:45 39S 18:41 39S	00:16 00:12 00:08 00:04 00:00	250 250 250
	Betelgeuse	Rise,	Zenith and Set		

Date		Rise	Az.	Transi	t Alt.	Set	Az.
2017 Apr 01	(Sat)	11:59	80	18:24	60S	00:52	280
2017 Apr 02	(Sun)	11:55	80	18:20	60S	00:48	280
2017 Apr 03	(Mon)	11:51	80	18:16	60S	00:45	280
2017 Apr 04	(Tue)	11:47	80	18:12	60S	00:41	280
2017 Apr 05	(Wed)	11:43	80	18:08	60S	00:37	280

Arcturus Rise, Zenith and Set

Date		Rise	Az.	Transit Alt.	Set	Az.
2017 Apr 01	(Sat)	19:38	65	02:46 71S	09:51	295
2017 Apr 02		19:34		02:43 71S	09:47	
2017 Apr 03	(Mon)	19:30	65	02:39 71S	09:43	295
2017 Apr 04	(Tue)	19:27	65	02:35 71S	09:39	295
2017 Apr 05	(Wed)	19:23	65	02:31 71S	09:35	295

Polaris Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Apr 01 (Sat) 2017 Apr 02 (Sun) 2017 Apr 03 (Mon) 2017 Apr 04 (Tue) 2017 Apr 05 (Wed)	15:20 38N 15:16 38N 15:12 38N 15:08 38N 15:04 38N	***** *** ***** *** ***** ***	03:22 37N 03:18 37N 03:14 37N 03:10 37N 03:06 37N
Date	Vega Rise, Zen Rise Az.	ith and Set Transit Alt.	Set Az.
2017 Apr 01 (Sat) 2017 Apr 02 (Sun) 2017 Apr 03 (Mon) 2017 Apr 04 (Tue) 2017 Apr 05 (Wed)	22:25 37 22:22 37 22:18 37 22:14 37 22:10 37 rcury Rise, Ze	07:07 89N 07:03 89N 06:59 89N 06:55 89N 06:51 89N	15:44 323 15:40 323 15:36 323 15:32 323 15:28 323
Date	Rise Az.	Transit Alt.	Set Az.
2016 Apr 01 (Fri) 2016 Apr 02 (Sat) 2016 Apr 03 (Sun) 2016 Apr 04 (Mon) 2016 Apr 05 (Tue)	07:18 79 07:18 78 07:19 77 07:19 75 07:19 74	13:48 61S 13:52 62S 13:55 63S 13:58 64S 14:01 65S	20:20 282 20:26 283 20:33 284 20:39 285 20:45 286

Venus Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2016 Apr 01 (Fri)	06:20 94	12:12 49\$	18:05 266
2016 Apr 02 (Sat)	06:19 93	12:13 49\$	18:07 267
2016 Apr 03 (Sun)	06:18 93	12:13 50S	18:10 268
2016 Apr 04 (Mon)	06:17 92	12:14 50S	18:12 268
2016 Apr 05 (Tue)	06:16 91	12:15 51S	18:14 269
	Mars Rise, Ze	nith and Set	
Date	Rise Az.	Transit Alt.	Set Az.
2017 Apr 01 (Sat)	08:25 68	15:23 69\$	22:21 292
2017 Apr 02 (Sun)	08:23 67	15:22 70S	22:21 293
2017 Apr 03 (Mon)	08:22 67	15:21 70S	22:20 293
2017 Apr 04 (Tue)	08:20 67	15:20 70S	22:20 293
2017 Apr 05 (Wed)	08:18 67	15:19 70S	22:20 293
	Jupiter Rise, 2	Venith and Set	
Date	Rise Az.	Transit Alt.	Set Az.
2017 Apr 01 (Sat)	19:55 97	01:43 46\$	07:26 263
2017 Apr 02 (Sun)	19:51 97	01:39 46S	07:22 263
2017 Apr 03 (Mon)	19:46 97	01:34 46S	07:18 263
2017 Apr 04 (Tue)	19:42 97	01:30 46S	07:13 263
2017 Apr 05 (Wed)	19:37 97	01:25 46S	07:09 263

Saturn Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Apr 01 (Sat)	01:31 118	06:20 30S	11:09 242
2017 Apr 02 (Sun)	01:27 118	06:16 30S	11:05 242
2017 Apr 03 (Mon)	01:23 118	06:12 30S	11:01 242
2017 Apr 04 (Tue)	01:19 118	06:08 30S	10:57 242
2017 Apr 05 (Wed)	01:15 118	06:04 30S	10:53 242

MAY

13:30 LST Time Begins at 11 p.m. PST

May is the month for healing on all levels from financial to physical. It is the time of love and success. A time to plan to increase your material success and to recognize and feel the abundance of Love, Joy and Peace that exists all around us. May is also a good month to explore literature and the arts and to begin a physical routine for health as the approach of summer begins.

Snake (Ying - Fixed Element Fire)

Snake years include 1905, 1917, 1929, 1941, 1953, 1965, 1977, 1989, 2001. The month of Snakes are from May 5th to Jun 5th. Snake hours are from 9am to 11am. Snake persons are mystic, ambitious, elegant, cautious, graceful, soft-spoken, sensual, creative, prudent, shrewd, deep thinkers, wise, responsible, calm, strong, constant and purposeful. They may sometimes become loners, ruthless, distrustful, bad communicators, possessive, hedonistic, controlling and vengeful. Like the Rat, Snake people may pursue goals ruthlessly and with calculation. They may aim for control through power. Snakes make excellent politicians, business persons, teachers, theologians and philosophers. Snakes are most compatible with those individuals born in the years of the Ox and Rooster.

May 2017							
Sunday	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday	
	<i>1</i> May Day	2	3	4	5	6	
	8	9	10	11	12	13	
14 Mother'	15	16	17	18	19	20	
s Day						Armed Forces Day	
21	22	23	24	25	26	27	
28	<i>29</i> Memori	30	31				
	-al Day						

ALL STAR RISE/SET TIMES ARE IN PACIFIC STANDARD TIME

Sirius Rise, Zenith and Set

Date	Rise	Az.	Transit	Alt.	Set	Az.
2017 May 01	(Mon) 11:44	110	16:59	39S	22:14	250
2017 May 02	(Tue) 11:40) 110	16:55	39S	22:10	250
2017 May 03	(Wed) 11:36	3 110	16:51	39S	22:06	250
2017 May 04	(Thu) 11:32	2 110	16:47	39S	22:02	250
2017 May 05	(Fri) 11:28	3 110	16:43	39S	21:58	250

Betelgeuse Rise, Zenith and Set

Date		Rise	Az.	Transi	t Alt.	Set	Az.
2017 May 01	(Mon)	10:01	80	16:26	60S	22:51	280
2017 May 02	(Tue)	09:57	80	16:22	60S	22:47	280
2017 May 03	(Wed)	09:53	80	16:18	60S	22:43	280
2017 May 04	(Thu)	09:49	80	16:14	60S	22:39	280
2017 May 05	(Fri)	09:45	80	16:10	60S	22:35	280

Arcturus Rise, Zenith and Set

Date		Rise	Az.	Transi	t Alt.	Se	et Az	
	4-							
2017 May 01	(Mon)	17:40	65	00:48	71S	073	53 29	5
2017 May 02	(Tue)	17:36	65	00:45	71S	07	49 29	5
2017 May 03	(Wed)	17:33	65	00:41	71S	07	45 29	5
2017 May 04	(Thu)	17:29	65	00:37	71S	07	41 29	5
2017 May 05	(Fri)	17:25	65	00:33	71S	07	37 29	5

Polaris Rise, Zenith and Set

2017 Feng Shui Planetary Prosperity Almanac and					
	Ephemeris with	n Organizer			
Date	Rise Az.	Transit Alt.	Set Az.		
2017 May 01 (Mon)	13:22 38N	****	01:24 37N		
2017 May 02 (Tue)	13:18 38N	****	01:20 37N		
2017 May 03 (Wed)	13:14 38N	****	01:16 37N		
2017 May 04 (Thu)	13:10 38N	****	01:12 37N		
2017 May 05 (Fri)	13:06 38N	****	01:08 37N		
V	ega Rise, Zeni	th and Set			
Date	Rise Az.	Transit Alt.	Set Az.		
2017 May 01 (Mon)	20:28 37	05:09 89N	13:46 323		
2017 May 02 (Tue)	20:24 37	05:05 89N	13:42 323		
2017 May 03 (Wed)	20:20 37	05:01 89N	13:38 323		
2017 May 04 (Thu)	20:16 37	04:57 89N	13:34 323		
2017 May 05 (Fri)	20:12 37	04:53 89N	13:31 323		
		01 00 001,	10 01 010		
Mei	cury Rise, Ze	nith and Set			
	,				
Date	Rise Az.	Transit Alt.	Set Az.		
0010 W 01 (0)	00.41 00	10.50 500	00.50 007		
2016 May 01 (Sun)	06:41 63	13:50 73S	20:58 297		
2016 May 02 (Mon)	06:37 64	13:45 72S	20:52 296		
2016 May 03 (Tue)	06:33 64	13:40 72S	20:46 296		
2016 May 04 (Wed)	06:29 64	13:34 72S	20:39 295		
2016 May 05 (Thu)	06:25 65	13:29 71S	20:32 295		
Ve	enus Rise, Zen	ith and Set			
D .	D: 4	/D	0 . 4		
Date	Rise Az.	Transit Alt.	Set Az.		
2016 May 01 (Sun)	05:53 76	12:31 63\$	19:09 285		
2016 May 02 (Mon)	05:53 75	12:32 64S	19:12 285		
2016 May 03 (Tue)	05:52 75	12:32 64S	19:14 286		
2016 May 04 (Wed)	05:51 74	12:33 65S	19:16 286		

2017 Feng Shui	Planetary I	Prosperity	Almanac	and

	2017 Feng Snui Planeta	ry Prosperity Aimanac and	
		is with Organizer	
2016 May 05 (Thu)	05:51 73	12:34 65S	19:18 287
	Mora Diag	7 on ith and Sat	
	mais Rise,	Zenith and Set	
Date	Rise Az.	Transit Alt.	Set Az.
2017 May 01 (Mon)	07:34 61	14:51 74S	22:08 299
2017 May 02 (Tue)	07:33 61	14:50 75S	22:07 299
2017 May 03 (Wed)	07:31 61	14:49 75S	22:06 299
2017 May 04 (Thu)	07:30 61	14:48 75S	22:06 300
2017 May 05 (Fri)	07:29 60	14:47 75S	22:05 300
	Inniter Rise	Zenith and Set	
	tupitor mise,	Zoni tii ana bot	
_			
Date	Rise Az.	Transit Alt.	Set Az.
2017 May 01 (Mon)	17:40 95	23:27 48S	05:19 265
2017 May 02 (Tue)	17:35 95	23:23 48\$	05:15 265
2017 May 03 (Wed)	17:31 95	23:19 48\$	05:11 265
2017 May 04 (Thu)	17:26 95	23:14 48S	05:11 265
•			
2017 May 05 (Fri)	17:22 95	23:10 48\$	05:02 265
	Saturn Rise,	Zenith and Set	
Date	Rise Az.	Transit Alt.	Set Az.
Date	MISC AZ.	manon alt.	SEL AZ.
0015 15 01 (15)	00.00.110	04.00 000	00.00.040
2017 May 01 (Mon)	23:26 118	04:20 30S	09:09 242
2017 May 02 (Tue)	23:22 118	04:16 30S	09:05 242
0017 M 00 (W 1)	00.10 110	04.10.000	00.01 040
2017 May 03 (Wed)	23:18 118	04:12 30S	09:01 242

04:07 30S

04:03 30\$

08:57 242

08:53 242

23:14 118

23:10 118

2017 May 04 (Thu)

2017 May 05 (Fri)

JUNE

13:30 LST Time Begins at 9 p.m. PST

Summer is an excellent time of year to connect with nature spirits, take herbs, learn or perform astral travel, soul work and to learn the hidden knowledge of plants and stones. This season brings out joy and surprise with the strong scents of summer being carried upon the warm moving winds. This season allows us to aspire to greater things and expand our horizons of what we thought was not possible.

Summer is a season of growth, expansion and fruition. We move with greater effort. We feel energized by longer days and warmer nights, bringing with it the emotions of the joys of life and love. Summer is also a time to watch for excess hysteria and excitement. It is a time for being expressive, outgoing and for socializing.

Horse (Yang - Fixed Element Fire)

Horse years include 1906, 1918, 1930, 1942, 1954, 1966, 1978, 1990, 2002. The month of Horses are from Jun 6th to Jul 6th. Horse hours are from 11am to 1pm. Horses are agile mentally, are talkative and are physically magnetic. They are intelligent, perceptive, astute, flexible, cheerful, popular, earthy, quick-witted, changeable and open-minded. Horses are prone to becoming hot-tempered and stubborn, lacking stability and perseverance. They may also become rude, and impetuous. A Horse person's success and performance relies on their astuteness, keen mind and persuasive ability to achieve their objectives. Horses are compatible with those individuals born under the signs of Dogs, Tigers and Sheep.

Healing Color Visualization Exercise

2017 Feng Shui Planetary Prosperity Almanac and

Ephemeris with Organizer

Heart, Pericardium and Small Intestine / Tongue / Fire Element

Breathe in deep while focusing on the heart. As you breathe out release the sound "HAAAWWW", while visualizing RED energy exiting through the tip of the tongue. Repeat this exercise 3, 6, 9, or more times.

Element FIRE

The color of summer represents red. Summer is Heat. Heat and Fire exist as Yang energies. Heat is warming, activating, drying and energizing. Yang peaks during midsummer. This manifests as brightness, activity, growth, creativity and joy. Heat is required for transformation, especially the growth of plants. When heat is excessive it turns to fire, the heat is now out of control and sickness results.

Heat rules perspiration and speech. Excessive Heat (*Fire Element*) can cause heatstroke. This can cause some people to become incoherent and sweaty. In less acute situations, where Heat manifests due to diet or emotions, symptoms are similar but much less extreme; insomnia is one example. Black fungus (*also called Auricularia polytricha, wood ear, cloud ear, Judas ear or tree ear*) is effective in removing heat in the blood and is good for the stomach. Summer represents the element of fire. Fire types succeed by being warm- hearted and generous.

Flavor is BITTER

Examples of bitter foods include: radicchio, rye, rhubarb and coffee. It is a time to eat more colorful food, cook food quickly and use more spices in cooking. Use more water, less salt, eat smaller, lighter meals on extra hot days and drink luke warm liquids. This is the best time of year to reduce the intake of pasteurized dairy products such as cottage cheese. Consume more apples, pears or sprouted barley and especially watermelon are helpful this time of year. Bitterness is Yin energy. It is cooling and has an affinity with Summer.

The summer season produces descending movements, dries dampness (*good*), cause dryness (*bad*), reduces excess and promotes digestion. It is the time of year digestion is strongest in the stomach.

Best advice for Summer

Eating slow regular meals while relaxed are key. Recommended foods: Sweet grains and vegetables prepared plainly with little seasoning. Watch for excessive dry or bitter foods.

Excess to Watch for: Excessive Red Meat, Excessive Proteins, Excessive Salts, Excess Spicy Foods, Excess Midday Exercise, Excessive Antibiotics, Alcohol, Indigestion, Too much mental activity, Fatigue.

Mental Component – Anger, Repression of Emotions.

Fire people must be careful of overheating, internally or externally. Herbs that calm the mind are key during this time. If mental disturbances are felt, herbs to detoxify must be taken if there are signs of rampant Heat or Fire occurring.

Seasonal transition

Our behavior and attitude must both be in harmony as we transition into each new season. Seasonal transition is when ill-health frequently manifests itself in the body.

2017 Feng Shui Planetary Prosperity Almanac and

Ephemeris with Organizer

A QI exercise for the Summer Season

Triple Heater / No Specific Sense Organ / Fire Element

Breathe deeply while focusing on the body's torso. As you breathe out release the sound "HHHEEEE", while visualizing RED energy exiting through an open mouth. Repeat this exercise 3, 6, 9, or more times.

Studies have shown that excess geomagnetic energy can adversely affect the heart (*Influence of local geomagnetic storms on arterial blood pressure. S. Dimitrova et al. September 2004*).

The heart is a fire element, therefore during times there is excessive geomagnetic energy present, it is a good idea to eat more foods that quench fire. Seasonally geomagnetic storms are stronger than average during the months of Spring and Fall. You can get real time geomagnetic activity levels (also called the planetary K-Index by visiting the address below).

www.swpc.noaa.gov/

June 2017								
Sunday	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday		
				1	2	ŝ		
4	5	6	7	8	g	16		
11	12	13	14	15	16	17		
18 Father's Day	19	20	21 Summer Begins	22	23	24		
25	26	27	28	29	30			

ALL STAR RISE/SET TIMES ARE IN PACIFIC STANDARD TIME

Sirius Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Jun 01 (Thu)	09:42 110	14:57 39S	20:12 250
2017 Jun 02 (Fri)	09:38 110	14:53 39S	20:08 250
2017 Jun 03 (Sat)	09:34 110	14:49 39S	20:04 250
2017 Jun 04 (Sun)	09:30 110	14:45 39S	20:00 250
2017 Jun 05 (Mon)	09:26 110	14:41 39S	19:56 250

Betelgeuse Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Jun 01 (Thu)	07:59 80	14:24 60S	20:49 280
2017 Jun 02 (Fri)	07:55 80	14:20 60S	20:45 280
2017 Jun 03 (Sat)	07:51 80	14:16 60S	20:41 280
2017 Jun 04 (Sun)	07:47 80	14:12 60S	20:37 280
2017 Jun 05 (Mon)	07:43 80	14:08 60S	20:33 280

Arcturus Rise, Zenith and Set

Date		Rise	Az.	Transit Alt.	Set	Az.
2017 Jun 01	(Thu)	15:38	65	22:43 71S	05:51	295
2017 Jun 02	(Fri)	15:35	65	22:39 71S	05:47	295
2017 Jun 03	(Sat)	15:31	65	22:35 71S	05:43	295
2017 Jun 04	(Sun)	15:27	65	22:31 71S	05:39	295
2017 Jun 05	(Mon)	15:23	65	22:27 71S	05:35	295

Polaris Rise, Zenith and Set

Date		Rise	Az.	Transit Alt.	Set	Az.
2017 Jun 01	(Thu)	11:20	38N	****	23:18	37N
2017 Jun 02	(Fri)	11:16	38N	****	23:14	37N
2017 Jun 03	(Sat)	11:12	38N	****	23:10	37N
2017 Jun 04	(Sun)	11:08	38N	****	23:07	37N
2017 Jun 05	(Mon)	11:05	38N	****	23:03	37N
	Vega	Rise	Zenith	and Set		
Date		Rise	Az.	Transit Alt.	Set	Az.
2017 Jun 01	(Thu)	18:26	37	03:07 89N	11:44	323
2017 Jun 02		18:22		03:03 89N	11:40	
2017 Jun 03			37	02:59 89N	11:37	
2017 Jun 04		18:14		02:55 89N	11:33	
2017 Jun 05		18:10		02:51 89N	11:29	
	Mercur	y Ris	e, Zenitl	h and Set		
Date		Rise	Az.	Transit Alt.	Set	Az.
2016 Jun 01	(Wed)	04:48	72	11:34 66S	18:20	288
2016 Jun 02	(Thu)	04:47	72	11:33 66S	18:20	288
2016 Jun 03	(Fri)	04:45	72	11:33 66S	18:21	289
2016 Jun 04	(Sat)	04:43	71	11:32 67S	18:21	289

04:42 71

11:32 67S

18:22 289

2016 Jun 05 (Sun)

Venus Rise, Zenith and Set

Date		Rise	Az.	Transit	Alt.	Set	Az.
2016 Jun 01	(Wed)	05:46	62	13:02 7	4S	20:18	299
2016 Jun 02		05:47	61	13:03 7	4S	20:20	299
2016 Jun 03	•	05:47	61	13:05 7	4S	20:22	299
2016 Jun 04	(Sat)	05:48	61	13:06 7	5S	20:24	299
2016 Jun 05	(Sun)	05:49	61	13:07 7	5S	20:26	300
	Mars	Rise	, Zenitl	n and Set			
Date		Rise	Az.	Transit	Alt.	Set	Az.
2017 Jun 01	(Thu)	06:55	58	14:19 7	7S	21:44	302
2017 Jun 02	(Fri)	06:53	58	14:18 7	7S	21:43	302
2017 Jun 03	(Sat)	06:52	58	14:17 7	7S	21:42	302
2017 Jun 04	(Sun)	06:51	58	14:16 7	7S	21:41	302
2017 Jun 05	(Mon)	06:50	58	14:15 7	7S	21:40	302
	Jupite	r Ris	e, Zeni	th and Se	et		
Date		Rise	Az.	Transit	Alt.	Set	Az.
2017 Jun 01	(Thu)	15:28	95	21:18 4	8S	03:11	265
2017 Jun 02	(Fri)	15:24	95	21:14 4	8S	03:07	265
2017 Jun 03	(Sat)	15:20	95	21:10 4	8S	03:03	265
2017 Jun 04	(Sun)	15:16	95	21:06 4	8S	02:59	265

21:02 48S

02:55 265

15:12 95

2017 Jun 05 (Mon)

Saturn Rise, Zenith and Set

Date	Rise Az.	Transit Alt.	Set Az.
2017 Jun 01 (Thu)	21:17 118	02:10 30S	07:00 242
2017 Jun 02 (Fri)	21:12 118	02:06 30S	06:56 242
2017 Jun 03 (Sat)	21:08 118	02:02 30S	06:51 242
2017 Jun 04 (Sun)	21:04 118	01:58 30S	06:47 242
2017 Jun 05 (Mon)	21:00 118	01:53 30S	06:43 242

JULY

13:30 LST Time Begins at 7 p.m. PST

July is a good time to start important work a little later than usual. It is a month for outdoor activities, making new friends, forgiving and working on challenging projects.

Sheep (Ying - Fixed Element Fire)

Sheep years include 1907, 1919, 1931, 1943, 1955, 1967, 1979, 1991, 2003. Sheep months are from is Jul 7th to Aug 7th. Sheep hours are from 1pm to 3pm. Sheep persons are artistic, creative, gentle, compassionate, understanding, mothering, determined, righteous, sincere, sympathetic, mild-mannered, shy, peaceful, generous and seekers of security. Sheep may sometimes turn moody, become indecisive, over-passive, prone to excess worry, pessimistic, over-sensitive and complain. Sheep persons rely on their good nature and their sensitivity in order to persuade others to meet their demands and needs. They may use subtle, indirect methods and persistence to achieve their objectives. They are good at artistic and creative endeavors. Sheep people are compatible with those born under the signs of Rabbits, Pigs, and Horses.

Thank you for reading this free preview of the Tao Almanac.. The hardcover version is available from Amazon.com or createspace.. You can also download it to your nook or kindle. Thank you once again and I wish you a happy and prosperous 2017!

Scott Rauvers

Founder of the Institute for Solar Studies on Behavior and Human Health.

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