

**Farmer's Almanac Secrets.
Correspondences of Feng Shui, Lunar
and Alchemy**

***Time your project using the cycles of cosmic energy to
maximize your success***

***Published by the Institute for Solar Studies on
Behavior and Human Health***

Scott Rauvers

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy



Other titles published by the Institute for Solar Studies on Behavior and Human Health include:

- **The Emerald Tablets by Thoth the Atlantean**
- **Secret Strategies and Techniques the Pros use for Reversing Aging**
- **Eternal Youth via Tao Te Ching. Longevity Secrets via Universal Energy**
- **The Complete Guide to Natural Toothache Remedies and Remineralization**
- **Secret Teachings for Manifesting Prosperity using Infinite Spirit and the Subconscious Mind. 1 of 7.**
- **Anti Aging Nutrition Secrets. The Fountain of Youth Seeker's Guide to Longevity**
- **A Centurion's Toolbox for Longevity Living Beyond 120 - 2nd Edition**
- **Learn the Secrets of Prosperity and Contemplation of Your Fortune from Anywhere**
- **The Official Guidebook of How to Make Tinctures and Alchemy Spagyric Formulas**
- **How to Make and Sell Your Own Aromatherapy and Herbal Products**

Visit www.ez3dbiz.com/library.html to read the first 3 of any of the above books free.

**Read the first 3 chapters of this
publication free at**

www.ez3dbiz.com/correspondences.html

© Copyright Scott Rauvers. September 2022

ISBN: 9798352418819

All rights reserved. This book or any portion thereof may not be reproduced or used in any manner whatsoever without the express written permission of the publisher except for the use of brief quotations in a book review.

This Edition is also available in Nook and Kindle Versions. Just enter the title into any Internet search box to locate these versions. This revised print edition is only available in paperback.

Introduction

11

All Conveniently Organized.....Using Correspondences.....Why use Correspondences?.....A Simple Exercise on how to use Correspondences.....A special tip to help find matching associations.....The Qlippoth.The Qlippoth.....Tunnels of Set & Nightside.....The Enochian Letters.....What are Mutable Signs?.....Correspondences of the Farmer's Almanac Simply Explained.....Farmer's Almanac Chart

Chapter 1. Musical Notes Correspondences

19

Color, Musical Note, Planet.....Chakra + Color + Frequency + Note Correspondences.....Notes, Constellation, Elemental Notes.....The Qlippoth, Tunnels of Set & Nightside.....Enochian Letter & Musical Note Correspondences.....Notes and ConstellationYetziratic Intelligence - Keys to the Kabbalah and Musical Note

Chapter 2. Foods and Herbs Correspondences

25

Solstice / Equinox Gems, Herbs and Foods.....Element and Herb.....Taste and Effect on Body Region.....Element and Food.....Constellation, Scent and Metal.....Constellation and Diet

Chapter 3. Correspondences of Emotions

32

Character and Emotion.....Element, Body Region and Emotion.....Element, Emotion and Action.....Scents and Emotions used to Enhance Healing and Strength.....Element, Hour and Emotion.....Archetype, Virtue and Compulsion.....Organ, Emotion and Antidote.....Element, Season and

Shape.....Excess and Return to Balance.....Planets, Asteroids and their
Influences.....Lunar Phase and Intent

Chapter 4. Yin & Yang Correspondences 38

Grand Master Chart of Corresponding Elements.....Zodiac Yin/Yang and
Polarities.....Season and Qi Peak Revitalization.....Energy Flow Meridian and
Hour.....Hourly and Monthly Variation of Qi Flow.....Ssu Hsiang Interpretations

Chapter 5. Lunar Cycle Correspondences 45

Moon Phase Rise and Set Times

Chapter 6. Moon in Sign Correspondences 46

Constellation, Planet, Element and Season.....Constellation, Body Region and
Sensitivity.....Constellation and Health.....Correspondences – Season,
Properties, Life Cycle, Attributes and Time.....Finger Points and Moon
Phase.....Sonic Booms on the Moon.....UPCOMING SUPER FULL MOONS

Chapter 7. Moon Phase and Planet Correspondences 53

Moon Phase, Position and Qi Energy Flow.....Metal, Element and
Planet.....Planets and the Order of the Elements.....Astrological Hierarchy of the
Elements.....Gemstone and Planet.....Planet, Metal, Character,
Organ.....Simplified Correspondences.....Moon Cycle and Diet.....Planet,
Environment and Health.....Planet, Temperature and Light.....Planet and
Influence..

Chapter 8. Correspondences of the Constellations

60

Element, Multiplier and Outcome.....Element, Constellation, Moon Phase, Chakra
and Effect.....Constellation, Character and Emotional Effects.....Constellation
and Gemstone.....Chakra, Planet, Element and Metal.....Constellation and
Subatomic Reaction.....Constellation and Internal Alchemical Effects
.....Constellation, Planetary House and Attributes.....Element Correspondences –
AIR

Chapter 9. Correspondences of the Months

65

Colors, Sounds Elements and Sensations.....Energy and Movement.....Attribute,
Element and Characteristic.....Attribute, Element and Characteristic.....Element
Color and Influence.....Five Element Harmonization.....Colors, Sounds Elements
and Sensations.....Element Correspondences – WATER.....Element
Correspondences – EARTH.....Element Correspondences - FIRE.....Element
Correspondences – AIR.....Element Season, Color and Virtue.....Yin / Yang
Element Organ and Season.....Weakness of Organ According to Season.....Grand
Master Correspondences Chart. Shape, Effect and Element.....Element and
Taste.....Nature Deities.....Elements, Sensation and Organs.....Element, Organ,
Season, Direction and Planet.....Organ Properties and Vulnerabilities.....Organ
and Effect

Chapter 10. Correspondences of the Months

76

Month, Element, Gemstone and Herbs.....Seasonal Weather Changes

**Chapter 11. Correspondences of the
Days / Hours 78**

Time of Day and Energetic Attribute.....Yin / Yang Organs, Time and Season.....
The 12 Earthy Branches (Dates are reversed in southern hemisphere).....Letters of
the 7 days

Chapter 12. Correspondences of Feng Shui 82

Element and Outdoor Influences

Chapter 13. Correspondences of the Chakras 84

Chakra, Organ and Space.....Element, Chakra, Meaning, Plant and Incense

**Chapter 14. Correspondences - Weather
& Outdoors 86**

Winds And Influence.....Organ and Seasons.....Seasonal Manifestation of
Disease.....Climate and Effect on Environment.....Favorable Locations for
positioning Herbs / Fruits / Tree Types according to
Environment.....Correspondences of Time.....Making the most use of an Element
before a birthday

**Chapter 15. A detailed description of
the 5 Major Elements 92**

A Quick Summary of the effects of the Seasons / Body Regions and their

Corresponding Emotions.....Detailed Monthly / Semi-Monthly
Correspondences..... What is so special about the 21st of each month?

Chapter 16. The Sun and Asteroids 119

The Sun and 24 and 29.....Dates of when the Sun is at 24.....Dates of the Sun
moving from 29 to 0.....Dates of when the Sun and Europa are both
together.....Gathering the Sun's Solar Essence..... Is Sirius a companion Star
with our Sun?

**Chapter 17. Effects of the Moon in
Specific Constellations 128**

**Chapter 18. Moon Phases and
Timing Correspondences 134**

Moon Phase and Internal Energy flow.....Position of the Moon at Sunrise and
Sunset according to Phase.....Moon Phase in Relation to Angle

**Chapter 19. Constellations and the
phases of Alchemy 141**

Correspondences and the days of the week.....What is Axial Precession?

**Chapter 20. Physical Changes during the
Solstices & Equinoxes 153**

The Solstices and Equinoxes and the Lumbar Regions.....An Exercise to Enhance


Circulation in the 6th Vertebra.....Seasonal Periods of Enhanced Psychic Awareness.....What is the meaning of LST?.....Connecting with the Healing energy of Sagittarius, a Guided Imagery Exercise

Chapter 21. Rediscovering Lost Secrets of the Farmer's Almanac

159

Introducing Biodynamic Gardening.....The Planet Venus.....The Multiplication of Crops - Gemini.....Pruning to Encourage Plant GrowthPruning to Encourage Plant Growth.....Biodynamic Gardening for Removal of Pests.....For the natural removal of Insects.....For the natural removal of Weeds.....Venus and the Pentagram.....Biodynamic Preparations.....Misc. Interesting Seasonal Facts.....Genes and Cascadian Rhythms..... Full Moon Supermoon Dates

INTRODUCTION

 eeking inspiration before undertaking a new project or embarking upon a journey of spiritual growth or even undertaking non-invasive approaches to healing, can be an overwhelming experience in today's world of information overload. The aim of this new edition published by the Solar Institute is to summarize the relevant information and present it in a well-organized, straight forward easy to use format that fits in the palm of your hand. No confusion and best of all no electricity required!

My writing over the years has led to a yearly Tao Nutrition Planetary Almanac, a book on ancient Qi Gong called Deciphering Tablet Number XIII The Keys of Life and Death as well as an in-depth publication of the Tao titled: Eternal Youth via Tao Te Ching. Longevity Secrets via Universal Energy. It was through writing these editions that I came across correspondences and discovered they revealed the mystery of the interconnectedness of all life, form and energy. Correspondences can illustrate the connection we have with each other, like threads in a tapestry. This helps one clearly isolate the connections that we encounter on a daily basis as we interact with the world around us, making it an especially valuable tool for energy workers, martial artists or crafts-persons. It allows one to view the natural flow of associations that fit together with one another, which is fundamental to how we think, act and feel. By incorporating these Charts and Tables of Correspondences into your practice, work or art, you expand the scope of energy you put towards your intended goal. Hence, correspondences in general provide a clear blueprint for manifesting your intentions and desires.

All Conveniently Organized

The smatterings of tables, diagrams and charts we come across in books or view digitally needs an ordered structured format. It has been my goal to compile this "mess" of the most sought after information into a common sense repository that is easy to find, is organized and clearly displayed in simple tables. Hence all the work has been done for you. No more endless searching through outdated books, charts

or confusing webpages and tables. When it came to the major deities from loas and orishas, I found these were out of my league to list in this edition. Instead, I made the decision to focus on the interconnection that relates to the web of life and simply illustrate these connections in tabular format. The end result revealed a simplified layout where one is able to weave out their intentions in the most organized fashion.

Compiling a book of correspondences today could easily fill a number of large volumes so I needed to figure out where to draw the line, whilst viewing endless lists of tables, charts and graphs. Hence, I have tended to keep things discreet with the aim of being practical, based upon the frequency or number of times correspondences were frequently cited or searched for. Hence, this decision avoided filling entire volumes with unnecessary and wasteful information.

Using Correspondences

As mentioned earlier, information overload is the norm today. I firmly believe that correspondences can chart a clear path through the chaos allowing one to view the relevant connections that exist within the framework of nature and its corresponding energies. Correspondence charts can also help one advance spiritually, especially if you work in the corporate world where at times it is necessary to become grounded, in order to avoid straying too far from morals and values or to further one's spiritual growth. Correspondences can help you advance in life, perhaps even getting a much needed promotion at work, learning to banish negativity or to learn how to connect with the natural order of things. This edition focuses on things that one encounters the most in their environment, so this publication is generally intended for beginners.

It was a serious challenge, taking over a year to compile these charts into a balanced format with a healthy dose of common sense to weed out the unrelated material. This has resulted in an edition with its own unique subheadings and associated correspondences. Now anyone can follow the thread of any one corresponding table or chart, and become inspired to make new discoveries and chart solutions. Hence, if you choose to use the color blue for a project, you might look up the chapter **Musical Notes Correspondences**, discovering that blue

represents the note G#. After further browsing you come across the chapter Correspondences of the Planets, where blue represents the planet Venus. This may than give you the urge to search for and listen to music that is dominated by G# notes, while watching the planet Venus rise. If you want to dig deeper, than match your color with one of the 5 elements in the chapter titled: **The Elements Correspondences**. This now shows a match of blue being represented by the element Water. From there you will find an abundance of information related to the water element, from diet to recommended foods to the time day the effects of the Water element are strongest. The associated correspondences have now lead you down a new path resulting in new ideas and inspiration.

This edition is intended as a companion book to my two books **Deciphering Tablet Number XIII The Keys of Life and Death and Eternal Youth via Tao Te Ching, Longevity Secrets via Universal Energy**. Its purpose being to strengthen spiritual progress and expand one's personal development. Familiarize yourself with the colors, seasons, elements, planets and other categories in this book and you will begin to experience the many relationships that interconnect with one another. This in turn will allow you to forge new relationships that hold special meaning for you. This book is also an excellent way to better understand the collective consciousness caused by changes in the seasonal cycles, especially around the equinoxes or solstices.

Why use Correspondences?

By placing the information in tables, it allows the mind to use the information as a focal tool, helping one to channel their intention(s) and direct creative energy. This energy than manifests itself as new inspiration and expanded creativity. Correspondences can also serve as links to the past, allowing one to connect with ancient myths and folklore handed down to mankind throughout the centuries.

For all our modern day sophistication, correspondences bring clarity to unseen associations because they purposely guide us closer to a sense of where we belong on our spiritual path. They weave together our beliefs, ideas and energy, providing deeper psychological meaning to our daily rituals as we unite individually with source. Correspondences also behave as keys that combine to unlock unseen

energies which aid us in manifesting our desires and intentions. These energies embody both physical and symbolic energies, providing the means for uniting the seen and unseen worlds through the interwoven aspects of all things. Hence, one who understands the tri-fold relationship between exercising intention to raise one's vibration (***spiritual growth***), information (*knowing*) and action (*doing*), has a huge advantage in whether his or her intention(s) will manifest into reality.

The charts, diagrams and tables in this book and the patterns they are associated with operate on numerous levels - emotional, spiritual, social and environmental. When new associations are found, inspiration bubbles forth, expanding and raising one's vibration and in the end, accelerating one's spiritual growth. Without association, inspiration would not be possible because our brains would never be able to formulate new ideas and concepts. Isaac Bonewits stated that the power of a single thing can be used through something else that has a connection or association with it, because our brains function based upon association and the interpretation of patterns.

By finding meaningful links in raw information, it allows one to forge stronger relationships with what one deems valuable. They say those who bring value to the market place make the most.

A Simple Exercise on how to use Correspondences

If you are an artist or craftsman, you will find that the color charts and tables will help you match textures, fluids, seasons, time of day or even body region. For example, if you had a desire to make and sell red candles, you could match a red candle with the element **Fire**, which is represented by the color **Red**. Fire represents **South**, so you could use southern type diagrams or imprint pictures that have a southern association into the red candle. The chapter titled: **Yin & Yang Correspondences** shows that **Red** and **Fire** are associated with the **Full Moon**, with the time of day being **12 noon**. Hence, an image or a diagram of a full moon or the sun at high noon with a river flowing southwards in the background carved or branded into the candle would display an image that expresses overall harmony. This brings out the vibrancy and expression of this work of art. Hence, you now have a work of art that is a true representation of the interconnectedness of nature; bringing wholeness to the finished product. This is just one simple example of matching associated elements and using these to maximize your intention(s).

Artists and crafts-persons will find this edition especially invaluable when making simple choices regarding the making of jewelry design, or arranging the interior of a living space or designing a new one.

How to get the most out of this unique book

This book is divided into a listing of chapters organized by main headings which than consist of subheadings that are filled with tables that contain the information. This simplistic approach to organized information allows rapid flexibility for how one prefers to outlay their intention or to sharpen their focus on any particular subject. If you don't want to begin with intent, allow yourself to experience memoires from the past and seek associations with these using the tables provided. This is useful if you are an energy worker, as healing is often associated with confronting and neutralizing past trauma.

To begin with, search for relevant associations that symbolize what you are working with or that relate to your intention as shown in the earlier examples. Another way to use this book is to flip through the pages up to 6 weeks before a change of season or match the current moon cycle to the tables and charts. This will give you future information on how to adjust to the change of seasons.

In the Chapter titled: **Chapter 8. Correspondences of the Constellations**, you can use the charts and tables with a Moon Void of Course Calendar to observe the moon and the related constellation and its effects upon nature, or to find the best time to undertake a new project. You can find a moon void of course calendar online or at any good bookstore by using Llewellyn's Moon Sign Book.

The chart titled: **Hourly and Monthly Variation of QI Flow**, in Chapter 4 shows the time that QI Energy peaks in the corresponding organ. Around this approximate time is the best time to perform exercises (*especially CHI exercises*) to heal that organ. This is because the flow of CHI energy compliments the energy of certain constellations; helping to facilitate healing and wellness. For example, you could lay your hands on a specific body region and allow healing energy to flow into it, or find the best time of day to perform acupressure or acupuncture. You could also use guided imagery, by visualizing the body region bathed in a golden healing light.

It is my intention that this book will encourage you to thoroughly explore, experiment and discover for yourself unique new ways to combine these associations, using them to support and empower your spiritual growth. I have

found the unique information in this book especially useful browsing the pages 4 to 6 weeks before an equinox or solstice to better adapt to the upcoming change of season. **Note;** In some of the charts shown in this book, the seasons may be reversed, depending upon which hemisphere you live in. For example, when it is summer in North America, it is winter in Australia.

A special tip to help find matching associations.

Photocopy the chapters and subheadings at the start of this book, than lay the pages down upon a flat surface or pin them up on a wall. Next, look at the chapters and subheadings to match the relevant associations shown in the chapters and their subheadings.

A Quick Synopsis of the Opening Charts

The Qlippoth.

In kabbalistic cosmology the qlippot are metaphorical "peels" or "shells" surrounding holiness. They represent innate spiritual obstacles on one's way to attaining holiness. Qlippots act much like a peel protects a fruit; hence the qlippot prevents the flow of divinity from becoming dissipated as it unfolds itself throughout the various stages of creation.

Tunnels of Set & Nightside

These are known as Yetziratic intelligence or the Yetzirah. Yetzirah represents the consciousness that communicates with God through prayer or study.. It is the third of four worlds on the kabbalistic Tree Of Life. They are also known as the "world of formation", an external state of consciousness representing "half good and half evil" as new life is being born. It is the true battleground of good and evil, as one seeks empowerment through divine energy and light.

The Enochian Letters

Enochian is a language having been received from angels. These were originally

recorded in the journals of John Dee in the late 16th-century in England. The language is key to one studying Enochian magic. Dee also refers to this language as a type of "celestial speech", the "first language of god-christ" or the "language of angels"

What are Mutable Signs?

These signs occur when the end of a season approaches. During this time there changes in life are easier and there is more flexibility..


Correspondences of the Farmer's Almanac Simply Explained

There is an energetic field of energy around us that rises and falls, like the tides of the ocean. In nature this energy has a continuing cycle. Every time it reaches the top of the body, it starts its cycle over again, going down towards the center of the body, which is represented by the Sagittarius constellation and ending the cycle at the feet; represented by Pisces. The constellation Sagittarius happens to be close to the center of the Milky Way Galaxy, which is why it is represented by the center of the body (the hips). It is interesting that the sun enters the constellation Libra during the season of fall (in the northern hemisphere) the time of year we experience a downwards flow of energy in our environment.

At each new Lunar Phase unfolds, this flow of energy gathers in particular regions of not just the body, but also in nature as well. The energy accumulates at the top of trees during full moons. This is why lumbermen never cut down a tree used for building houses or wood instruments at full moons because the excess water moisture trapped in the wood when it is cut, causes the wood to rot. The cycle of this energy as it occurs in nature can be used as a general weather forecasting guide. To use the following table, find the current moon phase than match it to your current season. This will give you a general idea of future weather. Let's start this book with this chart first.

The 4 elements in scientific theory are Light, Gas, Liquid and Solid.

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

<p>Moisture Rising. Peaks at full moon</p>  <p>Moisture at lowest point during New Moons</p>	Farmer's Almanac Chart			
	Full	Last Quarter	New	First Quarter
	Moisture peaks	Moisture descending towards lower half	Moisture Begins rising	Moisture at Half Point
	Rain Likely	Reduced Rain	Rain Not Likely	Some Rain
	Wet, Steamy	Windy	Hot, Dry	Cool
	Season			
	Winter	Fall	Summer	Spring
	Noon Heat	Afternoon Damp	Night Cold	Morning Winds
	Constellation			
	Taurus, Pisces, Scorpio	Virgo, Libra, Aquarius	Leo, Gemini, Capricorn,	Aries, Cancer, Sagittarius
	Month			
	April 19 th to May 20 th --- March 12th to April 18th - ----- October 23 rd to November 22nd	August 21 st to September 22 nd - ---- September 23 rd to October 22 nd - ---- February 16 th to March 11th	July 21 st to August 22 nd - ---- May 21 st to June 20 th - ---- February 19 th to March 19th	Mar 20 th to April 18 th - ---- - June 21st to July 22nd - ---- December 22nd to February 18th
	Region of Body			
	Neck, Feet, Reproductive Region	Stomach, Kidneys, Legs	Heart, Arms, Knees	Head, Chest, Thighs
	Hour of Day			
Noon	Afternoon	Night	Morning	
Fog/ Mist	Mellow	Ice/ Frost	Crisp/ Dry	

Chapter 1. Musical Notes Correspondences

Color, Musical Note, Planet			
Red	C	Mars	Mars
Red-Orange	C#		
Orange	D	Mercury	Sun
Yellow	E	Sun	Mercury
Yellow-Green	F		
Green	F#	Venus	Venus
Blue-Green	G		
Blue	G#	Jupiter	Moon
Blue-Violet	A	Saturn	Saturn
Violet	A#	Moon	Jupiter
Red-Violet	B		

Chakra + Color + Frequency + Note Correspondences			
Chakra	Color	Frequency	Muscical Note
Svadhithana <i>(located above pubic bone / below the navel)</i>	Orange	9Hz	D
Solar Plexus	Yellow	10hz	E
Heart	Green	10.5hz	F
Throat	Blue	12hz	G
3 rd Eye	Indigo	13hz	A
Crown	White	15hz	B

**Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy**

Notes	Constellation	Elemental Notes
C -	Aries	C = Fire E = Air G# = Water A = Earth
C#	Taurus	
D	Gemini	
D#	Cancer	
E	Leo	
F	Virgo	
F#	Libra	
G	Scorpio	
G#	Sagittarius	
A	Capricorn	
A#	Aquarius	
B	Pisces	

The Qlipoth, Tunnels of Set & Nightside		
Tunnel	Note	Color
Thantifaxath	C	Black and blue
Shalicu	D	Vermilion and emerald
Raflifu	D	Rayed red and amber
Qulielfi	B	Slug-slime silver & stone
Tzuflifu	C	Black and blue
Parafaxitas	C	Bright red and Emerald
A'ano'nin	A	Black and indigo
Saksaksalim	G#	Bright yellow and dark blue
Niantiel	G	Indigo brown and greenish blue
Malkunofat	G#	Deep blue and sea green
Lafcursiix	F#	Pale green & rich blue

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

The Qlippoth, Tunnels of Set & Nightside		
Kurgasiax	A#	Bright blue rayed with yellow
Yamatu	F	Yellowish green and slate
Temphioth	E	Sharp greenish yellow & gray
Characith	D#	Dark greenish brown and amber
Zamradiel	D	New leather yellow & mauve
Uriens	C#	Flame and brown
Hemthterith	A#	Lurid red & glowing red
Dagdagiel	F#	Vivid sky blue & bright rose rayed with pale green
Gargophias	G#	Silver and black
Baratchial	E	Deep yellow and indigo rayed with violet
Amprodias	E	Luminous pale yellow and emerald flickered with gold

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Enochian Letter & Musical Note Correspondences			
Enochian	Planet / Element	Note	Letter
Un	Air	E	A
Pe	Mercury	E	B
Ged	Luna	G#	G
Gal	Venus	F#	D
Graph	Aries	C	E
Orth	Taurus	C#	E
Ceph	Gemini	D	Z
Na-Hath	Cancer	D#	H
Gon	Virgo	F	I,J,Y
Veh	Jupiter	A#	C,K
Ur	Libra	F#	L
Tal	Water	G#	M
Drun	Scorpio	G	N
Pal	Sagittarius	G#	X
Med	Capricorn	A	O
Mals	Mars	C	P
Ger	Aquarius	A#	Q
Don	Pisces	B	R
Fam	Sol	D	S
Gisa	Fire	C	T
Vau	Saturn	A	U,V,W

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Notes and Constellation		
Name	Musical Note	Element / Constellation
Aleph	E	Air
Gimel	G#	Moon
Daleth	F#	Venus
Heh	C	Aries
Vav	C#	Taurus
Zayin	D	Gemini
Cheth	D#	Cancer
Teth	E	Leo
Yod	F	Virgo
Kaph	A#	Jupiter
Lamed	F#	Libra
Mem	G#	Water
Nun	G	Scorpio
Samekh	G#	Sagittarius
Ayin	A	Capricorn
Peh	C	Mars
Tzaddi	A#	Aquarius
Ooph	B	Pisces
Resh	D	Sun
Shin	C	Fire
Tay	A	Saturn

It takes Saturn 30 years to revolve around the earth and Saturn has approximately 30 total rings

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Yetziratic Intelligence - Keys to the Kabbalah Musical Note	
Fiery Intelligence	E Natural
Intelligence of Transparency	E Natural
Uniting Intelligence	G Sharp
Luminous Intelligence	F Sharp
Constituting Intelligence	C Natural
Triumphant and Eternal Intelligence	C Sharp
Disposing Intelligence	D Natural
Intelligence of the House of Influence	D Sharp
Intelligence of the Secret of all Spiritual Activities	E Natural
Intelligence of Will	F Natural
Rewarding Intelligence	A Sharp
Faithful Intelligence	G Sharp
Stable Intelligence	G Sharp
Imaginative Intelligence	G Natural
Intelligence of Probation	G Sharp
Renewing Intelligence	A Natural
Exciting Intelligence	C Natural
Natural Intelligence	A Sharp
Corporeal Intelligence	B Natural
Collecting Intelligence	D Natural
Perpetual Intelligence	C Natural
Administrative Intelligence	A Natural

Chapter 2. Foods and Herbs Correspondences

Solstice / Equinox Gems, Herbs and Foods			
Month	Gemstone	Herb	Food
October 31st to November 2nd	Amethyst, Obsidian, Smoky Quartz, Onyx, Petrified Air / Wood	Mugwort, Rosemary, Sage, Nutmeg, Lavender, Patchouli, Catnip	Nuts, Apple, Turnip, Pumpkin,
Winter Solstice Dec 21st or Dec 22nd	Bloodstone, Garnet, Tiger's Eye, Cat's Eye, Emerald	Mint, Pine, Cedar, Cinnamon, Evergreen, Thistle, Bayberry, Frankincense	Fruits, Turkey, Eggnog, Cinnamon, Peppermint, Chocolate, Nuts
Feb 1st and Feb 2nd	Tourmaline, Onyx, Iron, Citrine, Bloodstone, Amethyst, Selenite	Bay, Salt, Vanilla, Rosehips, Myrrh, Coriander, Dragon's Blood, Basil	Dairy, Lemon, Ginger, Poultry, Herbal Teas, Braided Breads
Spring Equinox March 20th to March 21st	Jasper, Aquamarine, Rose Quartz, Sunstone, Moonstone	Ginger, Olives, Lotus, Rose Petals,	Eggs, Nuts, Leafy Greens, Carrots, Honey,
April 30th to May 1st	Quartz, Tourmaline, Beryl, Rose Quartz, Amber, Malachite	Rose, Mint, Elderberry, Angelica,	Oatmeal, Honey, Cherries, Strawberry, Goat Cheese, Dairy, Pork Wines

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Solstice / Equinox Gems, Herbs and Foods

<p>Summer Solstice June 20th to June 22nd</p>	<p>Amazonite, Bloodstone, Green Jasper, Aventurine, Carnelian, Jade, Sunstone, Green Fluorite, Green Agate,</p>	<p>Lemongrass, Honeysuckle, Oak, Chamomile, Rose</p>	<p>Orange, Bananas, Summer Squash, Watermelon, Pineapple, Lemons, Pumpernickel Bread, Cucumber</p>
<p>July 31st to August 1st</p>	<p>Lodestone, Granite, Marble, Citrine, Carnelian, Cat's Eye</p>	<p>Goldenrod, Pear, Blackberry, Heather, Grapes, Sandalwood</p>	<p>Apricot, Onions, Bread, Apples, Onions, Grains, Corn</p>
<p>Fall Equinox Sept 21st to Sept 23rd</p>	<p>Sapphire, Peridot, Gold, Topaz, Yellow Agate, Lapis Lazuli</p>	<p>Yarrow, Acorn, Honeysuckle, Marigold, Thistle, Sage, Rue</p>	<p>Onions, Potatoes, Carrots, Pomegranate, Apples, Nuts,</p>

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Element and Herb	
Element	Herb
Fire	Basil, Air / Woodruff, Dragon's blood, Rosemary, Chamomile
Earth	Lovage, Hyssop
Air	Fennel, Lavendar, Cinnamon, Clove
Water	Anise, Orris, Boneset, Catnip

Taste and Effect on Body Region					
	Sweet	Sour	Pungent	Salty	Bitter
Food	Honey, Red Dates, Malt	Lemons, Tomatoes, Apples	Ginger, Garlic, Chives	Salt, Kelp, Seaweed	Hops, Celery, Radishes
Good For	Spleen and Stomach	Liver and Gallbladder	Lungs and Large Intestine	Kidneys and Bladder	Heart and Small Intestine
Bad For	Kidneys and Bladder	Spleen and Stomach	Liver and Gallbladder	Heart and Small Intestine	Lungs and Large Intestine

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Element and Food					
ELEMENT	FIRE (bitter)	EARTH (sweet)	METAL (pungent)	WATER (salty)	AIR / WOOD (sour)
Grains	Amaranth, Corn	Millet, Barley	Rice	Buckwheat	Oats, Wheat, Rye
Legumes	Red Lentils	Chickpeas	Beans : Navy, Soy	Beans: Adzuki, Black, Kidney, Pinto	Beans: Green, Lentil, Mung, Lima,
Nuts/ Seeds	Sunflower, Pistachio	Pine Nuts, Pumpkin	Almonds	Black Sesame, Walnuts	Brazil Nuts, Cashew
Vegetables	Red Bell Pepper, Scallion, Tomato, Beet, Dandelion, Root Okra	Cabbage, Carrot, Parsnip, Rutabaga, Spinach, Squash	Celery, Cucumber, Mustard, Green, Asparagus, Broccoli, Onion, Radish	Kale, Mushrooms, Seaweeds, Water, chestnut	Green Bell Pepper. Green Peas, Lettuce, String Beans, Zucchini
Fruits	Cherry, Persimmon	Fig , Orange, Papaya, Pineapple, Strawberry	Apricot, Bananas, Pear	Mulberry. Pomegranate , Raspberry, Watermelon	Avocado, Grape, Lemon Lime, Plum
Watch For Excess	Chocolate / Sugar	Meat	Eggs	Cheese	Soft Dairy

**Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy**

Constellation, Scent and Metal				
Constellation	Herbs	Incense	Body Region	Metal / Gemstone
Aries	Sage, Cloves, Cinnamon, Allspice	Dragon's Blood	Head	Iron
Taurus	Thyme, Patchouli, Honeysuckle	Storax	Neck and Throat	Copper
Gemini	Lavender, Lily of the Valley,	Lavender	Arms and Shoulders	Mercury
Cancer	Lemon, Milkweed, Eucalyptus	Sandalwood	Stomach, Chest	Silver
Leo	Nutmeg, Marigold, Heliotrope	Frankincense	Upper Back, Heart	Gold
Virgo	Peppermint, Moss, Cypress	Nariscuss	Digestive System, Lower Intestine	Nickel, Platinum
Libra	Sweet Pea, Majoram, Catnip	Galbanum	Kidney, Lower Back	Bronze, Copper, Aluminum
Scorpio	Myrrh, Cumin, Ginger	Benzoin	Groin and Genitals	Steel, Plutonium
Sagittarius	Sage, Juniper, Star Ansie	Cinnamon	Thighs, Liver, Hips	Brass & Tin
Capricorn	Vervain, Cypress	Musk	Bones, Teeth, Joints	Lead & Pewter
Aquarius	Peppermint, Almonds, Lavender	Galbanum	Circulation, Ankles	Uranium, Aluminum
Pisces	Jasmine, Gardenia, Catnip	Cypress, Cedar, Orris Root	Feet, Immune System	Tin

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

WINTER. Constellation and Diet <i>(seasons are reversed in southern hemisphere)</i>					
Moon Phase	Constellation	Months	Body Region	Worry destroys	Element
New	Capricorn	Dec 22 to Feb 18	Knees	Bones	Earth
Eat more bitter foods. Take more bone strengthening foods such as yogurt or dairy or herbs such as Astragalus.					

SPRING. Constellation and Diet					
Moon Phase	Constellation	Months	Body Region	Anger destroys	Element
First Quarter	Pisces	Feb 19 to Mar 19	Eyes	Eyes	Air
Advice: Eat more mildly sweet foods. Take herbs that support the liver such as FO TI, and foods and berries high in Vitamin A and natural antioxidants such as Goji Berry.					

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

SUMMER. Constellation and Diet					
Moon Phase	Constellation	Months	Body Region	Greed destroys	Element
Full	Leo	July 23 to Aug 22	Heart	Heart	Fire
<p>Advice. Eat more pungent foods Take more foods that are abundant in natural antioxidants, protect the heart and enhance good blood circulation such as Grapes, Watermelon or Resveratrol.</p>					

FALL. Constellation and Diet					
Moon Phase	Constellation	Months	Body Regions	Ego destroys	Element
Last Quarter	Libra	Sept 23 to Oct 22	Stomach & Kidneys	Hearing	Air
<p>Advice: Eat more sour foods. Towards the end of Virgo, take foods that support digestive health such as yogurt with probiotics etc. As the Libra constellation starts becoming prominent take foods that enhance kidney health such as Adzuki, Black and Pinto beans.</p>					

Chapter 3. Correspondences of Emotions

Character and Emotion		
Quality	Emotional Response	Action
Still, Silent	Fair, Objective	Honest
Moist, Dangerous, abysmal	Deceitful, clever	Rebelliousness
Cheerful, pleasing, joyous	Affable, gentle	Laughter
Rulership, Firm	Benevolent, warmhearted	Leadership
Protective, obedience, reception	Silent	Devotion
Dispersing, penetrating, gentle	Heartless, cool	Empathy
Arousing, moving	Unlucky	Surprise
Radiant, warm, brilliant	Open minded, optimistic	Intuitive

Element, Body Region and Emotion					
Element	Chakra	Gland	Sense	Organ	Emotion
Sky	Throat	Thyroid	Hearing	Ears	Ego/Pride
Air	Heart	Thymus	Touch	Skin	Greed
Fire	Navel	Pancreas	Sight	Eyes	Anger
Water	Genitals	Gonads	Taste	Tongue	Self-Indulgence
Earth	Rectal	Adrenal	Smell	Nose	Attachment

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Element, Emotion and Action				
Element / Season	Emotion	Qi Flow	Symptoms	Control
Fire Summer	Overexcited	Slows Qi	Unclear Thoughts, Heart Attacks, Mania	More Fear – <i>45 days before Solstice</i> - Water Neutralizes Fire
Air / Wood	Anger/ Frustration	Qi Ascends	Increased Blood Pressure, Dizziness, Blurry Vision	More Grief – <i>45 days before equinox</i> - Metal Neutralizes Air / Wood
Metal Fall	Grief	Dissolves Qi	Asthma, Colds and Flu, Skin Issues, Tight Chest	More Joy – <i>45 days before equinox</i> - Fire Neutralizes Metal
Water Winter	Fear	Qi Descends	Weak bladder	More Concentration/ Thoughts – <i>45 days before Solstice</i> - Earth Neutralizes Water

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Scents and Emotions used to Enhance Healing and Strength					
Element	Sounds	Scent	Flavor	Emotion	Number
Water	Groans	Putrid	Salt	Fear	9 and 10
Air / Wood	Shouts	Rancid	Sour	Anger	1 and 2
Metal	Weeps	Rots	Pungent	Grieving	7 and 8
Earth	Sings	Fragrant	Sweet	Sympathy	5 and 6
Fire	Joy	Scorches	Bitter	Laughs	3 and 4

Element, Hour and Emotion					
Elements	Air / Wood	Fire	Earth	Metal	Water
Organ	Liver	Heart	Spleen/ Pancreas	Lungs	Kidney
Time full	1 am- 3 am	11 am- 1 pm	9 am- 11 am	3 am- 5 am	5 pm- 7 pm
Positive emotion	Benevolence, Kindness	Love, Honor	Compassion, Fairness	Courage, Righteous	Gentle

**Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy**

Archetype, Virtue and Compulsion						
Element Season	Archetype	Desire / Fear	Virtue / Values	Pre-occupation	Compulsion	Seeks
Fire Summer	Wizard	Fulfilled / Being cut off	Charisma / Intuition	Stimulation	Consumer	Love
Air / Wood Spring	Pioneer	Purpose / Helpless	Fervor / Utility	Work	Win	Cause
Metal Fall	Alchemist	Order / Corruption	Righteousness / Purity	Ritual	Control	System
Water Winter	Philosopher	Truth / Extinction	Honest / Durability	Secrets	Criticize	To Teach
Earth Late Fall	Peacemaker	Loyalty / Lost	Loyalty / Harmony	Details	Interfere	Family

Organ, Emotion and Antidote		
Organ	Destructive Emotion	Emotional Antidote
Kidneys	Fear	Courage, Confidence, Trust, Bravery, Respect
Heart	Impatient	Patience, Endurance, Tolerate, Forbearance
Liver	Anger	Helpful, Calm, Self-Love, Content, Wise
Lungs	Depression	Fun, Delight, Righteousness
Spleen	Worry	Peace, Calm, Comfort

Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy

Element, Season and Shape					
Element	Air / Wood	Fire	Earth	Metal	Water
Direction	East	South	Center	West	North
Season	Spring	Summer	Change of Seasons <i>(last 45 days of season)</i>	Autumn	Winter
Shape	Rectangular	Angular	Square	Round	Undulating
Climate	Windy	Hot	Damp	Dry	Cold
Color	Green	Red	Yellow	White	Black

Excess and Return to Balance		
Excess	Damages the	Is re-balanced by more
Anger	Liver	Grief
Joy	Heart	Fear
Sympathy	Stomach	Anger
Grief	Lungs	Anger
Fear	Kidneys	Sympathy / Wisdom
Moaning	Kidneys	Joy
Standing	Kidneys / Bladder	Walking
Cold / Depression	Kidneys / Bladder	Warm Liquids
Fear / Depression	Bladder	Gratitude / Laughter

**Farmer's Almanac Secrets. Correspondences of
Feng Shui, Lunar and Alchemy**

Planets, Asteroids and their Influences	
Sun	Vitality, Self, Concerned
Moon	Emotion, Instinct, Habit
Mercury	Communication, Intellect, Reasoning
Venus - Juno	Love, Art, Beauty
Mars	Aggressive, Desire, Action
Jupiter - Europa	Abundance, Expanding, Optimistic
Saturn	Pessimism, Structure, Restricted
Uranus	Eccentricity, Upheaval, Rebellion
Neptune	Dreams, Imagination, Delusions
Pluto - Pallas	Power, Obsession, Transformed
North Node	Personal Potential
South Node	Personal Karmic Past
Chiron - Healing	Collective Healing

Lunar Phase and Intent				
New	Waxing	First Quarter	Full	Last Quarter
information / thought	intention	concentration	speak out wishes or problems	release and remove obstacles

Thank you for reading one of the most unique books on correspondences ever published. Be sure to look for it in your favorite bookstore or order it online.

Thank you and I wish you a wonderful day!

Scott Rauvers