

# The 2019 Feng Shui Planetary Prosperity Almanac and Ephemeris with Organizer



**Perfect Timing for Growth, Success and Abundance in one convenient almanac.**

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***Some Almanacs are for gardens,  
the Tao almanac nourishes wisdom***



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Library of Congress Catalog

**ISBN-10:172772089X**

**Almanac Series 3**

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Printed in the United States of America

**Total Number of Pages 442**

The Institute **for Solar Studies on Human  
Behavior and Health**

1507 7<sup>th</sup> St, Santa Monica, CA 90401

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***Available January 2019 - The Official Guidebook to  
Reversing the Aging Process***



Scott Rauvers,

*Author of the Tao Almanac*

***Thank you to all our 2018 readers for making last year's 2018 Tao Almanac an astounding success! Wishing all 2019 readers an abundant and prosperous 2019!!***



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## ***Welcome to the 2019 Feng Shui Prosperity Almanac with Organizer!***

2018 was a spectacular year for discovering more Tao related material and connecting the material into an organizable, readable format. This has led to the accumulation of a complete picture of how to use the Tao not only for health, and prosperity, but to gain a much clearer understanding of the cycles of nature. When you know the cycles of nature, you have the power and energy to create a life of freedom, health and lasting financial prosperity.

### **What's New in the 2019 Edition**

Included in this 2019 edition of the Tao Almanac are revised and all new Tao Charts, new unique articles, a more mainstreamed easier to read 2019 moon void of course calendar and the ever popular Electional Astrology date chapter has been completely rewritten making the finding of the dates to put tasks into action easier than ever before. Also a new daily **power of element** has been added to the Electional Astrology section, allowing one to see the strength of a particular element for each day. The best time for viewing Meteor showers and the best location for eclipses is also included.

With literally thousands of Tao charts now available on the web, the most relevant information has been edited down into the most useful information. Hence this edition includes not only revised Tao Charts, but alchemical and other correspondences. It also includes the node passages of the moon and the rise, zenith and set times of the longevity and prosperity star Canopus.

One of the new things in this 2019 edition, is we explore the ancient Taoist longevity texts and combine

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them with the latest scientific studies confirming why they extend lifespan.

The planetary ephemeris has been discontinued, allowing the almanac to **focus** more on alchemical related cycles. Hence, this edition includes all new alchemy correspondences, including musical note correspondences. All new articles include articles about cosmic rays, black holes Angkor Wat, the Wufu Xu and Wu Xing texts.

The greatest contribution to this edition is the newly revised LST Seasonal Calendar, which dramatically improves remote viewing. We continue to adhere to our policy of knowing which foods to eat during each season according to each person's unique element to maximize health, vitality and well-being.

Know the real reason behind the rash of hurricanes - find out how to enhance your remote viewing, which foods heal according to your Tao element and season and much more! We would also like to offer a special thanks to our 2018 readers who helped make the last years Tao Almanac such a huge success.

If you are a first time reader Welcome!. This easy to use almanac has purposely been written for people of all age brackets, sexes, professionals and nonprofessionals alike, and for people from all walks of life seeking a simple easy to use planetary organizer. Compiled by Scott Rauvers, the Founder of the Solar Institute and author of 3 personal success achievement books, this simple and unique almanac gives you the 21st century tools necessary for achieving personal and business success in the new millennium.

This edition includes daylight savings hours, the major U.S. public holidays and the date each season begins. The included day planner gives you enough space to write in information for meetings, activities and other vital information. Included is a complete Moon Void

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of Course Calendar and with the dates the constellation is in each house, The section on Electional Astrology helps you put important events into motion using the aspects of the moon and aspectarian. Also included are the dates of new and full moons and the dates of super moons for the next few years. No longer does the reader need to go on frustrating searches for this important information.

This unique almanac includes which foods create maximum health according to the season and as each new season begins, a series of recommended exercises based on the Tao can be performed that enhance the immune system, restore energy and detox the body to maintain excellent physical health.

The information in this edition sets higher standards for simplicity and accuracy for contemporary Taoist and Chinese 12 earthly branches astrology. Updated with the very latest data, it includes the longitude dates of the Sun aligned with the major asteroids of Juno, Ceres, Europa, Pallas, Eros and Vesta. For remote viewers, the time of 13:30 LST is included at the start of every month for convenient planning of your remote viewing sessions. As an added feature for our readers, are the numerous original articles showcasing the latest creative ideas and rare information that will super-charge your goal setting and objectives all through 2019.

The beginning pages show how to find your element and animal sign and how to use these signs to choose foods that will enhance health and vitality according to the season. It also shows you how to match your element to each season and the recommended anti-aging foods and herbs for those seeking a lifestyle of longevity.

**Timing is vital to any important  
undertaking or major venture**



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Avoid frustrating failures and delays by timing your important projects according to season, element or star in order to successfully fulfill your vital venture. To benefit fully from this information, you do not need to know your horoscope, simply plan your activity based on the favorable dates listed and take action on any day of the year. Seeking to find the date the Moon is in Taurus? our Moon Houses section gives the exact time and date the moon will be in that house.

Know the best time to plan travel and perform self-healing based on the included Tao charts and know your peak cycles of 'CHI' to supercharge your Qi Gong practice and maximize feelings of revitalization.

Years of computerized astrological data and ancient Taoist wisdom have all conveniently been capsulated into this rare one-of-a-kind almanac which is now available in nook, kindle and hardcover editions.

***Once again, we welcome our loyal readers to the 2019 edition and all of us here at EZ3DBIZ publications wish you a happy and prosperous 2019!!!***

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## What is Taoism?

Taoism was officially recognized by the Yellow Emperor (Huangdi) during approximately 2,740 B.C. Huangdi is said to have been a paragon of wisdom whose reign was a golden age. He was said to have dreamt of the ideal kingdom whose inhabitants were tranquil and lived in harmony with the natural law, while possessing virtues similar to those found in Daoism. Today the Tao is a religion indigenous to China. The book called Laozi, which is also known as



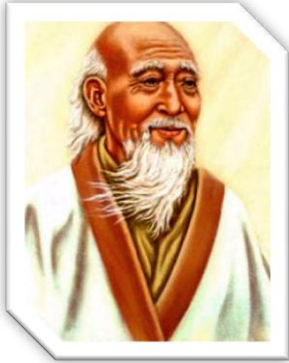
"Dao De Jing", contains the main writings of Taoism. Taoism believes that Tao is the root of all creation, the origin of consciousness and the beginning of Heaven and Earth.

Taoist teachings state there are other universes that exist besides this universe. Taoism believes human beings can achieve immortality due to the Tao being eternal. Hence, whoever can acquire and hold on to it achieves longevity. This is also called De (as in Dao De Jing), which stands for "obtaining the Dao".

### Summary

Taoism pursues longevity and values life. Physical immortality and spiritual enlightenment is obtained via practicing the Tao while enjoying life during the process. Attainment of immortality takes place through the channeling of energies caused by effects of the Tao. Civilizations rise and fall, languages change & people evolve. As long as the sun shines giving earth her 4 seasons, the language of the Tao will always remain an important part of how to interpret the cycles of nature.

### When did Taoism begin?



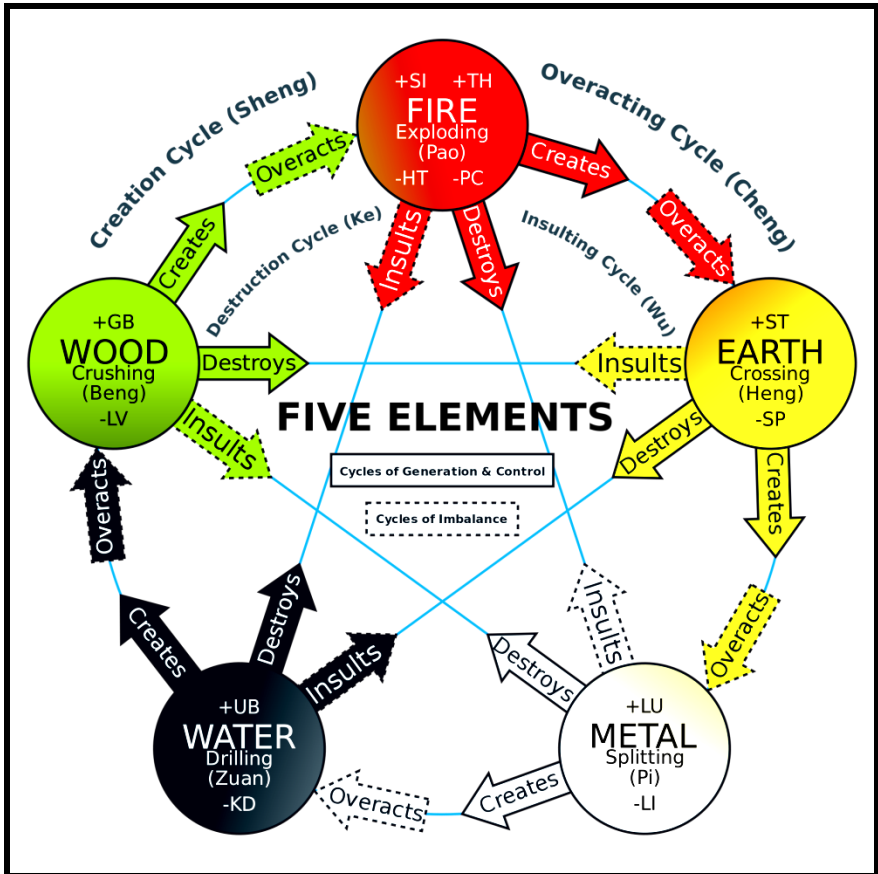
Yuan

Taoism first began with the Yellow Emperor, became fully enriched by Laozi, and became a formal religion by Zhang Daoling. Much of the awareness of the Tao is attributed to Laozi (pictured), a legendary Daoism philosopher. Other writings state that during the year 666, the Emperor of the Tang Dynasty gave Laozi the title "Tai-Shang Xuan-Yuan Emperor". In 1013 another Emperor gave Laozi the name "Tai-Shang Lao-Jun Hun-Shang-De Emperor".

Taoism utilizes tranquility and purity as its primary goals, as well as foundation, emptiness, softness and humility. Taoists believe there exists three Corpse-Spirits inside each one of us (similar to the Hawaiian Huna 3 selves) and that the perceived world we live in is made up of Yin and Yang. On top of Ying and Yang are the 5 main Phases (Water, Fire, Metal, Wood and the Earth). These emerge from the interaction between Yin and Yang. The "Five Phases" are responsible for the creation and operations that go on in our universe.

Water grows Wood, Wood grows Fire, Fire grows Earth, Earth grows Metal, and Metal grows Water. Water dissolves Fires, Fire dissolves Metal, Metal dissolves Wood, Wood dissolves Earth and Earth dissolves Water.

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**What is the "Ba-Gua"?**

The Ba-Gua" are the 8 "Trigrams". They were invented by an ancient Emperor known as "Fu-Xi" and are the foundational building blocks of Taoism philosophy. This practice was utilized by Mr. Li Ching Yuen who allegedly used it to live to over 200 years of age.

**What day are the "Jie-Jia" rituals performed?**

On the 25th day of the last month of a year at midnight (on the eve of the 24th) all Taoist temples perform the "Jie-Jia" ritual, which is a "welcoming ceremony for the royals or honored guests".

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**Where are the Taoist Temples?**

Out of 21 Taoist temples in China, the 5 main temples are:

- Mao Shan Taoist Monastery in the county of Ju Rong,
- Bao Pu Taoist Monastery in Hangzhou,
- Chang Dao Temple in Dujiangyan.
- White Cloud Temple in Beijing,
- Tai Qing Temple in the city of Shen Yang (pictured),



**What national Taoist organizations exist today?**

Master Ren Fa Rong (pictured) at the White Cloud Temple in Beijing represents the Taoists today.



**Sun Si Miao**

Sun Si Miao is portrayed as the King of Medicine and lived around the Tang Dynasty during the sixth century. Sun Si Miao believed in the

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balance of Yin and Yang by keeping in harmony with the natural environment (i.e. the climate). He saved countless lives by applying these principles. His ideas greatly influenced Chinese Medicine and are still widely used today.

The following tables give a brief summary of the elements and their attributes.

<b>Element Correspondences – AIR</b>					
<b>Music</b>	<b>Plant</b>	<b>Shape</b>	<b>Sound</b>	<b>Time</b>	<b>Tool</b>
<b>Toning, Mantras, Chants, Songs</b>	Blueball, Dandelion	Octahedron. Circle with dot in middle	Wind Chimes, Bells	Dawn	Wand, Aromatic
<p><b>The spirit of Air is represented by the playful slyphs, much like winged fairies of folklore. When a sacred circle is drawn, the element of air is the first point of calling. At the start of another day, fresh, motivating winds fill our lungs with cool, warm air. A time to learn and grow.</b></p> <p><b>Air represents the gaseous state of matter and rules breath, speech, voice, information, communication, networking, intellect, eloquence and networking. Animals are the hawk, eagle and songbird and the tool the dagger. Minerals are mercury, jade, granite, salt rock, halite, hematite, jasper and malachite. Plants are anise, citron peel, lavender, lemon, bergamot and frankincense. Incense is sandalwood and galbanum.</b></p>					

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<b>Element Correspondences - FIRE</b>						
Music	Plant	Shape	Sound	Gemstone	Time	Tool
<b>Drums</b>	Basil, Fennel, Onion	Tetrahedron (triangle pointed upwards)	Crackling, Static	Ruby, Garnet, Carnelian, Lava, Amber	Noon	Athame
<p><b>The spirit of fire is represented by the salamander. Following the sun, turning clockwise around the circle brings us south. The height of the summer sun fills one with passion and living in the moment, filling our body and soul with the energy of fire.</b></p> <p><b>Fire corresponds to inspiration, birth and the spark of life. Fire is represented by passions, the life force and the drive to create. Animals represented by fire include the dragon, horse and the lion. Minerals include iron, gold, fire opal, tiger's eye, garnet, amber and carnelian. Plants include basil, allspice, angelica, cinnamon, cedar, mustard, nettles, nutmeg, onions, orange, rosemary, sunflower, tangerine, tobacco, red poppy, rose germanium and woodruff. Incense is copal and olibanum.</b></p>						

<b>Element Correspondences – WATER</b>					
Music	Plant	Shape	Sound	Time	Tool
<b>Gong, Prayer Bowl</b>	Kelp, Lettuce, Willow	Eicosahedron, Trident	Waves, Raindrops	Dusk	Cup
<p><b>The Spirit of water is represented by the Mermaid. Water follows the moon, teaching us to flow intuitively with the current of life. Patience is water's strength, carving its way, eventually reaching its destination. Emotions grow into fullness, expressing themselves allowing us to discover our psychic gifts.</b></p>					



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**Water represents the liquid state of matter and rules the subconscious mind. Animals represented by water include the dolphin, sea serpent, seals, gulls and fish. Minerals include silver, topaz, sapphire, lapis lazuli, amethyst and citrine.**

**Element Correspondences – EARTH**

<b>Music</b>	<b>Plant</b>	<b>Shape</b>	<b>Sound</b>	<b>Time</b>	<b>Tool</b>
<b>Brass and metallic Instruments</b>	Oats, Rice, Corn, Oak, Ivy	Cube, Circle with an equidistant cross at the radius	Echoing	Night	Pentacle, Coin

**The spirit of Earth is represented by the Leprechaun. When most people draw a circle, they begin at the top, or northernmost point. The more grounded we become, the wiser we become and the more we are able to reach for the sky.**

**Earth represents melancholic temperament and the solid state of matter. It represents livestock, money, crops, property, family, investments, savings and family. The mineral associated with earth is Salt. Minerals include granite, salt, jade, hematite, lead, emerald and Ochre.**

## An Introduction to the 5 Phases

Traditional Eastern Medicine states humans are a microcosm of our universe. Through thousands of years of careful observation of the interactions occurring in Nature, the Five Phases of Transformation theory was born (*also referred to as the Five Elements*). This knowledge has been applied to the human body for healing, treatment, diagnosis and prevention of illness. It also is used in the Tao to find the best dates to plan important ventures.

Early references to the early birth of the Five Phases can be found in the classic Chinese text **Inner Canon of the Yellow Emperor** dated between the first and fourth centuries BC. The five phases spread from there and became applied in practices such as feng shui, astrology, shiatsu, acupuncture,

The five elements are used to explain an array of phenomena, from the interaction between internal organs, cosmic cycles, the succession of political regimes and the healing behavior of medicinal drugs.

The 5 phases were employed in numerous fields of early Chinese thought such as Feng shui, astrology, traditional Chinese medicine, military strategy, music and martial arts. The system is still used today as a reference tool in one way or another in various forms of alternative and complementary medicine including the martial arts.

The elements that make up the 5 phases are seen as moving and ever changing having a type of energetic transformation of universal energy that gives rise to all observable phenomena in the perceived universe.

Each of the 5 phases consists of a major and secondary organ, which then governs its associated emotion. Each phase is also assigned its own hour. For example, the phase of wood is associated with sunrise and an upwards flow of life force. Also, each of the phases is assigned its own particular taste. By changing diet, we change how our food tastes, which affects our nerves, which then re-directs the flow of the life force.

One of the most easily recognizable ways that the flow of

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Qi (life force) is impacted by experiencing the seasons. Therefore, seasons are an excellent starting point to understand this flow more clearly. Below is an example of how the seasons can weaken certain organs.

- Summer Heat Weakens the Heart
- Spring Winds Weaken the Liver
- Winter Cold Dryness weakens the Kidneys
- Fall Humid Weather weakens the Spleen
- Late Spring Cold Dry Weather weakens the Lungs
  
- Excessive effects on the body during winter will manifest themselves during spring time
- Excessive effects on the body during late spring winds manifest themselves as a low appetite in summer
- Excessive effects on the body in summer manifest as a fever during fall
- Excessive effects of humidity in fall manifest themselves as a persistent cough during winter

Just as each planet has a peak of energy according to the season and hour, there also exist character and personality traits that are unique to each individual when born during a particular month. The year of a person's birth gives their animal and element sign. This governs their personality, attributes and character.

Use the information conveniently displayed in this almanac at the beginning of each month to pursue a career, examine your inner weaknesses and strengths, perform self-healing or plan important projects.

Each person's unique sign has personality traits that manifest themselves strongly according to certain seasons. There also exist organs of the body, which are energetically more active than usual according to certain times and seasons. We can also use the 5 phases of the Tao to know when an excess of a particular emotion damages which body part and how to restore balance. In nature and our everyday lives, when one or more of the following become excessive, the counter-

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emotion / energy will automatically manifest itself which in turn will restore balance.

- Excessive anger / determination to be right damages the liver/gallbladder, but is balanced by grief.
- Excessive joy injures the heart/small intestine/pericardium/triple heater, and is balanced by fear.
- Excess pensiveness damages the spleen/pancreas/stomach and is balanced by being more carefree.
- Excess sympathy injures the stomach, and is balanced by anger.
- Excess grief damages the lungs/large intestine, and is balanced by anger.
- Extreme fear damages the kidneys/bladder, but is balanced with sympathy.
- Extreme moaning injures the kidneys, and is balanced by joy.
- Prolonged standing in the same location harms the kidneys and bladder and is balanced by walking.
- Excessive cold injures the kidneys and bladder, and is balanced by warm liquids.
- Fear and depression are the result of weak kidneys and bladder.
- Fear and depression are balanced by laughter.

We can also use the 5 phases to bring balance to excess emotions.

- Excess Freedom can be balanced by more Responsibility
- Excess Envy can be balanced by more Benevolence
- Excess Love can be balanced by more Wisdom
- Excess Meekness can be balanced by more Self Value

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- Excess Caution can be balanced by more Courage
- Excess Patience can be balanced by more Aggressiveness
- Excess Tenderness can be balanced by more Stability
- Excess Joy can be balanced by more Moderation/Fear
- Excess Faith can be balanced by more Understanding
- Excess Gentleness can be balanced by more Strength
- Excess Intuition can be balanced by more Logical Reasoning
- Excess Generosity can be balanced by more Economy
- Excess Repose can be balanced by more Energy
- Excess Zeal can be balanced by more Reflection
- Excess Ambition can be balanced by more Unselfishness
- Excess Charity can be balanced by more Justice
- Excess Candor can be balanced by more Tactfulness
- Excess Aspiration can be balanced by more Judgment
- Excess Liberty can be balanced by more Lawful Obedience

**THE 5 MAIN ORGANS GOVERNING THE  
FUNCTIONING OF THE BODY**

- The Kidneys control the bones and rule the spleen.
- The Heart controls the pulse and rules the kidneys.
- The Lungs control the skin and rule the heart.
- The Liver controls the muscles and rule the lungs.
- The Liver nourishes the muscles.
- The muscles strengthen the heart and the heart nourishes blood which strengthens the spleen.

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<b>Organ Properties and Vulnerabilities</b>				
<b>Organ</b>	<b>Conscious Influence</b>	<b>Conscious Attribute</b>	<b>Virtue</b>	<b>Vulnerability</b>
<b>Heart</b>	Consciousness	Experience	Propriety	Lack of Sleep harms the heart
<b>Liver</b>	Visions and Dreams	The Dream World	Compassion and Benevolence	Lack of Compassion harms the liver
<b>Lung</b>	Reflexes and Instincts	Responses	Righteousness and Reverence	Excess reflexes or lack of reverence harms the lungs
<b>Spleen</b>	Intention, Mental focus	Reflection	Sincerity, Trust	Excess mental focus harms the Spleen
<b>Kidneys</b>	Willpower, perseverance and determination	Deep Sleep	Wisdom	Lack of Wisdom or sleep harms the kidneys

**The 5 Main Influences of the Seasons**

**Spring** – Motivation

**Summer** – Connection with Nature

**Late Summer** – Slowing Down / Winding Down

**Fall** – Purification / Renewal

**Winter** – Mind and Body

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**HABIT**            **OPPOSITES**

- Adequate Sunshine - Sunburn, No Sunshine  
 Adhering to Goals - Fear, Doubt, Self-Pity  
 Cheerful - Gloomy  
 Compassion - Self Righteousness  
 Confidence - Discouragement  
 Constipation - Cleansing the Intestines-  
 Deep Breathing - Insufficient Breaths  
 Exercise - Excessive or no exercise  
 Fasting - Toxemia  
 Forgiveness / Compassion - Hate  
 Freedom - Tension  
 Honesty - Conclusion  
 Mediation and prayer - Restlessness and Nervousness  
 Moderation in lifestyle - Prescription drugs and Excessive Alcohol  
 Reading and Close Work - Excessive Close work and incorrect reading  
 Thankfulness - Fault Finding

**SENSATIONS, EMOTIONS, AND THE 5 PHASES**

<b><u>Element</u></b>	<b><u>Chakra</u></b>	<b><u>Gland</u></b>	<b><u>Sense</u></b>	<b><u>Organ</u></b>	<b><u>Emotion</u></b>
<b>Sky</b>	Throat	Thyroid	Hearing	Ears	Ego/Pride
<b>Air</b>	Heart	Thymus	Touch	Skin	Greed
<b>Fire</b>	Navel	Pancreas	Sight	Eyes	Anger
<b>Water</b>	Genitals	Gonads	Taste	Tongue	Self-Indulgence
<b>Earth</b>	Rectal	Adrenal	Smell	Nose	Attachment

## Finding Your Sign

To start, one needs their animal sign and phase. Let's explore this next.

### How do I Find My Element?

The first step is to match your year of birth with one of the animals.

### Step 1

#### YOUR CHINESE ANIMAL ZODIAC SIGN

- Rat: 2008, 1996, 1984, 1972, 1960, 1948, 1936
- Ox: 2009, 1997, 1985, 1973, 1961, 1949, 1937
- Tiger: 2010, 1998, 1986, 1974, 1962, 1950, 1938
- Rabbit: 2011, 1999, 1987, 1975, 1963, 1951, 1939
- Dragon: 2012, 2000, 1988, 1976, 1964, 1952, 1940
- Snake: 2013, 2001, 1989, 1977, 1965, 1953, 1941
- Horse: 2014, 2002, 1990, 1978, 1966, 1954, 1942
- Goat: 2015, 2003, 1991, 1979, 1967, 1955, 1943, 1931
- Monkey: 2015, 2004, 1992, 1980, 1968, 1956, 1944, 1932
- Rooster: 2017, 2005, 1993, 1981, 1969, 1957, 1945, 1933
- Dog: 2018, 2006, 1994, 1982, 1970, 1958, 1946, 1934
- Pig: 2019, 2007, 1995, 1983, 1971, 1959, 1947, 1935



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**Step 2**

Now that you know your animal sign, next match your animal sign with one of the following 5 phases.

- **Wood:** Tiger, Rabbit
- **Fire:** Snake, Horse
- **Earth:** Ox, Dragon, Goat, Dog
- **Metal:** Monkey, Rooster
- **Water:** Pig, Rat

Now that you know your phase, the final step is to match the last number in your year of birth to find your element.

**Step 3**

- **0 or 1, you are a metal element.**
- **2 or 3, you are a water element.**
- **4 or 5, you are a wood element.**
- **6 or 7, you are a fire element.**
- **8 or 9, you are an earth element.**

For example, if you were born in 1970, your animal sign would be dog, your phase earth and your element metal. Now you can use these 3 and match them with the charts and information shown in this almanac. As an example of how to use this almanac to plan for the year, if your animal

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sign was OX, the OX month is from Jan 6th to Feb 3th of each year and the hours are from 1 a.m. to 3 a.m. January matches your character and personality and you can use the information to plan for that month.

On the following pages the information for each sign lists your animal's traits, strengths and weakness. You may then use that information to strengthen any weak areas you feel you need strengthening or improving. You can also use it for planning important projects that require critical timing.

You can use your element to locate the appropriate diet and lifestyle by using the charts shown at the end of this almanac. You can also use your element to find your lucky numbers, colors, hour, day of week and much more! This is what makes the Tao so exciting, it shows in clear detail how everything unites with all substance in the universe, giving one a clear path to carry out their dreams and achieve their goals.

**How to find your QI peak phase.**

If you have been practicing QI Gong or similar exercises for many years, you will no doubt have discovered that the revitalization energy has certain peaks or times that the rejuvenation energy is stronger. Use the data below to find your seasonal peak each year. Let's use the example of the element metal. The data below shows that QI energy peaks during fall. If you were a metal element, then during sunset at fall would be your peak.

**Element – Season**

**WOOD – SPRING - dawn**

**FIRE – SUMMER – 12 noon**

**EARTH – LATE SUMMER – late  
afternoon**

**METAL – FALL - sunset**

**WATER – WINTER - midnight**

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# The 2019 Feng Shui Planetary Prosperity Almanac and Ephemeris with Organizer



**The 2019 Feng Shui Planetary Prosperity Almanac  
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## 2019 Highlights

### Venus 2019

Venus starts out as the morning star, with Jupiter closing in on it rapidly. By January 22nd it will be separated by less than  $2.5^\circ$  at which time the planetary duo will shine near the bright star the hour before dawn with Saturn making an even closer approach to Venus in February. During March, Venus will be close to the Sun's glare but won't be the evening star until late November. During this time Jupiter and Saturn will catch up with Venus again.

### 2019 Meteor showers

The Geminid and Perseid meteor showers will be hard to see, due to them taking place a couple of days within the full Moon. However the frosty Quadrantid shower will peak around the new Moon, making it an ideal show, as far as lack of moonlight is concerned.

### 2019 Eclipses

There are a total of 5 five eclipses in 2019 with January (20<sup>th</sup> and 21<sup>st</sup>) containing a lunar and July a solar (2<sup>nd</sup>). The January lunar eclipse is almost perfect for viewing in north America and the solar eclipse is perfectly positioned for the Americas, with a complete solar eclipse being visible in Argentina and Chili. The December solar eclipse brings rings of Sun to India, the Arabian Peninsula, Indonesia and Guam.

## JANUARY 2019

13:30 LST Time Begins at 6:55 a.m. PST.

January is the time of year for new beginnings. A time for recovery. A month for ambitions, making others happy, socializing and learning to get organized. It is a month to be fun and enjoy the new beginnings. The name of the first month of the year comes from the Roman god Janus who is the god of doorways and gates as well as beginnings and endings. Janus is usually depicted as having two faces pointing in opposite directions. According to Roman mythology, the god Saturn gave Janus the ability to see into the past and the future.

### **Cow / Ox (Ying -Fixed Element Water)**

Ox years include 1901, 1913, 1925, 1937, 1949, 1961, 1973, 1985, 1997.

The Ox month is from Jan 6th to Feb 3th, and the hours are from 1am to 3am. Ox persons are ambitious, conventional, disciplined, steady, dependable, calm, methodical, fair-minded, logical, patient, hardworking, modest, resolute and tenacious. They can also sometimes be stubborn, narrow-minded, materialistic, rigid, demanding and nurture grievances. The Ox attains their prosperity and success through their natural leadership qualities, fortitude and hard work. They make excellent engineers, dentists, surgeons and archaeologists. They are compatible with individuals born in the years of the Rooster, Snake and Rat.

### **Season - Winter**

Winter forces us to spend more time indoors. It encourages reflection and introspection. We also become much less physically active. It is the time for being objective, artistic and allowing for flexibility. Allow yourself to be yourself. Allow yourself to express more wisdom and awe the beauty winter brings. For healing, warming and heat therapy works best this

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time of year and it is the best time of year to build new body strength. This is the season of fluids flowing all around us in multiple directions at once. A time of quiet willpower and spontaneous sighs. Fear can sometimes feel more intense during winter. The color of winter represents black and darkness. The mind goes through the phase of re-birth and healing as we rest our emotions. This time of contemplation allows us to take a spiritual and physical inventory of our lives and to nurture our emotions and spirit.

Seasonal Healing Sounds for Winter  
Kidneys – FFFFFFFFFFUUUUUUUU

**Healing Color Visualization Exercise**

Kidneys and Bladder / Ears / Water Element

Breathe in deep while focusing on the kidneys. As you breathe out release the sound "HOOOOOO", while visualizing DARK BLUE/INDIGO energy exiting through the ears. Repeat this exercise 6, 9, or more times. You can also visualize dark blue violet light flowing down from the planet mercury filling the kidneys, seeing the dark blue violet protecting, strengthening and bringing the kidneys into a state of peak health and well being.

**Element WATER**

Winter represents cold. Its main action is cooling and moistening. The flowing effect of water is for it to sink to the lowest level. At this level, it either nourishes (as in feeding roots), or causes blockages. If circulation is poor or non-existent, blockages will begin to form, manifesting themselves during spring.

Water types succeed by not allowing their fears to block their full expression of creativity.

Moving water activates its functions. Winter is where energy travels deep within, lying dormant until spring. Qi circulation as well as blood are reduced by the effects of Cold. Cold also stiffens muscles and tendons, especially in the knees and limbs



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of the body. Water represents the Bladder and Kidneys which play a role in urination, or water retention.

**Flavor is SALTY**

Saltiness is Yin energy. It is cooling and has affinity with the season of winter. It enters the kidneys, softens (good), hardens (bad) regulates fluids and detoxifies. Examples of salty foods: shellfish, soy sauce, seaweed and celery.

**Best advice for Winter**

People with Cold in their body, or who are cold sensitive, should take herbs to move the Qi and blood. It is a time to keep warm, meditate or practice bone strengthening resistance exercises. Eat hearty and warming foods. Cook for longer, with less water and at a lower temperature. Steam vegetables. Use more sea salt and include bitter tasting foods in the diet. Eat preserved and fermented foods such as fermented soy bean paste and miso.

**Late Winter to Spring** - Exposure to Cold, Excessive Sweet Foods, Excessive Yogurt, Cheese, Milk and similar dairy, Meat, Excessive Salts, Excessive Water, Overeating, Oversleeping, Lack of Exercise.

**Mental Component** – Doubts, Greed, Possessiveness, Lack of Compassion.

**Season Moon Phase and Character**

**Crescent Moon** (the moon phase just after new)

The seasonal holiday of Candlemas (approximately February 1st).

You charge forward with new impulses and ideas, even in the face of resistance. Your primary mission lies in actualizing new forms into a concrete and objective existence, existing as being separate from the old ways. You are fully invested in purpose, and may be very aware of the challenges that are represented by the status quo. This is because older forms never will yield without effort and struggle.

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<b>January 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 ML King Day	22	23	24	25	26
27	28	29	30	31		

The 2019 Feng Shui Planetary Prosperity Almanac  
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**ALL STAR PLANET RISE/SET TIMES  
ARE IN PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Jan 01 (Tue)	21:09 160	23:26 5S	01:48 200
2019 Jan 02 (Wed)	21:05 160	23:22 5S	01:44 200
2019 Jan 03 (Thu)	21:01 160	23:19 5S	01:40 200
2019 Jan 04 (Fri)	20:57 160	23:15 5S	01:36 200
2019 Jan 05 (Sat)	20:53 160	23:11 5S	01:32 200

**Sirius Rise, Zenith and Set**

2019 Jan 01 (Tue)	18:31 110	23:48 41S	05:09 250
2019 Jan 02 (Wed)	18:27 110	23:44 41S	05:05 250
2019 Jan 03 (Thu)	18:23 110	23:40 41S	05:01 250
2019 Jan 04 (Fri)	18:19 110	23:36 41S	04:57 250
2019 Jan 05 (Sat)	18:15 110	23:32 41S	04:53 250

**Betelgeuse Rise, Zenith and Set**

2019 Jan 01 (Tue)	16:37 81	22:58 65S	05:23 279
2019 Jan 02 (Wed)	16:33 81	22:54 65S	05:19 279
2019 Jan 03 (Thu)	16:30 81	22:50 65S	05:15 279
2019 Jan 04 (Fri)	16:26 81	22:46 65S	05:11 279
2019 Jan 05 (Sat)	16:22 81	22:43 65S	05:07 279

**Arcturus Rise, Zenith and Set**

2019 Jan 01 (Tue)	00:28 67	07:21 76S	14:14 293
2019 Jan 02 (Wed)	00:24 67	07:17 76S	14:10 293
2019 Jan 03 (Thu)	00:20 67	07:13 76S	14:06 293
2019 Jan 04 (Fri)	00:16 67	07:09 76S	14:03 293
2019 Jan 05 (Sat)	00:12 67	07:05 76S	13:59 293

**Polaris Rise, Zenith and Set**

2019 Jan 01 (Tue)	***** **	19:59 33N	***** **	08:01 32N
2019 Jan 02 (Wed)	***** **	19:55 33N	***** **	07:57 32N
2019 Jan 03 (Thu)	***** **	19:51 33N	***** **	07:53 32N
2019 Jan 04 (Fri)	***** **	19:47 33N	***** **	07:49 32N
2019 Jan 05 (Sat)	***** **	19:43 33N	***** **	07:45 32N

(\*\*\*\* denotes object continuously above horizon)

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**Vega Rise, Zenith and Set**

2019 Jan 01 (Tue)	03:34 41	11:41 84N	19:49 319
2019 Jan 02 (Wed)	03:30 41	11:38 84N	19:45 319
2019 Jan 03 (Thu)	03:26 41	11:34 84N	19:41 319
2019 Jan 04 (Fri)	03:22 41	11:30 84N	19:37 319
2019 Jan 05 (Sat)	03:18 41	11:26 84N	19:33 319

**Mercury Rise, Zenith and Set**

2019 Jan 01 (Tue)	05:43 118	10:42 34S	15:41 242
2019 Jan 02 (Wed)	05:46 118	10:45 34S	15:43 242
2019 Jan 03 (Thu)	05:49 118	10:47 34S	15:45 242
2019 Jan 04 (Fri)	05:52 118	10:50 34S	15:48 242
2019 Jan 05 (Sat)	05:55 118	10:52 33S	15:50 242

**Venus Rise, Zenith and Set**

2019 Jan 01 (Tue)	03:13 108	08:35 42S	13:57 252
2019 Jan 02 (Wed)	03:14 108	08:35 42S	13:56 252
2019 Jan 03 (Thu)	03:15 109	08:35 41S	13:56 251
2019 Jan 04 (Fri)	03:15 109	08:35 41S	13:55 251
2019 Jan 05 (Sat)	03:16 109	08:36 41S	13:55 251

**Mars Rise, Zenith and Set**

2019 Jan 01 (Tue)	11:04 90	17:06 57S	23:08 270
2019 Jan 02 (Wed)	11:01 89	17:04 58S	23:08 271
2019 Jan 03 (Thu)	10:59 89	17:03 58S	23:07 271
2019 Jan 04 (Fri)	10:57 89	17:01 58S	23:06 271
2019 Jan 05 (Sat)	10:55 88	17:00 58S	23:05 272

**Jupiter Rise, Zenith and Set**

2019 Jan 01 (Tue)	04:43 116	09:46 36S	14:50 244
2019 Jan 02 (Wed)	04:40 116	09:43 36S	14:46 244
2019 Jan 03 (Thu)	04:37 116	09:40 36S	14:43 244
2019 Jan 04 (Fri)	04:34 116	09:37 36S	14:40 244
2019 Jan 05 (Sat)	04:31 116	09:34 36S	14:37 244

**The 2019 Feng Shui Planetary Prosperity Almanac  
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**Saturn Rise, Zenith and Set**

<b>2019 Jan 01 (Tue)</b>	<b>06:53 117</b>	<b>11:54 35S</b>	<b>16:54 243</b>
<b>2019 Jan 02 (Wed)</b>	<b>06:50 117</b>	<b>11:50 35S</b>	<b>16:51 243</b>
<b>2019 Jan 03 (Thu)</b>	<b>06:46 117</b>	<b>11:47 35S</b>	<b>16:47 243</b>
<b>2019 Jan 04 (Fri)</b>	<b>06:43 117</b>	<b>11:43 35S</b>	<b>16:44 243</b>
<b>2019 Jan 05 (Sat)</b>	<b>06:39 117</b>	<b>11:40 35S</b>	<b>16:41 243</b>

## FEBRUARY 2019

13:30 LST Time Begins at 4:50 a.m. PST

### **Tiger (Yang - Fixed Element Wood)**

Tiger years include 1902, 1914, 1926, 1938, 1950, 1962, 1974, 1986, 1998. The month of Tigers are from Feb 4 to Mar 5. The hours of Tigers are from 3am to 5am. Tiger persons are daring, impulsive, vigorous, unpredictable, rebellious, colorful, powerful, affectionate, humanitarian, passionate, stimulating, sincere and generous. They can sometimes become impatient, quick-tempered, restless, reckless, obstinate and selfish. Tiger persons have faith in luck. They utilize their charisma and their daring to achieve success. Their humanitarian instincts and idealism lead them to their goals. Tiger people make good writers, pilots, actors and police officers. Tigers are compatible with Horses, Dragons and Dogs.

February is the month to uncover hidden knowledge and expand one's spiritual growth. This is the time that the energies of the constellation Aquarius are at their strongest. A time to access deeper knowledge. A time to awaken to the unity with the one creative source. It is the time of year an inner awakening occurs.

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<b>February 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 Valentine's Day	15	16
17	18 Presidents' Day	19	20	21	22	23
24	25	26	27	28		

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**ALL STAR / PLANET RISE/SET  
TIMES ARE IN PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Feb 01 (Fri)	19:07 160	21:24 5S	23:42 200
2019 Feb 02 (Sat)	19:03 160	21:21 5S	23:38 200
2019 Feb 03 (Sun)	18:59 160	21:17 5S	23:34 200
2019 Feb 04 (Mon)	18:56 160	21:13 5S	23:30 200
2019 Feb 05 (Tue)	18:52 160	21:09 5S	23:26 200

**Sirius Rise, Zenith and Set**

2019 Feb 01 (Fri)	16:29 110	21:46 41S	03:07 250
2019 Feb 02 (Sat)	16:25 110	21:42 41S	03:03 250
2019 Feb 03 (Sun)	16:21 110	21:38 41S	02:59 250
2019 Feb 04 (Mon)	16:17 110	21:34 41S	02:56 250
2019 Feb 05 (Tue)	16:13 110	21:30 41S	02:52 250

**Betelgeuse Rise, Zenith and Set**

2019 Feb 01 (Fri)	14:36 81	20:56 65S	03:21 279
2019 Feb 02 (Sat)	14:32 81	20:52 65S	03:17 279
2019 Feb 03 (Sun)	14:28 81	20:49 65S	03:13 279
2019 Feb 04 (Mon)	14:24 81	20:45 65S	03:09 279
2019 Feb 05 (Tue)	14:20 81	20:41 65S	03:05 279

**Arcturus Rise, Zenith and Set**

2019 Feb 01 (Fri)	22:22 67	05:19 76S	12:12 293
2019 Feb 02 (Sat)	22:18 67	05:15 76S	12:09 293
2019 Feb 03 (Sun)	22:14 67	05:11 76S	12:05 293
2019 Feb 04 (Mon)	22:10 67	05:07 76S	12:01 293
2019 Feb 05 (Tue)	22:06 67	05:04 76S	11:57 293

**Polaris Rise, Zenith and Set**

2019 Feb 01 (Fri)	***** **	17:57 33N	***** **	05:58 32N
2019 Feb 02 (Sat)	***** **	17:53 33N	***** **	05:55 32N
2019 Feb 03 (Sun)	***** **	17:49 33N	***** **	05:51 32N
2019 Feb 04 (Mon)	***** **	17:45 33N	***** **	05:47 32N
2019 Feb 05 (Tue)	***** **	17:41 33N	***** **	05:43 32N

(\*\*\*\* denotes object continuously above horizon)

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**Vega Rise, Zenith and Set**

<b>2019 Feb 01 (Fri)</b>	<b>01:32 41</b>	<b>09:40 84N</b>	<b>17:47 319</b>
<b>2019 Feb 02 (Sat)</b>	<b>01:28 41</b>	<b>09:36 84N</b>	<b>17:43 319</b>
<b>2019 Feb 03 (Sun)</b>	<b>01:24 41</b>	<b>09:32 84N</b>	<b>17:39 319</b>
<b>2019 Feb 04 (Mon)</b>	<b>01:20 41</b>	<b>09:28 84N</b>	<b>17:35 319</b>
<b>2019 Feb 05 (Tue)</b>	<b>01:17 41</b>	<b>09:24 84N</b>	<b>17:31 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 Feb 01 (Fri)</b>	<b>06:59 112</b>	<b>12:12 39S</b>	<b>17:27 248</b>
<b>2019 Feb 02 (Sat)</b>	<b>07:00 111</b>	<b>12:16 39S</b>	<b>17:32 249</b>
<b>2019 Feb 03 (Sun)</b>	<b>07:02 110</b>	<b>12:19 40S</b>	<b>17:36 250</b>
<b>2019 Feb 04 (Mon)</b>	<b>07:03 110</b>	<b>12:22 41S</b>	<b>17:41 251</b>
<b>2019 Feb 05 (Tue)</b>	<b>07:04 109</b>	<b>12:25 41S</b>	<b>17:46 251</b>

**Venus Rise, Zenith and Set**

<b>2019 Feb 01 (Fri)</b>	<b>03:45 115</b>	<b>08:51 36S</b>	<b>13:58 245</b>
<b>2019 Feb 02 (Sat)</b>	<b>03:46 115</b>	<b>08:52 36S</b>	<b>13:58 245</b>
<b>2019 Feb 03 (Sun)</b>	<b>03:47 115</b>	<b>08:53 36S</b>	<b>13:59 245</b>
<b>2019 Feb 04 (Mon)</b>	<b>03:48 115</b>	<b>08:54 36S</b>	<b>14:00 245</b>
<b>2019 Feb 05 (Tue)</b>	<b>03:49 115</b>	<b>08:55 36S</b>	<b>14:01 245</b>

**Mars Rise, Zenith and Set**

<b>2019 Feb 01 (Fri)</b>	<b>09:56 79</b>	<b>16:20 66S</b>	<b>22:45 281</b>
<b>2019 Feb 02 (Sat)</b>	<b>09:53 79</b>	<b>16:19 66S</b>	<b>22:45 281</b>
<b>2019 Feb 03 (Sun)</b>	<b>09:51 79</b>	<b>16:17 66S</b>	<b>22:44 281</b>
<b>2019 Feb 04 (Mon)</b>	<b>09:49 78</b>	<b>16:16 67S</b>	<b>22:43 282</b>
<b>2019 Feb 05 (Tue)</b>	<b>09:47 78</b>	<b>16:15 67S</b>	<b>22:43 282</b>

**Jupiter Rise, Zenith and Set**

<b>2019 Feb 01 (Fri)</b>	<b>03:09 116</b>	<b>08:10 35S</b>	<b>13:11 244</b>
<b>2019 Feb 02 (Sat)</b>	<b>03:05 116</b>	<b>08:07 35S</b>	<b>13:08 244</b>
<b>2019 Feb 03 (Sun)</b>	<b>03:02 116</b>	<b>08:03 35S</b>	<b>13:05 244</b>
<b>2019 Feb 04 (Mon)</b>	<b>02:59 116</b>	<b>08:00 35S</b>	<b>13:01 244</b>
<b>2019 Feb 05 (Tue)</b>	<b>02:56 116</b>	<b>07:57 35S</b>	<b>12:58 244</b>

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**Saturn Rise, Zenith and Set**

<b>2019 Feb 01 (Fri)</b>	<b>05:05 116</b>	<b>10:07 35S</b>	<b>15:09 244</b>
<b>2019 Feb 02 (Sat)</b>	<b>05:02 116</b>	<b>10:04 35S</b>	<b>15:05 244</b>
<b>2019 Feb 03 (Sun)</b>	<b>04:58 116</b>	<b>10:00 35S</b>	<b>15:02 244</b>
<b>2019 Feb 04 (Mon)</b>	<b>04:55 116</b>	<b>09:57 35S</b>	<b>14:58 244</b>
<b>2019 Feb 05 (Tue)</b>	<b>04:51 116</b>	<b>09:53 35S</b>	<b>14:55 244</b>

## MARCH 2019

13:30 LST Time Begins at 3:00 a.m. PST

This is the best season to have enthusiasm and a positive attitude. Spring is a time to watch for anger and impatience as we are more sensitive to these emotions than usual. Kindness is the Emotion to counter excessive anger. This is the time of year motivation and self-improvement help to create new beginnings and birth new projects into fruition. Therefore, it is a good time to plan and prepare for the surprises spring brings. An excellent time of year for looking for new homes or relocating. This is the time of year inspiration affects us and colors seem more vivid and alive. A time we feel like shouting with enthusiasm as new life emerges. This is the most spiritual time of the year with prayer being the most effective. The color of spring is green. Spring is the best time of year to cleanse, detox or fast.

### **Rabbit (Ying - Fixed Element Wood)**

Rabbit years are 1903, 1915, 1927, 1939, 1951, 1963, 1975, 1987, 1999.

Rabbit month is from Mar 6th to Apr 4th. The hours of Rabbits are from 5am to 7am. Rabbit persons are kind, sensitive, soft-spoken, self-assured, astute, amiable, elegant, reserved, gracious, cautious, artistic, thorough, tender, compassionate and flexible. They can sometimes become self-indulgent, opportunistic, moody, detached, superficial and lazy. Rabbit people pursue their objectives methodically, yet unobtrusively by using friendliness and amiability to achieve their aims. They are also good at using inscrutability and astuteness to outwit their opponents. Rabbits are most compatible with individuals born in the years of the Pig, Sheep and Dog.

The 2019 Feng Shui Planetary Prosperity Almanac  
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## Seasonal Healing Sounds for Spring

Liver – SSSSSHHHHHUUUUUU

## Healing Color Visualization Exercise

Liver and Gall Bladder / Eyes / Wood Element

Breathe in deep and focus on the liver. As you breathe out release the sound "SHHHHHH", while visualizing GREEN energy exiting through the eyes. Repeat this exercise 3, 6, 9, or more times.

## Element WOOD

Hibernating Energy bursts forth. This is the time of most rapid change and development.

Wood types succeed by putting into motion bold plans and new projects using their imagination and compassion.

Spring represents Wind. The Chinese character for Wind is a violent gust sending forth a small insect carrying illness through the air. It implies violent movement. Spring is when energy and movement are vigorous and ascending. It carries with it the idea of change and new growth.

## Flavor is SOUR

Examples of sour food include: grapefruit, trout, tomato and lemon. Sourness is Yin energy, cooling, contracting and astringent, creates tension (*bad*), stops leakage and consolidates (*good*).

**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**

## **Best advice for Spring**

Spring is the time we are particularly susceptible to colds and viruses. It is when allergies begin. It is key to protect yourself from the effects of Wind by dressing warmly. In particular, wear clothing that protects from draughts around the neck or chest. Metal types (*a term used in Traditional Chinese medicine*) should choose herbs that enhance the Qi and Lungs.

People suffering from hay fever should choose herbs from the phlegm category, especially Liver herbs. Take part in brisk activities by not over-exercising. Eating less and simply is key this time of year. Also, undergoing a detoxifying fast to clear the fats stored up over winter also helps a lot. Light foods such as young plants are key as well as light raw, sweet and pungent foods. Food should be cooked at a high temperature for as brief as period as possible. As summer approaches, the energy levels from spring begin peaking. Now the heat from summer starts causing friction within the body's immune system.

## **Season Moon Phase and Character**

### **First Quarter Moon**

The Vernal Equinox. (March 21st)

You are a willful builder of new structures for yourself and society. You characteristically exert utmost effort in order to achieve objectives of bringing new forms into reality. This is so even if resistance is occurring.

**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**



The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer

<b>March 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer

**ALL STAR AND PLANET /RISE SET  
TIMES ARE IN PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Mar 01 (Fri)	17:17 160	19:34 5S	21:52 200
2019 Mar 02 (Sat)	17:13 160	19:30 5S	21:48 200
2019 Mar 03 (Sun)	17:09 160	19:27 5S	21:44 200
2019 Mar 04 (Mon)	17:05 160	19:23 5S	21:40 200
2019 Mar 05 (Tue)	17:02 160	19:19 5S	21:36 200

**Sirius Rise, Zenith and Set**

2019 Mar 01 (Fri)	14:39 110	19:56 41S	01:17 250
2019 Mar 02 (Sat)	14:35 110	19:52 41S	01:13 250
2019 Mar 03 (Sun)	14:31 110	19:48 41S	01:09 250
2019 Mar 04 (Mon)	14:27 110	19:44 41S	01:05 250
2019 Mar 05 (Tue)	14:23 110	19:40 41S	01:01 250

**Betelgeuse Rise, Zenith and Set**

2019 Mar 01 (Fri)	12:45 81	19:06 65S	01:31 279
2019 Mar 02 (Sat)	12:41 81	19:02 65S	01:27 279
2019 Mar 03 (Sun)	12:38 81	18:58 65S	01:23 279
2019 Mar 04 (Mon)	12:34 81	18:54 65S	01:19 279
2019 Mar 05 (Tue)	12:30 81	18:51 65S	01:15 279

**Arcturus Rise, Zenith and Set**

2019 Mar 01 (Fri)	20:32 67	03:29 76S	10:22 293
2019 Mar 02 (Sat)	20:28 67	03:25 76S	10:18 293
2019 Mar 03 (Sun)	20:24 67	03:21 76S	10:15 293
2019 Mar 04 (Mon)	20:20 67	03:17 76S	10:11 293
2019 Mar 05 (Tue)	20:16 67	03:13 76S	10:07 293

**Polaris Rise, Zenith and Set**

2019 Mar 01 (Fri)	***** **	16:06 33N	***** **	04:08 32N
2019 Mar 02 (Sat)	***** **	16:02 33N	***** **	04:04 32N
2019 Mar 03 (Sun)	***** **	15:58 33N	***** **	04:00 32N
2019 Mar 04 (Mon)	***** **	15:54 33N	***** **	03:56 32N
2019 Mar 05 (Tue)	***** **	15:50 33N	***** **	03:52 32N

**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**

**Vega, Rise, Zenith and Set**

<b>2019 Mar 01 (Fri)</b>	<b>23:38 41</b>	<b>07:49 84N</b>	<b>15:57 319</b>
<b>2019 Mar 02 (Sat)</b>	<b>23:34 41</b>	<b>07:46 84N</b>	<b>15:53 319</b>
<b>2019 Mar 03 (Sun)</b>	<b>23:30 41</b>	<b>07:42 84N</b>	<b>15:49 319</b>
<b>2019 Mar 04 (Mon)</b>	<b>23:26 41</b>	<b>07:38 84N</b>	<b>15:45 319</b>
<b>2019 Mar 05 (Tue)</b>	<b>23:23 41</b>	<b>07:34 84N</b>	<b>15:41 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 Mar 01 (Fri)</b>	<b>06:57 88</b>	<b>13:02 59S</b>	<b>19:08 272</b>
<b>2019 Mar 02 (Sat)</b>	<b>06:53 88</b>	<b>13:00 59S</b>	<b>19:07 273</b>
<b>2019 Mar 03 (Sun)</b>	<b>06:49 87</b>	<b>12:57 59S</b>	<b>19:04 273</b>
<b>2019 Mar 04 (Mon)</b>	<b>06:45 87</b>	<b>12:53 60S</b>	<b>19:01 273</b>
<b>2019 Mar 05 (Tue)</b>	<b>06:41 87</b>	<b>12:49 60S</b>	<b>18:58 274</b>

**Venus Rise, Zenith and Set**

<b>2019 Mar 01 (Fri)</b>	<b>04:09 113</b>	<b>09:20 38S</b>	<b>14:31 247</b>
<b>2019 Mar 02 (Sat)</b>	<b>04:10 113</b>	<b>09:21 38S</b>	<b>14:32 247</b>
<b>2019 Mar 03 (Sun)</b>	<b>04:10 112</b>	<b>09:22 38S</b>	<b>14:34 248</b>
<b>2019 Mar 04 (Mon)</b>	<b>04:10 112</b>	<b>09:23 38S</b>	<b>14:36 248</b>
<b>2019 Mar 05 (Tue)</b>	<b>04:11 112</b>	<b>09:24 39S</b>	<b>14:37 248</b>

**Mars Rise, Zenith and Set**

<b>2019 Mar 01 (Fri)</b>	<b>08:58 71</b>	<b>15:42 73S</b>	<b>22:26 289</b>
<b>2019 Mar 02 (Sat)</b>	<b>08:56 71</b>	<b>15:41 73S</b>	<b>22:25 289</b>
<b>2019 Mar 03 (Sun)</b>	<b>08:54 71</b>	<b>15:39 73S</b>	<b>22:25 290</b>
<b>2019 Mar 04 (Mon)</b>	<b>08:53 70</b>	<b>15:38 73S</b>	<b>22:24 290</b>
<b>2019 Mar 05 (Tue)</b>	<b>08:51 70</b>	<b>15:37 74S</b>	<b>22:23 290</b>

The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer

**Jupiter Rise, Zenith and Set**

2019 Mar 01 (Fri)	01:37 117	06:37 35S	11:38 243
2019 Mar 02 (Sat)	01:33 117	06:34 35S	11:34 243
2019 Mar 03 (Sun)	01:30 117	06:30 35S	11:31 243
2019 Mar 04 (Mon)	01:27 117	06:27 35S	11:27 243
2019 Mar 05 (Tue)	01:23 117	06:23 35S	11:24 243

**Saturn Rise, Zenith and Set**

2019 Mar 01 (Fri)	03:26 116	08:29 35S	13:31 244
2019 Mar 02 (Sat)	03:23 116	08:25 35S	13:28 244
2019 Mar 03 (Sun)	03:19 116	08:22 35S	13:24 244
2019 Mar 04 (Mon)	03:15 116	08:18 35S	13:21 244
2019 Mar 05 (Tue)	03:12 116	08:14 35S	13:17 244

## APRIL 2019

13:30 LST Time Begins at 1:02 A.M. PST

April is a good month for travel. A creative period where one can be bold. It is the month to avoid becoming introverted and to avoid becoming too critical and striving for perfection. April is a good month for continued momentum of goals and a time to begin reconnecting with the outdoors. The mind is stronger this time of year and it is easier to get motivated.

Seasonal Healing Sounds for Late Spring  
SSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSS

### **Dragon (Yang -Fixed Element Wood)**

Dragon years include 1904, 1916, 1928, 1940, 1952, 1964, 1976, 1988, 2000, 2012. The month of Dragons are from April 5th to May 4th. Dragon hours are from 7am to 9am. Dragon persons are pioneering, ambitious, generous self-assured, proud, direct, eager, zealous, magnanimous, vigorous, strong, fiery, passionate, decisive, loyal and idealistic. They may sometimes become dogmatic, arrogant, demanding, eccentric, over-bearing, impetuous and brash. Dragons love a mission or goal in their lives and they rely on their strengths and inner confidence to achieve it. They make excellent educators, instructors and sportspeople. Dragons are compatible with those individuals born in the years of the Rat, the Monkey, the Snake and the Rooster.

### **Season Moon Phase and Character**

**Gibbous Moon** (the period just before a full moon)

The cross-quarter holiday of Beltane (approximately May 1st)  
You become powerfully drawn to the accomplishment of goals with an analytical and detailed mind. You have passion for the perfection and building of new forms and structures and will not be content with the common status quo of outmoded conceptions. Nor will you be satisfied with any hesitation to move forward with the new which you feel needs to be perfected so that it may achieve its true potential.

**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**

The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer

<b>April 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 Good Friday	20
21 Easter	22	23	24	25	26	27
28	29	30				

The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer

**ALL STAR AND PLANET RISE/SET TIMES ARE IN  
PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Apr 01 (Mon)	16:15 160	18:32 5S	20:50 200
2019 Apr 02 (Tue)	16:11 160	18:29 5S	20:46 200
2019 Apr 03 (Wed)	16:07 160	18:25 5S	20:42 200
2019 Apr 04 (Thu)	16:04 160	18:21 5S	20:38 200
2019 Apr 05 (Fri)	16:00 160	18:17 5S	20:34 200

**Sirius Rise, Zenith and Set**

2019 Apr 01 (Mon)	13:37 110	18:54 41S	00:15 250
2019 Apr 02 (Tue)	13:33 110	18:50 41S	00:11 250
2019 Apr 03 (Wed)	13:29 110	18:46 41S	00:07 250
2019 Apr 04 (Thu)	13:25 110	18:42 41S	00:04 250
2019 Apr 05 (Fri)	13:21 110	18:38 41S	23:56 250

**Betelgeuse Rise, Zenith and Set**

2019 Apr 01 (Mon)	11:44 81	18:04 65S	00:29 279
2019 Apr 02 (Tue)	11:40 81	18:00 65S	00:25 279
2019 Apr 03 (Wed)	11:36 81	17:57 65S	00:21 279
2019 Apr 04 (Thu)	11:32 81	17:53 65S	00:17 279
2019 Apr 05 (Fri)	11:28 81	17:49 65S	00:13 279

**Arcturus Rise, Zenith and Set**

2019 Apr 01 (Mon)	19:30 67	02:27 76S	09:21 293
2019 Apr 02 (Tue)	19:26 67	02:23 76S	09:17 293
2019 Apr 03 (Wed)	19:22 67	02:19 76S	09:13 293
2019 Apr 04 (Thu)	19:18 67	02:16 76S	09:09 293
2019 Apr 05 (Fri)	19:14 67	02:12 76S	09:05 293

**Polaris Rise, Zenith and Set**

2019 Apr 01 (Mon)	***** **	15:03 33N	***** **	03:05 32N
2019 Apr 02 (Tue)	***** **	14:59 33N	***** **	03:01 32N
2019 Apr 03 (Wed)	***** **	14:55 33N	***** **	02:57 32N
2019 Apr 04 (Thu)	***** **	14:51 33N	***** **	02:53 32N
2019 Apr 05 (Fri)	***** **	14:47 33N	***** **	02:49 32N



**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**

**Vega Rise, Zenith and Set**

<b>2019 Apr 01 (Mon)</b>	<b>22:36 41</b>	<b>06:48 84N</b>	<b>14:55 319</b>
<b>2019 Apr 02 (Tue)</b>	<b>22:32 41</b>	<b>06:44 84N</b>	<b>14:51 319</b>
<b>2019 Apr 03 (Wed)</b>	<b>22:29 41</b>	<b>06:40 84N</b>	<b>14:47 319</b>
<b>2019 Apr 04 (Thu)</b>	<b>22:25 41</b>	<b>06:36 84N</b>	<b>14:43 319</b>
<b>2019 Apr 05 (Fri)</b>	<b>22:21 41</b>	<b>06:32 84N</b>	<b>14:39 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 Apr 01 (Mon)</b>	<b>05:34 96</b>	<b>11:22 52S</b>	<b>17:09 264</b>
<b>2019 Apr 02 (Tue)</b>	<b>05:32 96</b>	<b>11:20 52S</b>	<b>17:07 264</b>
<b>2019 Apr 03 (Wed)</b>	<b>05:30 96</b>	<b>11:18 52S</b>	<b>17:06 264</b>
<b>2019 Apr 04 (Thu)</b>	<b>05:28 96</b>	<b>11:16 52S</b>	<b>17:04 264</b>
<b>2019 Apr 05 (Fri)</b>	<b>05:27 96</b>	<b>11:15 52S</b>	<b>17:03 264</b>

**Venus Rise, Zenith and Set**

<b>2019 Apr 01 (Mon)</b>	<b>05:09 101</b>	<b>10:46 47S</b>	<b>16:24 259</b>
<b>2019 Apr 02 (Tue)</b>	<b>05:08 101</b>	<b>10:47 48S</b>	<b>16:26 259</b>
<b>2019 Apr 03 (Wed)</b>	<b>05:08 100</b>	<b>10:47 48S</b>	<b>16:27 260</b>
<b>2019 Apr 04 (Thu)</b>	<b>05:08 100</b>	<b>10:48 49S</b>	<b>16:29 260</b>
<b>2019 Apr 05 (Fri)</b>	<b>05:07 99</b>	<b>10:49 49S</b>	<b>16:31 261</b>

**Mars Rise, Zenith and Set**

<b>2019 Apr 01 (Mon)</b>	<b>09:03 64</b>	<b>16:04 79S</b>	<b>23:05 296</b>
<b>2019 Apr 02 (Tue)</b>	<b>09:01 64</b>	<b>16:03 79S</b>	<b>23:04 296</b>
<b>2019 Apr 03 (Wed)</b>	<b>09:00 64</b>	<b>16:01 79S</b>	<b>23:03 296</b>
<b>2019 Apr 04 (Thu)</b>	<b>08:58 64</b>	<b>16:00 79S</b>	<b>23:02 297</b>
<b>2019 Apr 05 (Fri)</b>	<b>08:57 63</b>	<b>15:59 79S</b>	<b>23:02 297</b>

**Jupiter Rise, Zenith and Set**

<b>2019 Apr 01 (Mon)</b>	<b>00:45 117</b>	<b>05:45 35S</b>	<b>10:45 243</b>
<b>2019 Apr 02 (Tue)</b>	<b>00:41 117</b>	<b>05:41 35S</b>	<b>10:41 243</b>
<b>2019 Apr 03 (Wed)</b>	<b>00:38 117</b>	<b>05:38 35S</b>	<b>10:37 243</b>
<b>2019 Apr 04 (Thu)</b>	<b>00:34 117</b>	<b>05:34 35S</b>	<b>10:34 243</b>
<b>2019 Apr 05 (Fri)</b>	<b>00:30 117</b>	<b>05:30 35S</b>	<b>10:30 243</b>

The 2019 Feng Shui Planetary Prosperity Almanac  
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**Saturn Rise, Zenith and Set**

<b>2019 Apr 01 (Mon)</b>	<b>02:32 116</b>	<b>07:36 36S</b>	<b>12:39 244</b>
<b>2019 Apr 02 (Tue)</b>	<b>02:29 115</b>	<b>07:32 36S</b>	<b>12:35 245</b>
<b>2019 Apr 03 (Wed)</b>	<b>02:25 115</b>	<b>07:28 36S</b>	<b>12:31 245</b>
<b>2019 Apr 04 (Thu)</b>	<b>02:21 115</b>	<b>07:24 36S</b>	<b>12:28 245</b>
<b>2019 Apr 05 (Fri)</b>	<b>02:17 115</b>	<b>07:21 36S</b>	<b>12:24 245</b>

## MAY 2019

13:30 LST Time Begins at 11 p.m. PST

May is the month for healing on all levels from financial to physical. It is the time of love and success. A time to plan to increase your material success and to recognize and feel the abundance of Love, Joy and Peace that exists all around us. May is also a good month to explore literature and the arts and to begin a physical routine for health as the approach of summer begins.

### **Snake (Ying - Fixed Element Fire)**

Snake years include 1905, 1917, 1929, 1941, 1953, 1965, 1977, 1989, 2001.

The month of Snakes are from May 5th to Jun 5th. Snake hours are from 9am to 11am. Snake persons are mystic, ambitious, elegant, cautious, graceful, soft-spoken, sensual, creative, prudent, shrewd, deep thinkers, wise, responsible, calm, strong, constant and purposeful. They may sometimes become loners, ruthless, distrustful, bad communicators, possessive, hedonistic, controlling and vengeful. Like the Rat, Snake people may pursue goals ruthlessly and with calculation. They may aim for control through power. Snakes make excellent politicians, business persons, teachers, theologians and philosophers. Snakes are most compatible with those individuals born in the years of the Ox and Rooster.

**The 2019 Feng Shui Planetary Prosperity Almanac  
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The 2019 Feng Shui Planetary Prosperity Almanac  
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<b>May 2019</b>							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3	4
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
Mother's Day							
19	20	21	22	23	24	25	
26	27	28	29	30	31		
	Memorial Day						

The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer

**ALL STAR AND PLANET RISE/SET  
TIMES ARE IN PACIFIC STANDARD  
TIME**

**Canopus Rise, Zenith and Set**

2019 May 01 (Wed)	14:17 160	16:35 5S	18:52 200
2019 May 02 (Thu)	14:13 160	16:31 5S	18:48 200
2019 May 03 (Fri)	14:09 160	16:27 5S	18:44 200
2019 May 04 (Sat)	14:06 160	16:23 5S	18:40 200
2019 May 05 (Sun)	14:02 160	16:19 5S	18:36 200

**Sirius Rise, Zenith and Set**

2019 May 01 (Wed)	11:39 110	16:56 41S	22:13 250
2019 May 02 (Thu)	11:35 110	16:52 41S	22:09 250
2019 May 03 (Fri)	11:31 110	16:48 41S	22:06 250
2019 May 04 (Sat)	11:27 110	16:44 41S	22:02 250
2019 May 05 (Sun)	11:23 110	16:40 41S	21:58 250

**Betelgeuse Rise, Zenith and Set**

2019 May 01 (Wed)	09:46 81	16:06 65S	22:27 279
2019 May 02 (Thu)	09:42 81	16:02 65S	22:23 279
2019 May 03 (Fri)	09:38 81	15:59 65S	22:19 279
2019 May 04 (Sat)	09:34 81	15:55 65S	22:15 279
2019 May 05 (Sun)	09:30 81	15:51 65S	22:12 279

**Arcturus Rise, Zenith and Set**

2019 May 01 (Wed)	17:32 67	00:29 76S	07:23 293
2019 May 02 (Thu)	17:28 67	00:25 76S	07:19 293
2019 May 03 (Fri)	17:24 67	00:21 76S	07:15 293
2019 May 04 (Sat)	17:20 67	00:18 76S	07:11 293
2019 May 05 (Sun)	17:16 67	00:14 76S	07:07 293

**Polaris Rise, Zenith and Set**

2019 May 01 (Wed)	***** **	13:05 33N	***** **	01:07 32N
2019 May 02 (Thu)	***** **	13:01 33N	***** **	01:03 32N
2019 May 03 (Fri)	***** **	12:57 33N	***** **	00:59 32N
2019 May 04 (Sat)	***** **	12:53 33N	***** **	00:55 32N
2019 May 05 (Sun)	***** **	12:49 33N	***** **	00:51 32N

**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**

**Vega Rise, Zenith and Set**

<b>2019 May 01 (Wed)</b>	<b>20:38 41</b>	<b>04:50 84N</b>	<b>12:57 319</b>
<b>2019 May 02 (Thu)</b>	<b>20:35 41</b>	<b>04:46 84N</b>	<b>12:53 319</b>
<b>2019 May 03 (Fri)</b>	<b>20:31 41</b>	<b>04:42 84N</b>	<b>12:49 319</b>
<b>2019 May 04 (Sat)</b>	<b>20:27 41</b>	<b>04:38 84N</b>	<b>12:45 319</b>
<b>2019 May 05 (Sun)</b>	<b>20:23 41</b>	<b>04:34 84N</b>	<b>12:41 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 May 01 (Wed)</b>	<b>05:15 83</b>	<b>11:33 63S</b>	<b>17:52 278</b>
<b>2019 May 02 (Thu)</b>	<b>05:15 82</b>	<b>11:35 64S</b>	<b>17:57 279</b>
<b>2019 May 03 (Fri)</b>	<b>05:16 81</b>	<b>11:38 65S</b>	<b>18:01 279</b>
<b>2019 May 04 (Sat)</b>	<b>05:16 80</b>	<b>11:40 65S</b>	<b>18:05 280</b>
<b>2019 May 05 (Sun)</b>	<b>05:17 79</b>	<b>11:43 66S</b>	<b>18:10 281</b>

**Venus Rise, Zenith and Set**

<b>2019 May 01 (Wed)</b>	<b>04:51 85</b>	<b>11:03 61S</b>	<b>17:16 275</b>
<b>2019 May 02 (Thu)</b>	<b>04:50 85</b>	<b>11:04 61S</b>	<b>17:18 276</b>
<b>2019 May 03 (Fri)</b>	<b>04:50 84</b>	<b>11:04 62S</b>	<b>17:19 276</b>
<b>2019 May 04 (Sat)</b>	<b>04:49 84</b>	<b>11:05 62S</b>	<b>17:21 277</b>
<b>2019 May 05 (Sun)</b>	<b>04:48 83</b>	<b>11:05 63S</b>	<b>17:23 277</b>

**Mars Rise, Zenith and Set**

<b>2019 May 01 (Wed)</b>	<b>08:20 60</b>	<b>15:30 81S</b>	<b>22:40 300</b>
<b>2019 May 02 (Thu)</b>	<b>08:19 60</b>	<b>15:29 81S</b>	<b>22:39 300</b>
<b>2019 May 03 (Fri)</b>	<b>08:18 60</b>	<b>15:28 82S</b>	<b>22:38 300</b>
<b>2019 May 04 (Sat)</b>	<b>08:16 60</b>	<b>15:27 82S</b>	<b>22:37 300</b>
<b>2019 May 05 (Sun)</b>	<b>08:15 60</b>		<b>15:26 82S</b>

**Jupiter Rise, Zenith and Set**

<b>2019 May 01 (Wed)</b>	<b>22:41 117</b>	<b>03:45 35S</b>	<b>08:45 243</b>
<b>2019 May 02 (Thu)</b>	<b>22:37 117</b>	<b>03:41 35S</b>	<b>08:41 243</b>
<b>2019 May 03 (Fri)</b>	<b>22:32 117</b>	<b>03:36 35S</b>	<b>08:36 243</b>
<b>2019 May 04 (Sat)</b>	<b>22:28 117</b>	<b>03:32 35S</b>	<b>08:32 243</b>
<b>2019 May 05 (Sun)</b>	<b>22:24 117</b>	<b>03:28 35S</b>	<b>08:28 243</b>

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**Saturn Rise, Zenith and Set**

<b>2019 May 01 (Wed)</b>	<b>00:37 115</b>	<b>05:40 36S</b>	<b>10:44 245</b>
<b>2019 May 02 (Thu)</b>	<b>00:33 115</b>	<b>05:37 36S</b>	<b>10:40 245</b>
<b>2019 May 03 (Fri)</b>	<b>00:29 115</b>	<b>05:33 36S</b>	<b>10:36 245</b>
<b>2019 May 04 (Sat)</b>	<b>00:25 115</b>	<b>05:29 36S</b>	<b>10:32 245</b>
<b>2019 May 05 (Sun)</b>	<b>00:21 115</b>	<b>05:25 36S</b>	<b>10:28 245</b>



## JUNE 2019

13:30 LST Time Begins at 9 p.m. PST

Summer is an excellent time of year to connect with nature spirits, take herbs, learn or perform astral travel, soul work and to learn the hidden knowledge of plants and stones. This season brings out joy and surprise with the strong scents of summer being carried upon the warm moving winds. This season allows us to aspire to greater things and expand our horizons of what we thought was not possible.

Summer is a season of growth, expansion and fruition. We move with greater effort. We feel energized by longer days and warmer nights, bringing with them the emotions of the joys of life and love. Summer is also a time to watch for excess hysteria and excitement. It is a time for being expressive, outgoing and for socializing.

Seasonal Healing Sounds for Summer  
Heart – HHHHAAAAAAAAAAAAAAAAAAAAA

### **Horse (Yang - Fixed Element Fire)**

Horse years include 1906, 1918, 1930, 1942, 1954, 1966, 1978, 1990, 2002. The month of Horses are from Jun 6th to Jul 6th. Horse hours are from 11am to 1pm. Horses are agile mentally, are talkative and are physically magnetic. They are intelligent, perceptive, astute, flexible, cheerful, popular, earthy, quick-witted, changeable and open-minded. Horses are prone to becoming hot-tempered and stubborn, lacking stability and perseverance. They may also become rude, and impetuous. A Horse person's success and performance relies on their astuteness, keen mind and persuasive ability to achieve their objectives. Horses are compatible with those individuals born under the signs of Dogs, Tigers and Sheep.

## Healing Color Visualization Exercise

### Heart, Pericardium and Small Intestine / Tongue / Fire Element

Breathe in deep while focusing on the heart. As you breathe out release the sound "HAAAWWW", while visualizing RED energy exiting through the tip of the tongue. Repeat this exercise 3, 6, 9, or more times.

### Element FIRE

The color of summer represents red. Summer is Heat. Heat and Fire exist as Yang energies. Heat is warming, activating, drying and energizing.

Yang peaks during midsummer. This manifests as brightness, activity, growth, creativity and joy. Heat is required for transformation, especially the growth of plants. When heat is excessive it turns to fire, the heat is now out of control and sickness results.

Heat rules perspiration and speech. Excessive Heat (*Fire Element*) can cause heatstroke. This can cause some people to become incoherent and sweaty. In less acute situations, where Heat manifests due to diet or emotions, symptoms are similar but much less extreme; insomnia is one example. Black fungus (*also called Auricularia polytricha, wood ear, cloud ear, Judas ear or tree ear*) is effective in removing heat in the blood and is good for the stomach. Summer represents the element of fire. Fire types succeed by being warm- hearted and generous.

## Flavor is BITTER

Examples of bitter foods include: radicchio, rye, rhubarb and coffee. It is a time to eat more colorful food, cook food quickly and use more spices in cooking. Use more water, less salt, eat smaller, lighter meals on extra hot days and drink luke warm liquids. The summer season produces descending movements, dries dampness (*good*), cause dryness (*bad*), reduces excess and promotes digestion. It is the time of year digestion is strongest in the stomach. This is the best time of year to reduce the intake of pasteurized dairy products such as cottage cheese. Consume more apples, pears or sprouted barley and especially watermelon are helpful this time of year. Because heat can contribute to increased antioxidant damage, watermelon is packed with summer antioxidants. Bitterness is Yin energy. It is cooling and has an affinity with Summer.

### Best advice for Summer

Eating slow regular meals while relaxed are key. Recommended foods: Sweet grains and vegetables prepared plainly with little seasoning. Watch for excessive dry or bitter foods.

**Excess to Watch for:** Excessive Red Meat, Excessive Proteins (such as nuts), Excessive Salts, Excess Spicy Foods, Excess Midday Exercise, Excessive Antibiotics, Alcohol, Indigestion, Too much mental activity, Fatigue.

**Mental Component** – Anger, Repression of Emotions.

Fire people must be careful of overheating, internally or externally. Herbs that calm the mind are key during this time. If mental disturbances are felt, herbs to detoxify must be taken if there are signs of rampant Heat or Fire occurring.

### Seasonal transition

Our behavior and attitude must both be in harmony as we transition into each new season. Seasonal transition is when ill-health frequently manifests itself in the body.

**The 2019 Feng Shui Planetary Prosperity Almanac  
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## A Qi exercise for the Summer Season

### **Triple Heater / No Specific Sense Organ / Fire Element**

Breathe deeply while focusing on the body's torso. As you breathe out release the sound "HHHEEEEE", while visualizing RED energy exiting through an open mouth. Repeat this exercise 3, 6, 9, or more times.

Studies have shown that excess geomagnetic energy can adversely affect the heart (*Influence of local geomagnetic storms on arterial blood pressure. S. Dimitrova et al. September 2004*). The heart is a fire element, therefore during times there is excessive geomagnetic energy present, it is a good idea to eat more foods that quench fire. Seasonally geomagnetic storms are stronger than average during the months of Spring and Fall, so strong geomagnetic energy during summer is rare. You can get real time geomagnetic activity levels (also called the planetary K-Index by visiting the address below).

[www.swpc.noaa.gov/](http://www.swpc.noaa.gov/)

### **Season Moon Phase and Character**

#### **Full Moon**

The Summer Solstice (June 21st).

You are aware of the effect that your work has on others and are operating out of visible clarity compared to blind faith. Your watchword is objectivity and you are open to the influences of those all around you. Likewise, you are fully aware of the influences you can have on them as well. Hence, your work has detailed meaning for you only while in combination with others.

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The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer

<b>June 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16 Father's Day	17	18	19	20	21	22
23	24	25	26	27	28	29

The 2019 Feng Shui Planetary Prosperity Almanac  
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**ALL STAR AND PLANET RISE/SET  
TIMES ARE IN PACIFIC  
STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Jun 01 (Sat)	12:15 160	14:33 5S	16:50 200
2019 Jun 02 (Sun)	12:11 160	14:29 5S	16:46 200
2019 Jun 03 (Mon)	12:08 160	14:25 5S	16:42 200
2019 Jun 04 (Tue)	12:04 160	14:21 5S	16:38 200
2019 Jun 05 (Wed)	12:00 160	14:17 5S	16:34 200

**Sirius Rise, Zenith and Set**

2019 Jun 01 (Sat)	09:37 110	14:54 41S	20:12 250
2019 Jun 02 (Sun)	09:33 110	14:50 41S	20:08 250
2019 Jun 03 (Mon)	09:29 110	14:46 41S	20:04 250
2019 Jun 04 (Tue)	09:25 110	14:42 41S	20:00 250
2019 Jun 05 (Wed)	09:21 110	14:38 41S	19:56 250

**Betelgeuse Rise, Zenith and Set**

2019 Jun 01 (Sat)	07:44 81	14:05 65S	20:25 279
2019 Jun 02 (Sun)	07:40 81	14:01 65S	20:21 279
2019 Jun 03 (Mon)	07:36 81	13:57 65S	20:18 279
2019 Jun 04 (Tue)	07:32 81	13:53 65S	20:14 279
2019 Jun 05 (Wed)	07:28 81	13:49 65S	20:10 279

**Arcturus Rise, Zenith and Set**

2019 Jun 01 (Sat)	15:30 67	22:24 76S	05:21 293
2019 Jun 02 (Sun)	15:26 67	22:20 76S	05:17 293
2019 Jun 03 (Mon)	15:22 67	22:16 76S	05:13 293
2019 Jun 04 (Tue)	15:18 67	22:12 76S	05:09 293
2019 Jun 05 (Wed)	15:15 67	22:08 76S	05:05 293

**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**

**Polaris Rise, Zenith and Set**

<b>2019 Jun 01 (Sat)</b>	<b>***** **</b>	<b>11:03 33N</b>	<b>***** **</b>	<b>23:01 32N</b>
<b>2019 Jun 02 (Sun)</b>	<b>***** **</b>	<b>10:59 33N</b>	<b>***** **</b>	<b>22:57 32N</b>
<b>2019 Jun 03 (Mon)</b>	<b>***** **</b>	<b>10:55 33N</b>	<b>***** **</b>	<b>22:53 32N</b>
<b>2019 Jun 04 (Tue)</b>	<b>***** **</b>	<b>10:51 33N</b>	<b>***** **</b>	<b>22:49 32N</b>
<b>2019 Jun 05 (Wed)</b>	<b>***** **</b>	<b>10:48 33N</b>	<b>***** **</b>	<b>22:46 32N</b>

**Vega Rise, Zenith and Set**

<b>2019 Jun 01 (Sat)</b>	<b>18:37 41</b>	<b>02:48 84N</b>	<b>10:55 319</b>
<b>2019 Jun 02 (Sun)</b>	<b>18:33 41</b>	<b>02:44 84N</b>	<b>10:51 319</b>
<b>2019 Jun 03 (Mon)</b>	<b>18:29 41</b>	<b>02:40 84N</b>	<b>10:47 319</b>
<b>2019 Jun 04 (Tue)</b>	<b>18:25 41</b>	<b>02:36 84N</b>	<b>10:43 319</b>
<b>2019 Jun 05 (Wed)</b>	<b>18:21 41</b>	<b>02:32 84N</b>	<b>10:39 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 Jun 01 (Sat)</b>	<b>06:28 59</b>	<b>13:43 82S</b>	<b>20:58 301</b>
<b>2019 Jun 02 (Sun)</b>	<b>06:33 59</b>	<b>13:48 83S</b>	<b>21:03 301</b>
<b>2019 Jun 03 (Mon)</b>	<b>06:37 59</b>	<b>13:52 83S</b>	<b>21:08 301</b>
<b>2019 Jun 04 (Tue)</b>	<b>06:41 59</b>	<b>13:57 83S</b>	<b>21:13 301</b>
<b>2019 Jun 05 (Wed)</b>	<b>06:45 59</b>	<b>14:01 83S</b>	<b>21:17 301</b>

**Venus Rise, Zenith and Set**

<b>2019 Jun 01 (Sat)</b>	<b>04:37 70</b>	<b>11:25 74S</b>	<b>18:13 291</b>
<b>2019 Jun 02 (Sun)</b>	<b>04:37 69</b>	<b>11:26 74S</b>	<b>18:15 291</b>
<b>2019 Jun 03 (Mon)</b>	<b>04:37 69</b>	<b>11:27 75S</b>	<b>18:17 291</b>
<b>2019 Jun 04 (Tue)</b>	<b>04:37 68</b>	<b>11:28 75S</b>	<b>18:19 292</b>
<b>2019 Jun 05 (Wed)</b>	<b>04:37 68</b>	<b>11:29 75S</b>	<b>18:21 292</b>

**Mars Rise, Zenith and Set**

<b>2019 Jun 01 (Sat)</b>	<b>07:46 60</b>	<b>14:56 81S</b>	<b>22:05 300</b>
<b>2019 Jun 02 (Sun)</b>	<b>07:45 61</b>	<b>14:54 81S</b>	<b>22:04 299</b>
<b>2019 Jun 03 (Mon)</b>	<b>07:44 61</b>	<b>14:53 81S</b>	<b>22:03 299</b>
<b>2019 Jun 04 (Tue)</b>	<b>07:43 61</b>	<b>14:52 81S</b>	<b>22:01 299</b>
<b>2019 Jun 05 (Wed)</b>	<b>07:42 61</b>	<b>14:51 81S</b>	<b>22:00 299</b>



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**Jupiter Rise, Zenith and Set**

<b>2019 Jun 01 (Sat)</b>	<b>20:25 117</b>	<b>01:30 35S</b>	<b>06:30 243</b>
<b>2019 Jun 02 (Sun)</b>	<b>20:21 117</b>	<b>01:25 35S</b>	<b>06:26 243</b>
<b>2019 Jun 03 (Mon)</b>	<b>20:16 117</b>	<b>01:21 35S</b>	<b>06:21 243</b>
<b>2019 Jun 04 (Tue)</b>	<b>20:12 117</b>	<b>01:17 35S</b>	<b>06:17 243</b>
<b>2019 Jun 05 (Wed)</b>	<b>20:07 117</b>	<b>01:12 35S</b>	<b>06:12 243</b>

**Saturn Rise, Zenith and Set**

<b>2019 Jun 01 (Sat)</b>	<b>22:28 116</b>	<b>03:35 36S</b>	<b>08:38 244</b>
<b>2019 Jun 02 (Sun)</b>	<b>22:24 116</b>	<b>03:31 36S</b>	<b>08:34 244</b>
<b>2019 Jun 03 (Mon)</b>	<b>22:20 116</b>	<b>03:27 36S</b>	<b>08:30 244</b>
<b>2019 Jun 04 (Tue)</b>	<b>22:16 116</b>	<b>03:23 36S</b>	<b>08:26 244</b>
<b>2019 Jun 05 (Wed)</b>	<b>22:11 116</b>	<b>03:19 36S</b>	<b>08:21 244</b>

## JULY 2019

13:30 LST Time Begins at 7 p.m. PST

July is a good time to start important work a little later than usual. It is a month for outdoor activities, making new friends, forgiving and working on challenging projects.

### **Sheep (Ying - Fixed Element Fire)**

Sheep years include 1907, 1919, 1931, 1943, 1955, 1967, 1979, 1991, 2003.

Sheep months are from Jul 7th to Aug 7th. Sheep hours are from 1pm to 3pm. Sheep persons are artistic, creative, gentle, compassionate, understanding, mothering, determined, righteous, sincere, sympathetic, mild-mannered, shy, peaceful, generous and seekers of security. Sheep may sometimes turn moody, become indecisive, over-passive, prone to excess worry, pessimistic, over-sensitive and complain. Sheep persons rely on their good nature and their sensitivity in order to persuade others to meet their demands and needs. They may use subtle, indirect methods and persistence to achieve their objectives. They are good at artistic and creative endeavors. Sheep people are compatible with those born under the signs of Rabbits, Pigs, and Horses.

### **Season Moon Phase and Character**

**Disseminating Moon** (the period just after the full moon)

The cross-quarter holiday called Lamas (approximately August 1st).

Your mission in life is to shed light and you become filled with the knowledge of what has been accomplished in particular fields of endeavor. Your purpose is to share this with others. This is a representation of the symbolic fruition of the life of a garden. Hence you now represent the culmination of an entire planting cycle.

**The 2019 Feng Shui Planetary Prosperity Almanac  
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<b>July 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

The 2019 Feng Shui Planetary Prosperity Almanac  
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**ALL STAR AND PLANET RISE/SET TIMES ARE IN  
PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Jul 01 (Mon)	10:17 160	12:35 5S	14:52 200
2019 Jul 02 (Tue)	10:13 160	12:31 5S	14:48 200
2019 Jul 03 (Wed)	10:10 160	12:27 5S	14:44 200
2019 Jul 04 (Thu)	10:06 160	12:23 5S	14:40 200
2019 Jul 05 (Fri)	10:02 160	12:19 5S	14:36 200

**Sirius Rise, Zenith and Set**

2019 Jul 01 (Mon)	07:39 110	12:56 41S	18:14 250
2019 Jul 02 (Tue)	07:35 110	12:52 41S	18:10 250
2019 Jul 03 (Wed)	07:31 110	12:48 41S	18:06 250
2019 Jul 04 (Thu)	07:27 110	12:44 41S	18:02 250
2019 Jul 05 (Fri)	07:23 110	12:41 41S	17:58 250

**Betelgeuse Rise, Zenith and Set**

2019 Jul 01 (Mon)	05:46 81	12:07 65S	18:27 279
2019 Jul 02 (Tue)	05:42 81	12:03 65S	18:24 279
2019 Jul 03 (Wed)	05:38 81	11:59 65S	18:20 279
2019 Jul 04 (Thu)	05:34 81	11:55 65S	18:16 279
2019 Jul 05 (Fri)	05:30 81	11:51 65S	18:12 279

**Arcturus Rise, Zenith and Set**

2019 Jun 01 (Sat)	15:30 67	22:24 76S	05:21 293
2019 Jun 02 (Sun)	15:26 67	22:20 76S	05:17 293
2019 Jun 03 (Mon)	15:22 67	22:16 76S	05:13 293
2019 Jun 04 (Tue)	15:18 67	22:12 76S	05:09 293
2019 Jun 05 (Wed)	15:15 67	22:08 76S	05:05 293

**Polaris Rise, Zenith and Set**

2019 Jul 01 (Mon)	***** **	09:06 33N	***** **	21:04 32N
2019 Jul 02 (Tue)	***** **	09:02 33N	***** **	21:00 32N
2019 Jul 03 (Wed)	***** **	08:58 33N	***** **	20:56 32N
2019 Jul 04 (Thu)	***** **	08:54 33N	***** **	20:52 32N
2019 Jul 05 (Fri)	***** **	08:50 33N	***** **	20:48 32N

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**Vega Rise, Zenith and Set**

<b>2019 Jul 01 (Mon)</b>	<b>16:39 41</b>	<b>00:50 84N</b>	<b>08:57 319</b>
<b>2019 Jul 02 (Tue)</b>	<b>16:35 41</b>	<b>00:46 84N</b>	<b>08:53 319</b>
<b>2019 Jul 03 (Wed)</b>	<b>16:31 41</b>	<b>00:42 84N</b>	<b>08:49 319</b>
<b>2019 Jul 04 (Thu)</b>	<b>16:27 41</b>	<b>00:38 84N</b>	<b>08:45 319</b>
<b>2019 Jul 05 (Fri)</b>	<b>16:23 41</b>	<b>00:34 84N</b>	<b>08:41 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 Jul 01 (Mon)</b>	<b>07:38 67</b>	<b>14:30 76S</b>	<b>21:22 292</b>
<b>2019 Jul 02 (Tue)</b>	<b>07:37 68</b>	<b>14:28 75S</b>	<b>21:18 292</b>
<b>2019 Jul 03 (Wed)</b>	<b>07:35 68</b>	<b>14:25 75S</b>	<b>21:14 291</b>
<b>2019 Jul 04 (Thu)</b>	<b>07:33 69</b>	<b>14:22 75S</b>	<b>21:10 291</b>
<b>2019 Jul 05 (Fri)</b>	<b>07:31 69</b>	<b>14:19 74S</b>	<b>21:06 291</b>

**Venus Rise, Zenith and Set**

<b>2019 Jul 01 (Mon)</b>	<b>04:53 62</b>	<b>12:01 81S</b>	<b>19:08 298</b>
<b>2019 Jul 02 (Tue)</b>	<b>04:54 62</b>	<b>12:02 81S</b>	<b>19:10 299</b>
<b>2019 Jul 03 (Wed)</b>	<b>04:55 61</b>	<b>12:03 81S</b>	<b>19:11 299</b>
<b>2019 Jul 04 (Thu)</b>	<b>04:57 61</b>	<b>12:05 81S</b>	<b>19:13 299</b>
<b>2019 Jul 05 (Fri)</b>	<b>04:58 61</b>	<b>12:06 81S</b>	<b>19:14 299</b>

**Mars Rise, Zenith and Set**

<b>2019 Jul 01 (Mon)</b>	<b>07:19 64</b>	<b>14:20 79S</b>	<b>21:20 296</b>
<b>2019 Jul 02 (Tue)</b>	<b>07:18 64</b>	<b>14:18 78S</b>	<b>21:19 296</b>
<b>2019 Jul 03 (Wed)</b>	<b>07:17 64</b>	<b>14:17 78S</b>	<b>21:17 296</b>
<b>2019 Jul 04 (Thu)</b>	<b>07:16 64</b>	<b>14:16 78S</b>	<b>21:15 295</b>
<b>2019 Jul 05 (Fri)</b>	<b>07:15 65</b>	<b>14:14 78S</b>	<b>21:13 295</b>

**Jupiter Rise, Zenith and Set**

<b>2019 Jul 01 (Mon)</b>	<b>18:11 116</b>	<b>23:12 35S</b>	<b>04:17 244</b>
<b>2019 Jul 02 (Tue)</b>	<b>18:06 116</b>	<b>23:07 35S</b>	<b>04:13 244</b>
<b>2019 Jul 03 (Wed)</b>	<b>18:02 116</b>	<b>23:03 35S</b>	<b>04:08 244</b>
<b>2019 Jul 04 (Thu)</b>	<b>17:57 116</b>	<b>22:59 35S</b>	<b>04:04 244</b>
<b>2019 Jul 05 (Fri)</b>	<b>17:53 116</b>	<b>22:54 35S</b>	<b>04:00 244</b>

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**Saturn Rise, Zenith and Set**

<b>2019 Jul 01 (Mon)</b>	<b>20:23 116</b>	<b>01:29 35S</b>	<b>06:31 244</b>
<b>2019 Jul 02 (Tue)</b>	<b>20:19 116</b>	<b>01:25 35S</b>	<b>06:27 244</b>
<b>2019 Jul 03 (Wed)</b>	<b>20:14 116</b>	<b>01:21 35S</b>	<b>06:23 244</b>
<b>2019 Jul 04 (Thu)</b>	<b>20:10 116</b>	<b>01:17 35S</b>	<b>06:18 244</b>
<b>2019 Jul 05 (Fri)</b>	<b>20:06 116</b>	<b>01:12 35S</b>	<b>06:14 244</b>

## AUGUST 2019

13:30 LST Time Begins at 5:30 p.m. PST

August is the month we begin to reap the rewards of our previous work. It is the month to begin releasing emotional obstructions and obstacles that may be blocking us. This is the season where personal changes begin. Avoid playing the role of "victim" either in health, work or lifestyle. It is the best time of year to change jobs; so, mail out your resume and visit the offices of people you wish to work with. Be open to accepting dinner and conference invitations.

August is the time of year to watch for the emotions of jealousy, envy, pensiveness, worry, excess anxiety and the quality of our lives and is a good time to have more equanimity. It is the time of year to develop habits related to health and improving our quality of life. It is the time of year to maintain stability, practicability and a homely environment. The taste of food lingers longer than usual this time of year, making it an excellent season for picnics, baseball games, barbecues and outdoor activities.

August brings with it purification via diet (late summer detox) creating a re-newel of one's self. Changes on the personal level happen more often this time of year, so it is important to be prepared for transformation. It is a good time to review things that have failed, revise and to give them another chance to succeed. Allow yourself to experience your emotions more and avoid excess speedy and concern over the unnecessary little things. This is the season of intellectuality. Taking herbs during August has a more measurable impact upon the body compared to other months of the year.

Late Summer is the season the mind starts to become more active. It is a good time of year to learn to sing, aim for clarity. The color of late summer is yellow. The time period of late summer begins during late August and ends at the Fall /



**The 2019 Feng Shui Planetary Prosperity Almanac  
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Autumn

Equinox.

It is a time of slowing down, when the transition from Yang to Yin energy begins. Late summer is when damp conditions are more prevalent and when worry is more common. The period of summer represents the spleen, pancreas and stomach. The spleen is responsible for nutrient absorption that nourishes the blood and muscles. The spleen generates white blood cells in bone marrow which in turn nourishes the immune system. Hence excess worry and over thinking can burden the spleen resulting in unnecessary fatigue. Fatigue is more common, hence it is a good time to get proper rest, adequate nutrition and to watch one's stress.

**Monkey (Yang - Fixed Element Metal)**

Monkey years include 1908, 1920, 1932, 1944, 1956, 1968, 1980, 1992, 2004. Monkey months are from Aug 8th to Sep 7th. Monkey hours are from 3pm to 5pm. Monkey types are inventors, motivators, improvisers, quick-witted, inquisitive, flexible, innovative, problem solvers, sociable, polite, dignified, competitive, objective, self-assured, factual and intellectual.

They may be egotistical, jealous, vain, selfish, cunning and suspicious. Monkey types are competitive and very success oriented. They use their guile, charming demeanor and self confidence to achieve their ambitions. They make excellent writers, lawyers, diplomats, actors, sportspeople and teachers. Monkey types are most compatible with those individuals born during the year of the Rat and the Dragon.

**Late Summer**

**Spleen and Stomach / Mouth / Earth Element**

**Healing Color Visualization Exercise**

Breathe in deeply and while doing so, focus on the spleen. As you breathe out, release the sound of "WHHOOOO", while visualizing YELLOW energy exiting through the mouth cavity.

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Repeat this exercise 3, 6, 9, or more times.

## **Element EARTH**

Change represents the transformative properties of the Element Earth. All return to the earth before they can become transformed into something else. The change of seasons is no exception to this rule. Earth spins on its axis which the seasons revolve around. Besides spring, late summer is the second best time of year to detox, fast or go on a juice cleanse. This will strengthen your body for the upcoming winter.

Earth is a time the summer season is winding down. During this time attune yourself to the upcoming season. Changes from one season to the next occur as a gradual process. It is not a sudden event and does not happen overnight. Therefore, taking the time to perform detoxification over a period of days, rather than all at once yields the best results. For example, detoxing in the morning with watermelon and lots of water each day for a week during the transition phase, works much better than a full on 1 week fast.

## **Flavor is SWEET**

Sweetness is Yang energy. This can be cooling or warming and has affinity for transition and change. It cycles upwards, outwards, tonifies, produces dampness (*bad*), builds tissue (*good*), harmonizes, moistens dryness (*good*) and creates fat (*bad*).

Examples of sweet foods include: parsnip, fruit, honey, carrot and pumpkin. Earth Element types should pay particular attention to their digestive systems this time of year.

Orange and Yellow are the colors of late summer. Late summer represents sweetness. This is the season that sweet and processed foods aggravate the spleen and

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pancreases contributing to excess dampness, resulting in feeling tired and anxious. Avoid drinks that are icy and sweet which can distress the digestive system. Eat foods that are fresh and avoid high temperature cooking. Sour or Pungent foods and exercise will help disperse August (late summer) dampness

Earth types succeed by developing clear boundaries and learning to take care of themselves.

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<b>August 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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**ALL STAR AND PLANET RISE/SET TIMES ARE IN  
PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Aug 01 (Thu)	08:16 160	10:33 5S	12:50 200
2019 Aug 02 (Fri)	08:12 160	10:29 5S	12:46 200
2019 Aug 03 (Sat)	08:08 160	10:25 5S	12:42 200
2019 Aug 04 (Sun)	08:04 160	10:21 5S	12:38 200
2019 Aug 05 (Mon)	08:00 160	10:17 5S	12:34 200

**Sirius Rise, Zenith and Set**

2019 Aug 01 (Thu)	05:37 110	10:54 41S	16:12 250
2019 Aug 02 (Fri)	05:33 110	10:50 41S	16:08 250
2019 Aug 03 (Sat)	05:29 110	10:46 41S	16:04 250
2019 Aug 04 (Sun)	05:25 110	10:43 41S	16:00 250
2019 Aug 05 (Mon)	05:21 110	10:39 41S	15:56 250

**Betelgeuse Rise, Zenith and Set**

2019 Aug 01 (Thu)	03:44 81	10:05 65S	16:26 279
2019 Aug 02 (Fri)	03:40 81	10:01 65S	16:22 279
2019 Aug 03 (Sat)	03:36 81	09:57 65S	16:18 279
2019 Aug 04 (Sun)	03:32 81	09:53 65S	16:14 279
2019 Aug 05 (Mon)	03:28 81	09:49 65S	16:10 279

**Arcturus Rise, Zenith and Set**

2019 Aug 01 (Thu)	11:30 67	18:24 76S	01:21 293
2019 Aug 02 (Fri)	11:27 67	18:20 76S	01:17 293
2019 Aug 03 (Sat)	11:23 67	18:16 76S	01:13 293
2019 Aug 04 (Sun)	11:19 67	18:12 76S	01:09 293
2019 Aug 05 (Mon)	11:15 67	18:08 76S	01:05 293

**Polaris Rise, Zenith and Set**

2019 Aug 01 (Thu)	***** **	07:05 33N	***** **	19:03 32N
2019 Aug 02 (Fri)	***** **	07:01 33N	***** **	18:59 32N
2019 Aug 03 (Sat)	***** **	06:57 33N	***** **	18:55 32N
2019 Aug 04 (Sun)	***** **	06:53 33N	***** **	18:51 32N
2019 Aug 05 (Mon)	***** **	06:49 33N	***** **	18:47 32N

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**Vega Rise, Zenith and Set**

2019 Aug 01 (Thu)	14:37 41	22:44 84N	06:55 319
2019 Aug 02 (Fri)	14:33 41	22:40 84N	06:51 319
2019 Aug 03 (Sat)	14:29 41	22:36 84N	06:47 319
2019 Aug 04 (Sun)	14:25 41	22:32 84N	06:44 319
2019 Aug 05 (Mon)	14:21 41	22:28 84N	06:40 319

**Mercury Rise, Zenith and Set**

2019 Aug 01 (Thu)	05:00 68	11:49 75S	18:39 292
2019 Aug 02 (Fri)	04:56 68	11:46 75S	18:36 292
2019 Aug 03 (Sat)	04:52 68	11:43 75S	18:34 292
2019 Aug 04 (Sun)	04:49 68	11:41 76S	18:33 293
2019 Aug 05 (Mon)	04:46 67	11:39 76S	18:31 293

**Venus Rise, Zenith and Set**

2019 Aug 01 (Thu)	05:45 66	12:42 77S	19:38 294
2019 Aug 02 (Fri)	05:47 66	12:43 77S	19:39 294
2019 Aug 03 (Sat)	05:49 66	12:44 76S	19:39 293
2019 Aug 04 (Sun)	05:51 67	12:45 76S	19:39 293
2019 Aug 05 (Mon)	05:53 67	12:46 76S	19:39 293

**Mars Rise, Zenith and Set**

2019 Aug 01 (Thu)	06:52 70	13:38 73S	20:22 289
2019 Aug 02 (Fri)	06:51 71	13:36 73S	20:20 289
2019 Aug 03 (Sat)	06:51 71	13:35 73S	20:18 289
2019 Aug 04 (Sun)	06:50 71	13:33 73S	20:16 289
2019 Aug 05 (Mon)	06:49 71	13:32 72S	20:14 288

**Jupiter Rise, Zenith and Set**

2019 Aug 01 (Thu)	15:59 116	21:00 35S	02:06 244
2019 Aug 02 (Fri)	15:55 116	20:56 35S	02:02 244
2019 Aug 03 (Sat)	15:51 116	20:52 35S	01:58 244
2019 Aug 04 (Sun)	15:47 116	20:48 35S	01:54 244
2019 Aug 05 (Mon)	15:43 116	20:44 35S	01:50 244

**Saturn Rise, Zenith and Set**

2019 Aug 01 (Thu)	18:13 116	23:14 35S	04:19 244
2019 Aug 02 (Fri)	18:08 116	23:10 35S	04:15 244
2019 Aug 03 (Sat)	18:04 116	23:05 35S	04:11 244

**The 2019 Feng Shui Planetary Prosperity Almanac  
and Ephemeris with Organizer**

<b>2019 Aug 04 (Sun)</b>	<b>18:00 116</b>	<b>23:01 35S</b>	<b>04:06 244</b>
<b>2019 Aug 05 (Mon)</b>	<b>17:56 116</b>	<b>22:57 35S</b>	<b>04:02 244</b>



## SEPTEMBER 2019

13:30 LST Time Begins at 13:30 LST Time Begins at 3 p.m.

Fall brings with it clarity and simplicity; a time to prepare for hibernation. It is a time to watch for depression.

### **Seasonal Healing Sounds for Fall Spleen**

– HHHUUUUUUUUUUUUUUUUUU

### **Rooster (Ying - Fixed Element Metal)**

Rooster years include 1909, 1921, 1933, 1945, 1957, 1969, 1981, 1993, 2005. Rooster month is from Sep 8th to Oct 7th. Rooster hours are from 5pm to 7pm. Rooster types are very acute, conservative, critical, perfectionists, alert, zealous, practical, neat, meticulous, organized, self-assured, decisive, scientific and responsible. They may sometimes become overzealous and critical, opinionated, puritanical, egotistical and abrasive.

Roosters adhere to their good administrative skills, and their efficient, precise and methodical skills to achieve their objectives. They excel at being administrators, teachers, accountants, scientists, and nurses. Rooster types are compatible with those individuals born in the year of the Snake, Ox and Dragon.

### **Healing Visualization for September Lungs and Colon / Nose / Metal Element**

Breathe in deep and focus on the lungs. As you breathe out, release the sound "SSSSSS", while visualizing WHITE energy exiting through the nose. Repeat the exercise 3, 6, 9, or more times.

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## **Element METAL**

Fall is a time of Dryness. It is when energy begins to move inwards and downwards, returning completely to the earth.

Metal types succeed by accepting changes, and releasing the past with grace as well as being less opinionated,

As leaves dry out, so does our skin. This dryness particularly affects the lungs and large intestine. The effects of this dryness will manifest themselves strongest during the winter period. This is a key time to get more vitamin E. The organs also relate to Metal and are particularly susceptible to injury from dryness this time of year. The Lungs also become susceptible to artificial humidifiers or air-conditioning. Injuries of the lungs this time of year manifest as a cough or constipation. Certain types of asthma become more frequent this time of year.

## **Flavor is PUNGENT**

Pungency is Yang energy. It is warming and has an affinity with Fall. It likes to move upwards, outwards, promoting circulation. It also aids digestion, induces sweating, distributes (*good*) and scatters (*bad*). Pungent foods include: cabbage, ginger and onion.

## **Best advice for Fall**

People who are vulnerable to dryness should take herbs to strengthen the Qi in their Lungs and the strength of their Intestines. It is an especially good time to take the St. Germain Tincture/Extract.

Foods should be prepared to consolidate energy and to stimulate the sense of smell into the diet. Foods should be baked, sautéed and cooked with less water on low heat for longer periods than usual. Gradually introduce salty, sour and

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bitter foods.

**Early Winter:** Exposure to Cold, Disorganization

**Mental Component** – Worry, Fear, Anxiety, Grief, Suppressing natural urges/emotions. Not allowing an outlet or working to release these emotions via the Emotional Freedom Technique or other emotional self-healing and stabilizing methods.

**Excess to Watch For:** Excessive fasting, excessive travel, excess exercise, excessive sex, excess overuse of senses, lack of sleep, overwork, dry skin.

**Season Moon Phase and Character**

**Last Quarter Moon** (the quarter after the full moon)

The Fall Equinox. (September 21st).

You are an exemplar of the tearing down of the old in order to make way for the new. "Crisis in Consciousness" occurs where you may find it hard to get with the current scheme of things, and have a strong desire to change it. A core level discontent arises with the existing social structures in your environment.

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# September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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**ALL STAR AND PLANET RISE/SET TIMES ARE IN  
PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Sep 01 (Sun)	06:14 160	08:31 5S	10:48 200
2019 Sep 02 (Mon)	06:10 160	08:27 5S	10:44 200
2019 Sep 03 (Tue)	06:06 160	08:23 5S	10:40 200
2019 Sep 04 (Wed)	06:02 160	08:19 5S	10:36 200
2019 Sep 05 (Thu)	05:58 160	08:15 5S	10:32 200

**Sirius Rise, Zenith and Set**

2019 Sep 01 (Sun)	03:35 110	08:52 41S	14:10 250
2019 Sep 02 (Mon)	03:31 110	08:49 41S	14:06 250
2019 Sep 03 (Tue)	03:27 110	08:45 41S	14:02 250
2019 Sep 04 (Wed)	03:23 110	08:41 41S	13:58 250
2019 Sep 05 (Thu)	03:19 110	08:37 41S	13:54 250

**Betelgeuse Rise, Zenith and Set**

2019 Sep 01 (Sun)	01:42 81	08:03 65S	14:24 279
2019 Sep 02 (Mon)	01:38 81	07:59 65S	14:20 279
2019 Sep 03 (Tue)	01:34 81	07:55 65S	14:16 279
2019 Sep 04 (Wed)	01:30 81	07:51 65S	14:12 279
2019 Sep 05 (Thu)	01:26 81	07:47 65S	14:08 279

**Arcturus Rise, Zenith and Set**

2019 Sep 01 (Sun)	09:29 67	16:22 76S	23:15 293
2019 Sep 02 (Mon)	09:25 67	16:18 76S	23:11 293
2019 Sep 03 (Tue)	09:21 67	16:14 76S	23:07 293
2019 Sep 04 (Wed)	09:17 67	16:10 76S	23:03 293
2019 Sep 05 (Thu)	09:13 67	16:06 76S	22:59 293

**Saturn Rise, Zenith and Set**

2019 Sep 01 (Sun)	16:05 117	21:06 35S	02:10 243
2019 Sep 02 (Mon)	16:01 117	21:02 35S	02:06 243
2019 Sep 03 (Tue)	15:57 117	20:58 35S	02:02 243
2019 Sep 04 (Wed)	15:53 117	20:54 35S	01:58 243
2019 Sep 05 (Thu)	15:49 117	20:50 35S	01:54 243

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**Polaris Rise, Zenith and Set**

<b>2019 Sep 01 (Sun)</b>	<b>***** **</b>	<b>05:04 33N</b>	<b>***** **</b>	<b>17:02 32N</b>
<b>2019 Sep 02 (Mon)</b>	<b>***** **</b>	<b>05:00 33N</b>	<b>***** **</b>	<b>16:58 32N</b>
<b>2019 Sep 03 (Tue)</b>	<b>***** **</b>	<b>04:56 33N</b>	<b>***** **</b>	<b>16:54 32N</b>
<b>2019 Sep 04 (Wed)</b>	<b>***** **</b>	<b>04:52 33N</b>	<b>***** **</b>	<b>16:51 32N</b>
<b>2019 Sep 05 (Thu)</b>	<b>***** **</b>	<b>04:49 33N</b>	<b>***** **</b>	<b>16:47 32N</b>

**Mercury Rise, Zenith and Set**

<b>2019 Sep 01 (Sun)</b>	<b>06:11 77</b>	<b>12:43 68S</b>	<b>19:14 283</b>
<b>2019 Sep 02 (Mon)</b>	<b>06:16 78</b>	<b>12:46 67S</b>	<b>19:15 282</b>
<b>2019 Sep 03 (Tue)</b>	<b>06:22 79</b>	<b>12:50 66S</b>	<b>19:16 281</b>
<b>2019 Sep 04 (Wed)</b>	<b>06:27 79</b>	<b>12:53 66S</b>	<b>19:17 280</b>
<b>2019 Sep 05 (Thu)</b>	<b>06:32 80</b>	<b>12:56 65S</b>	<b>19:18 279</b>

**Venus Rise, Zenith and Set**

<b>2019 Sep 01 (Sun)</b>	<b>06:47 81</b>	<b>13:10 65S</b>	<b>19:32 279</b>
<b>2019 Sep 02 (Mon)</b>	<b>06:49 81</b>	<b>13:10 64S</b>	<b>19:31 279</b>
<b>2019 Sep 03 (Tue)</b>	<b>06:51 82</b>	<b>13:11 64S</b>	<b>19:31 278</b>
<b>2019 Sep 04 (Wed)</b>	<b>06:53 82</b>	<b>13:12 63S</b>	<b>19:30 277</b>
<b>2019 Sep 05 (Thu)</b>	<b>06:55 83</b>	<b>13:12 63S</b>	<b>19:29 277</b>

**Mars Rise, Zenith and Set**

<b>2019 Sep 01 (Sun)</b>	<b>06:25 79</b>	<b>12:51 66S</b>	<b>19:17 281</b>
<b>2019 Sep 02 (Mon)</b>	<b>06:24 79</b>	<b>12:49 66S</b>	<b>19:15 281</b>
<b>2019 Sep 03 (Tue)</b>	<b>06:23 79</b>	<b>12:48 66S</b>	<b>19:12 281</b>
<b>2019 Sep 04 (Wed)</b>	<b>06:22 80</b>	<b>12:46 66S</b>	<b>19:10 280</b>
<b>2019 Sep 05 (Thu)</b>	<b>06:21 80</b>	<b>12:45 65S</b>	<b>19:08 280</b>

**Jupiter Rise, Zenith and Set**

<b>2019 Sep 01 (Sun)</b>	<b>14:00 116</b>	<b>19:01 35S</b>	<b>00:06 244</b>
<b>2019 Sep 02 (Mon)</b>	<b>13:56 116</b>	<b>18:57 35S</b>	<b>00:02 244</b>
<b>2019 Sep 03 (Tue)</b>	<b>13:52 116</b>	<b>18:53 35S</b>	<b>23:55 244</b>
<b>2019 Sep 04 (Wed)</b>	<b>13:49 116</b>	<b>18:50 35S</b>	<b>23:51 244</b>
<b>2019 Sep 05 (Thu)</b>	<b>13:45 116</b>	<b>18:46 35S</b>	<b>23:47 244</b>

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**Saturn Rise, Zenith and Set**

<b>2019 Sep 01 (Sun)</b>	<b>16:05 117</b>	<b>21:06 35S</b>	<b>02:10 243</b>
<b>2019 Sep 02 (Mon)</b>	<b>16:01 117</b>	<b>21:02 35S</b>	<b>02:06 243</b>
<b>2019 Sep 03 (Tue)</b>	<b>15:57 117</b>	<b>20:58 35S</b>	<b>02:02 243</b>
<b>2019 Sep 04 (Wed)</b>	<b>15:53 117</b>	<b>20:54 35S</b>	<b>01:58 243</b>
<b>2019 Sep 05 (Thu)</b>	<b>15:49 117</b>	<b>20:50 35S</b>	<b>01:54 243</b>



## OCTOBER 2019

13:30 LST Time Begins at 1 p.m. PST

October brings with it the accumulation of past karma from the previous months. It is a good time to learn remote viewing or other skills that allow us to access our intuitive gifts. It is also the season to put an end to projects that did not yield successful results. Sounds seem sharper this season, the scents richer and we feel an urge to withdraw from our environment. It is the time to express emotions that make us cry more or that may dominate our will and learn to recognize our ambition. The therapy of acupuncture works best this season. The color of fall is white. A time of year to enjoy being playful, content and to build inner strength.

### **Dog (Yang - Fixed Element Metal)**

Dog years include 1910, 1922, 1934, 1946, 1958, 1970, 1982, 1994, 2006.

Dog months are from Oct 8th to Nov 7th. Hours of the Dog are from 7pm to 9pm. Dog types are honest, attractive, amiable, unpretentious, sociable, open-minded, intelligent, straightforward, popular, loyal, have a sense of justice and fair play, idealistic, moralistic, practical, skillful. intelligent, affectionate and dogged. They may at times become cynical, judgmental, pessimistic, cold, a worrier, stubborn lazy and quarrelsome. Dog persons use their sense of justice, determination and simple practicality to achieve their objectives. They excel at being teachers, lawyers, judges, soldiers, doctors and make good religious workers. Dog types are most compatible with those individuals born during the year of the Tiger, Horse or Rabbit.

From late October until early January is the best time to take slightly more Astragalus herb or its extract in tincture form. This herb has been scientifically proven to build muscle and bones and is also being studied for its anti-aging effects. Winter is the time the bones of the body should be strengthened especially

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using resistance exercises.

**Season Moon Phase and Character**

**Balsamic Moon.** (October 31st) (the period after the moon's last quarter).

You become very focused on a barely perceived distant reality. You feel somewhat alienated from the existing structure of human society. You begin sharing the knowledge distilled from past experiences in an effort to bring that past essence that is now encapsulated forward into the emerging new forms. Your sense of mission in helping to prepare the way for something novel that is about to emerge is strong. This is so even if the new social structure, as it arrives, may not be clearly discernable to you. You have to be prepared to strike out on your own, to trumpet out your message(s), to shake off the remnants of the dead past, and act as a chanticleer for the coming new dawn.

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<b>October 2019</b>							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2	3	4	5
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
	Columbus Day						
20	21	22	23	24	25	26	
27	28	29	30	31	Halloween		

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**ALL STAR AND PLANET RISE/SET TIMES ARE IN  
PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Oct 01 (Tue)	04:16 160	06:33 5S	08:50 200
2019 Oct 02 (Wed)	04:12 160	06:29 5S	08:46 200
2019 Oct 03 (Thu)	04:08 160	06:25 5S	08:42 200
2019 Oct 04 (Fri)	04:04 160	06:21 5S	08:38 200
2019 Oct 05 (Sat)	04:00 160	06:17 5S	08:35 200

**Sirius Rise, Zenith and Set**

2019 Oct 01 (Tue)	01:37 110	06:55 41S	12:12 250
2019 Oct 02 (Wed)	01:33 110	06:51 41S	12:08 250
2019 Oct 03 (Thu)	01:29 110	06:47 41S	12:04 250
2019 Oct 04 (Fri)	01:25 110	06:43 41S	12:00 250
2019 Oct 05 (Sat)	01:21 110	06:39 41S	11:56 250

**Betelgeuse Rise, Zenith and Set**

2019 Oct 01 (Tue)	23:40 81	06:05 65S	12:26 279
2019 Oct 02 (Wed)	23:36 81	06:01 65S	12:22 279
2019 Oct 03 (Thu)	23:32 81	05:57 65S	12:18 279
2019 Oct 04 (Fri)	23:28 81	05:53 65S	12:14 279
2019 Oct 05 (Sat)	23:24 81	05:49 65S	12:10 279

**Arcturus Rise, Zenith and Set**

2019 Oct 01 (Tue)	07:31 67	14:24 76S	21:17 293
2019 Oct 02 (Wed)	07:27 67	14:20 76S	21:13 293
2019 Oct 03 (Thu)	07:23 67	14:16 76S	21:09 293
2019 Oct 04 (Fri)	07:19 67	14:12 76S	21:05 293
2019 Oct 05 (Sat)	07:15 67	14:08 76S	21:01 293

**Polaris Rise, Zenith and Set**

2019 Oct 01 (Tue)	***** **	03:07 33N	***** **	15:05 32N
2019 Oct 02 (Wed)	***** **	03:03 33N	***** **	15:01 32N
2019 Oct 03 (Thu)	***** **	02:59 33N	***** **	14:57 32N
2019 Oct 04 (Fri)	***** **	02:55 33N	***** **	14:53 32N
2019 Oct 05 (Sat)	***** **	02:51 33N	***** **	14:49 32N

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**Vega Rise, Zenith and Set**

<b>2019 Oct 01 (Tue)</b>	<b>10:37 41</b>	<b>18:44 84N</b>	<b>02:55 319</b>
<b>2019 Oct 02 (Wed)</b>	<b>10:33 41</b>	<b>18:40 84N</b>	<b>02:52 319</b>
<b>2019 Oct 03 (Thu)</b>	<b>10:29 41</b>	<b>18:36 84N</b>	<b>02:48 319</b>
<b>2019 Oct 04 (Fri)</b>	<b>10:25 41</b>	<b>18:32 84N</b>	<b>02:44 319</b>
<b>2019 Oct 05 (Sat)</b>	<b>10:21 41</b>	<b>18:28 84N</b>	<b>02:40 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 Oct 01 (Tue)</b>	<b>08:17 103</b>	<b>13:49 46S</b>	<b>19:21 256</b>
<b>2019 Oct 02 (Wed)</b>	<b>08:20 104</b>	<b>13:51 45S</b>	<b>19:21 255</b>
<b>2019 Oct 03 (Thu)</b>	<b>08:23 105</b>	<b>13:52 44S</b>	<b>19:21 255</b>
<b>2019 Oct 04 (Fri)</b>	<b>08:26 106</b>	<b>13:53 44S</b>	<b>19:20 254</b>
<b>2019 Oct 05 (Sat)</b>	<b>08:29 106</b>	<b>13:55 43S</b>	<b>19:20 253</b>

**Venus Rise, Zenith and Set**

<b>2019 Oct 01 (Tue)</b>	<b>07:45 98</b>	<b>13:28 50S</b>	<b>19:11 261</b>
<b>2019 Oct 02 (Wed)</b>	<b>07:47 99</b>	<b>13:29 49S</b>	<b>19:11 261</b>
<b>2019 Oct 03 (Thu)</b>	<b>07:48 100</b>	<b>13:30 49S</b>	<b>19:10 260</b>
<b>2019 Oct 04 (Fri)</b>	<b>07:50 100</b>	<b>13:30 48S</b>	<b>19:09 259</b>
<b>2019 Oct 05 (Sat)</b>	<b>07:52 101</b>	<b>13:31 48S</b>	<b>19:09 259</b>

**Mars Rise, Zenith and Set**

<b>2019 Oct 01 (Tue)</b>	<b>05:57 88</b>	<b>12:04 59S</b>	<b>18:10 272</b>
<b>2019 Oct 02 (Wed)</b>	<b>05:56 88</b>	<b>12:02 59S</b>	<b>18:07 272</b>
<b>2019 Oct 03 (Thu)</b>	<b>05:55 88</b>	<b>12:00 58S</b>	<b>18:05 271</b>
<b>2019 Oct 04 (Fri)</b>	<b>05:55 89</b>	<b>11:59 58S</b>	<b>18:03 271</b>
<b>2019 Oct 05 (Sat)</b>	<b>05:54 89</b>	<b>11:57 58S</b>	<b>18:01 271</b>

**Jupiter Rise, Zenith and Set**

<b>2019 Oct 01 (Tue)</b>	<b>12:16 117</b>	<b>17:16 35S</b>	<b>22:16 243</b>
<b>2019 Oct 02 (Wed)</b>	<b>12:13 117</b>	<b>17:13 35S</b>	<b>22:13 243</b>
<b>2019 Oct 03 (Thu)</b>	<b>12:10 117</b>	<b>17:10 35S</b>	<b>22:09 243</b>
<b>2019 Oct 04 (Fri)</b>	<b>12:06 117</b>	<b>17:06 35S</b>	<b>22:06 243</b>
<b>2019 Oct 05 (Sat)</b>	<b>12:03 117</b>	<b>17:03 35S</b>	<b>22:03 243</b>

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**Saturn Rise, Zenith and Set**

<b>2019 Oct 01 (Tue)</b>	<b>14:07 117</b>	<b>19:08 35S</b>	<b>00:12 243</b>
<b>2019 Oct 02 (Wed)</b>	<b>14:03 117</b>	<b>19:04 35S</b>	<b>00:08 243</b>
<b>2019 Oct 03 (Thu)</b>	<b>14:00 117</b>	<b>19:00 35S</b>	<b>00:04 243</b>
<b>2019 Oct 04 (Fri)</b>	<b>13:56 117</b>	<b>18:56 35S</b>	<b>00:00 243</b>
<b>2019 Oct 05 (Sat)</b>	<b>13:52 117</b>	<b>18:52 35S</b>	<b>23:53 243</b>

## NOVEMBER 2019

13:30 LST Time Begins at 11:00 a.m. PST

**Seasonal Healing Sounds for Early Winter** Solar Plexus –  
SSSSHHHHHHIIIIIIII

November is the month of the rich scents of cinnamon, clove, crunchy leaves, gunpowder and frost. This is the season cooler temperatures begin and evenings start becoming darker more rapidly. It is a time of being thankful for all the blessings received during the year. A time holiday movies begin. Early winter is a good month to travel and for Health and Healing.

### **Pig (Ying - Fixed Element Water)**

Pig years include 1911, 1923, 1935, 1947, 1959, 1971, 1983, 1995, 2007.

Pig months are from Nov 8th to Dec 6th. Pig hours are from 9pm to 11pm. Pig types are honest, simple, gallant, sturdy, courageous, persevering, diligent, calm, understanding, thoughtful, patient, scrupulous, resolute, sociable, peace-loving, loyal, hard-working, trusting, sincere, passionate and intelligent. They may at times become condescending, fatalistic, naïve, over-reliant, self-indulgent and materialistic. Pigs use their strength, patience, hard work, popular sociability and loyalty to achieve their objectives. They are good at being teachers, fundraisers, club organizers and society organizers. Pigs are compatible with those individuals born during Sheep and Rabbit years.



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<b>November 2019</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	Veterans Day					
17	18	19	20	21	22	23
24	25	26	27	28	29	30
				Thanksgiving		

**ALL STAR AND PLANET RISE/SET  
TIMES ARE IN PACIFIC STANDARD  
TIME**

**Canopus Rise, Zenith and Set**

2019 Nov 01 (Fri)	02:14 160	04:31 5S	06:48 200
2019 Nov 02 (Sat)	02:10 160	04:27 5S	06:44 200
2019 Nov 03 (Sun)	01:06 160	03:23 5S	05:41 200
2019 Nov 04 (Mon)	01:02 160	03:19 5S	05:37 200
2019 Nov 05 (Tue)	00:58 160	03:15 5S	05:33 200

**Sirius Rise, Zenith and Set**

2019 Oct 31 (Thu)	23:35 110	04:57 41S	10:14 250
2019 Nov 01 (Fri)	23:31 110	04:53 41S	10:10 250
2019 Nov 02 (Sat)	23:27 110	04:49 41S	10:06 250
2019 Nov 03 (Sun)	22:23 110	03:45 41S	09:02 250
2019 Nov 04 (Mon)	22:20 110	03:41 41S	08:58 250
2019 Nov 05 (Tue)	22:16 110	03:37 41S	08:54 250

**Betelgeuse Rise, Zenith and Set**

2019 Nov 01 (Fri)	21:38 81	04:03 65S	10:24 279
2019 Nov 02 (Sat)	21:34 81	03:59 65S	10:20 279
2019 Nov 03 (Sun)	20:30 81	02:55 65S	09:16 279
2019 Nov 04 (Mon)	20:26 81	02:51 65S	09:12 279
2019 Nov 05 (Tue)	20:22 81	02:47 65S	09:08 279

**Arcturus Rise, Zenith and Set**

2019 Nov 01 (Fri)	05:29 67	12:22 76S	19:15 293
2019 Nov 02 (Sat)	05:25 67	12:18 76S	19:11 293
2019 Nov 03 (Sun)	04:21 67	11:14 76S	18:07 293
2019 Nov 04 (Mon)	04:17 67	11:10 76S	18:03 293
2019 Nov 05 (Tue)	04:13 67	11:06 76S	17:59 293

**Polaris Rise, Zenith and Set**

2019 Nov 01 (Fri)	***** **	01:06 33N	***** **	13:04 32N
2019 Nov 02 (Sat)	***** **	01:02 33N	***** **	13:00 32N
2019 Nov 03 (Sun)	***** **	23:54 33N	***** **	11:56 32N
2019 Nov 04 (Mon)	***** **	23:50 33N	***** **	11:52 32N

2019 Nov 05 (Tue)      \*\*\*\*\* \*\*      23:46 33N      \*\*\*\*\* \*\*      11:48 32N

**Vega Rise, Zenith and Set**

2019 Nov 01 (Fri)	08:35 41	16:42 84N	00:54 319
2019 Nov 02 (Sat)	08:31 41	16:38 84N	00:50 319
2019 Nov 03 (Sun)	07:27 41	15:34 84N	23:42 319
2019 Nov 04 (Mon)	07:23 41	15:30 84N	23:38 319
2019 Nov 05 (Tue)	07:19 41	15:27 84N	23:34 319

**Mercury Rise, Zenith and Set**

2019 Nov 01 (Fri)	08:42 116	13:44 35S	18:45 244
2019 Nov 02 (Sat)	08:37 116	13:39 35S	18:41 244
2019 Nov 03 (Sun)	07:31 116	12:33 36S	17:36 244
2019 Nov 04 (Mon)	07:24 115	12:27 36S	17:31 245
2019 Nov 05 (Tue)	07:16 115	12:21 36S	17:26 245

**Venus Rise, Zenith and Set**

2019 Nov 01 (Fri)	08:48 114	13:56 37S	19:04 246
2019 Nov 02 (Sat)	08:51 114	13:57 36S	19:04 245
2019 Nov 03 (Sun)	07:53 115	12:59 36S	18:04 245
2019 Nov 04 (Mon)	07:55 115	13:00 36S	18:05 245
2019 Nov 05 (Tue)	07:57 116	13:01 36S	18:05 244

**Mars Rise, Zenith and Set**

2019 Nov 01 (Fri)	05:29 97	11:15 51S	17:01 263
2019 Nov 02 (Sat)	05:29 98	11:14 51S	16:58 262
2019 Nov 03 (Sun)	04:28 98	10:12 50S	15:56 262
2019 Nov 04 (Mon)	04:27 98	10:11 50S	15:54 262
2019 Nov 05 (Tue)	04:26 98	10:09 50S	15:52 261

**Jupiter Rise, Zenith and Set**

2019 Nov 01 (Fri)	10:38 117	15:37 34S	20:36 243
2019 Nov 02 (Sat)	10:35 117	15:34 34S	20:32 243
2019 Nov 03 (Sun)	09:32 117	14:31 34S	19:29 243
2019 Nov 04 (Mon)	09:29 117	14:27 34S	19:26 243
2019 Nov 05 (Tue)	09:26 117	14:24 34S	19:23 243

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**Saturn Rise, Zenith and Set**

<b>2019 Nov 01 (Fri)</b>	<b>12:11 117</b>	<b>17:12 35S</b>	<b>22:13 243</b>
<b>2019 Nov 02 (Sat)</b>	<b>12:07 117</b>	<b>17:08 35S</b>	<b>22:09 243</b>
<b>2019 Nov 03 (Sun)</b>	<b>11:04 117</b>	<b>16:05 35S</b>	<b>21:05 243</b>
<b>2019 Nov 04 (Mon)</b>	<b>11:00 117</b>	<b>16:01 35S</b>	<b>21:02 243</b>
<b>2019 Nov 05 (Tue)</b>	<b>10:57 117</b>	<b>15:57 35S</b>	<b>20:58 243</b>

## DECEMBER 2019

13:30 LST Time Begins at 9:00 a.m. PST

Winter forces us to spend more time indoors. It encourages reflection and introspection. We also become much less physically active. It is the time for being objective, artistic and allowing for flexibility. Allow yourself to be yourself. Allow yourself to express more wisdom and awe the beauty winter brings. For healing, warming and heat therapy works best this time of year and it is the best time of year to build new body strength. This is the season of fluids flowing all around us in multiple directions all at once. A time of quiet willpower and spontaneous sighs. The color of winter represents black and darkness. Around Christmas, life goes through the phase of re-birth and a healing of mind and body begins as we rest our emotions. This time of contemplation allows us to take a spiritual and physical inventory of our lives and it nurtures our emotions and spirit. It is a time to be on the lookout for fear.

### **Rat (Yang - Fixed Element Water)**

Rat years include the following 1900, 1912, 1924, 1936, 1948, 1960, 1972, 1984, 1996, 2008. Rat months are from Dec 7th to Jan 5th. Rat hours are from 11pm to 1am. Rat personalities are meticulous, charming, sociable, forthright, industrious, charismatic, generous to close family and friends, eloquent, and shrewd and tenacious. They may sometimes become over-ambitious, manipulative, vindictive, venal, critical, un-sociable and ruthless. They have good leadership skills and entrepreneurial skills.

Their quickness to exploit opportunities and their eye for detail allow them to achieve power and wealth. They are excellent politicians, lawyers, engineers, detectives and pathologists. Rat types are most compatible with those individuals born during the years of the Monkey, Dragon and Ox.

## Seasonal Healing Sounds for Winter

Kidneys – FFFFFFFFUFUUUUUUU

*A good tip to improve the successful outcome of the healing sounds is to do an oil pulling beforehand (swishing your mouth with COLD PRESSED sunflower oil for 5 minutes, then spitting out the oil and rinsing the mouth with cool water). This greatly strengthens the vocal chords and mouth muscles.*

### Healing Color Visualization Exercise Kidneys and Bladder / Ears / Water Element

Breathe in deep while focusing on the kidneys. As you breathe out, release the sound "HOOOOOO", while visualizing DARK BLUE/INDIGO energy exiting through the ears. Repeat the exercise 3, 6, 9, or more times.

### Element WATER

Winter represents cold and water. Its main action is cooling and moistening. The flowing effect of water is for it to sink to the lowest level. At this level, it either nourishes (*as in feeding roots*), or causes blockages. If circulation is poor or non-existent blockages will begin to form. These blockages will gradually build up, manifesting itself strongest during spring.

Water types succeed by not allowing their fears to block their full expression of creativity.

Moving water activates its functions. Winter is where energy travels deep within, lying dormant until the approach of spring. Qi circulation, as well as blood, are reduced by the effects of cold. Cold also stiffens muscles and tendons, especially in the joints and knees. Water represents the Bladder and Kidneys which play a crucial role in urination, or water retention.

## Flavor is SALTY

Saltiness is Yin energy. It is cooling and has affinity with the season of winter. It enters the kidneys, softens (*good*), hardens (*bad*) regulates fluids and detoxifies. Examples of salty foods: shellfish, soy sauce, seaweed and celery.

**Best advice for Winter:** People with Cold in their body, or who are cold sensitive, should take herbs to move their Qi and blood. It is a time to keep warm, meditate, rest and conserve energy. Eat hearty and warming foods. Cook for longer, with less water, at a lower temperature. Steam vegetables. Use more sea salt and include bitter tasting foods in the diet. Eat preserved and fermented foods such as fermented soy bean paste and miso.

**Late Winter to Spring** - Exposure to Cold, Excessive Sweet Foods, Excessive Yogurt, Cheese, Milk and similar dairy, Meat, Excessive Salts, Excessive Water, Overeating, Oversleeping, Lack of Exercise.

**Mental Component** – Doubts, Greed, Possessiveness, Lack of Compassion.

## Season Moon Phase and Character

### New Moon

The Winter Solstice. (**December 21st**)

A time of opportunity. You may feel subjective or self-centered in approach. You make your own rules appropriate to the moment. Some may question why it needs to be done this way or that way, and are not satisfied with the answer due to the fact it is how it has always been done.



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# December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	Christmas 25	26	27	28
29	30	31				

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**ALL STAR AND PLANET RISE/SET TIMES ARE IN  
PACIFIC STANDARD TIME**

**Canopus Rise, Zenith and Set**

2019 Dec 01 (Sun)	23:12 160	01:33 5S	03:50 200
2019 Dec 02 (Mon)	23:08 160	01:29 5S	03:46 200
2019 Dec 03 (Tue)	23:04 160	01:25 5S	03:43 200
2019 Dec 04 (Wed)	23:00 160	01:21 5S	03:39 200
2019 Dec 05 (Thu)	22:56 160	01:17 5S	03:35 200

**Sirius Rise, Zenith and Set**

2019 Dec 01 (Sun)	20:33 110	01:55 41S	07:12 250
2019 Dec 02 (Mon)	20:29 110	01:51 41S	07:08 250
2019 Dec 03 (Tue)	20:26 110	01:47 41S	07:04 250
2019 Dec 04 (Wed)	20:22 110	01:43 41S	07:00 250
2019 Dec 05 (Thu)	20:18 110	01:39 41S	06:56 250

**Betelgeuse Rise, Zenith and Set**

2019 Dec 01 (Sun)	18:40 81	01:05 65S	07:26 279
2019 Dec 02 (Mon)	18:36 81	01:01 65S	07:22 279
2019 Dec 03 (Tue)	18:32 81	00:57 65S	07:18 279
2019 Dec 04 (Wed)	18:28 81	00:53 65S	07:14 279
2019 Dec 05 (Thu)	18:25 81	00:49 65S	07:10 279

**Arcturus Rise, Zenith and Set**

2019 Dec 01 (Sun)	02:31 67	09:24 76S	16:17 293
2019 Dec 02 (Mon)	02:27 67	09:20 76S	16:13 293
2019 Dec 03 (Tue)	02:23 67	09:16 76S	16:09 293
2019 Dec 04 (Wed)	02:19 67	09:12 76S	16:05 293
2019 Dec 05 (Thu)	02:15 67	09:08 76S	16:01 293

**Polaris Rise, Zenith and Set**

2019 Dec 01 (Sun)	***** **	22:04 33N	***** **	10:06 32N
2019 Dec 02 (Mon)	***** **	22:00 33N	***** **	10:02 32N
2019 Dec 03 (Tue)	***** **	21:56 33N	***** **	09:58 32N
2019 Dec 04 (Wed)	***** **	21:52 33N	***** **	09:54 32N
2019 Dec 05 (Thu)	***** **	21:48 33N	***** **	09:50 32N

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**Vega Rise, Zenith and Set**

<b>2019 Dec 01 (Sun)</b>	<b>05:37 41</b>	<b>13:44 84N</b>	<b>21:52 319</b>
<b>2019 Dec 02 (Mon)</b>	<b>05:33 41</b>	<b>13:40 84N</b>	<b>21:48 319</b>
<b>2019 Dec 03 (Tue)</b>	<b>05:29 41</b>	<b>13:36 84N</b>	<b>21:44 319</b>
<b>2019 Dec 04 (Wed)</b>	<b>05:25 41</b>	<b>13:33 84N</b>	<b>21:40 319</b>
<b>2019 Dec 05 (Thu)</b>	<b>05:21 41</b>	<b>13:29 84N</b>	<b>21:36 319</b>

**Mercury Rise, Zenith and Set**

<b>2019 Dec 01 (Sun)</b>	<b>04:57 108</b>	<b>10:19 42S</b>	<b>15:40 252</b>
<b>2019 Dec 02 (Mon)</b>	<b>04:59 109</b>	<b>10:20 41S</b>	<b>15:40 251</b>
<b>2019 Dec 03 (Tue)</b>	<b>05:01 109</b>	<b>10:21 41S</b>	<b>15:40 251</b>
<b>2019 Dec 04 (Wed)</b>	<b>05:04 110</b>	<b>10:22 40S</b>	<b>15:40 250</b>
<b>2019 Dec 05 (Thu)</b>	<b>05:06 110</b>	<b>10:23 40S</b>	<b>15:40 250</b>

**Venus Rise, Zenith and Set**

<b>2019 Dec 01 (Sun)</b>	<b>08:44 119</b>	<b>13:39 33S</b>	<b>18:33 241</b>
<b>2019 Dec 02 (Mon)</b>	<b>08:46 119</b>	<b>13:40 33S</b>	<b>18:35 241</b>
<b>2019 Dec 03 (Tue)</b>	<b>08:47 119</b>	<b>13:42 33S</b>	<b>18:37 241</b>
<b>2019 Dec 04 (Wed)</b>	<b>08:48 119</b>	<b>13:43 33S</b>	<b>18:39 241</b>
<b>2019 Dec 05 (Thu)</b>	<b>08:50 119</b>	<b>13:45 33S</b>	<b>18:40 241</b>

**Mars, Rise, Zenith and Set**

<b>2019 Dec 01 (Sun)</b>	<b>04:05 106</b>	<b>09:32 44S</b>	<b>14:58 254</b>
<b>2019 Dec 02 (Mon)</b>	<b>04:04 106</b>	<b>09:30 43S</b>	<b>14:56 254</b>
<b>2019 Dec 03 (Tue)</b>	<b>04:03 106</b>	<b>09:29 43S</b>	<b>14:54 254</b>
<b>2019 Dec 04 (Wed)</b>	<b>04:03 107</b>	<b>09:27 43S</b>	<b>14:52 253</b>
<b>2019 Dec 05 (Thu)</b>	<b>04:02 107</b>	<b>09:26 43S</b>	<b>14:50 253</b>

**Jupiter Rise, Zenith and Set**

<b>2019 Dec 01 (Sun)</b>	<b>08:08 118</b>	<b>13:06 34S</b>	<b>18:04 242</b>
<b>2019 Dec 02 (Mon)</b>	<b>08:05 118</b>	<b>13:03 34S</b>	<b>18:01 242</b>
<b>2019 Dec 03 (Tue)</b>	<b>08:02 118</b>	<b>13:00 34S</b>	<b>17:58 242</b>
<b>2019 Dec 04 (Wed)</b>	<b>07:59 118</b>	<b>12:57 34S</b>	<b>17:55 242</b>
<b>2019 Dec 05 (Thu)</b>	<b>07:56 118</b>	<b>12:54 34S</b>	<b>17:52 242</b>

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**Saturn Rise, Zenith and Set**

<b>2019 Dec 01 (Sun)</b>	<b>09:23 116</b>	<b>14:25 35S</b>	<b>19:27 244</b>
<b>2019 Dec 02 (Mon)</b>	<b>09:20 116</b>	<b>14:21 35S</b>	<b>19:23 244</b>
<b>2019 Dec 03 (Tue)</b>	<b>09:16 116</b>	<b>14:18 35S</b>	<b>19:20 244</b>
<b>2019 Dec 04 (Wed)</b>	<b>09:13 116</b>	<b>14:14 35S</b>	<b>19:16 244</b>
<b>2019 Dec 05 (Thu)</b>	<b>09:09 116</b>	<b>14:11 35S</b>	<b>19:13 244</b>

## The Planetary Transition into Aquarius

As we enter the 21<sup>st</sup> century, heading out of Pisces and into Aquarius humanity is beginning a new phase that will gradually become Yin dominant. We are also witnessing a change in the types of diseases that are occurring today. Yin conditions include kidney and liver diseases, anxiety and fear, depression, victim mindset and obesity. Men of the future will be more emotional compared to the tougher and harder men of years past. Pisces exerts more yang type energy and Aquarius is exerting more Yin type energy. We are entering a time of great balance occurring between the Yang energy of Pisces and the Yin energy of Aquarius. This may mean a reduction or even loss of psychic and intuitive ability for some, which is why there is such growing interest in the field of remote viewing.

Yin energy vibrates at a higher frequency and if not properly balanced, may cause some people to become over-active, resulting in a loss of productivity. Some of the symptoms we may be experiencing more of include the following: A racing mind and an inability to calm down and focus the mind on a single activity. One method to reduce this is by using grounding techniques.

### Attributes of Yin Energy

- More Female
- Energy Flow is more upwards
- Lower Pressure
- Outward moving or centrifugal direction
- Close to earth's center and of a lower altitude
- Near Oceans
- Colors are Violet, Blue and Indigo
- Expanded and larger
- Shape is circular, rounded and curved
- Cooler Temperature
- Smooth and Soft
- Entropic
- Flow force is stagnant or slow
- Shrill or higher notes
- More Alkaline
- Materials are cool, soft and expanded

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- Chemical elements include light and toxic. Radioactive materials are extreme yin
- Liquid Gas
- Attitude is introverted and covert
- Physics is attractive (magnetism)
- Tissues are dilated, cool, relaxed and sickly
- Low Blood Sugar
- Flaccid or relaxed
- Nerves are limp and relaxed
- Pulse is slow. Weak heart and expanded arteries
- Hormones include Progesterone and Estrogen
- Voice is of a higher pitch
- Body hair is less hair
- Eyes are larger
- Hips are expanded or wider
- Fewer red blood cells
- Diseases include viral infections, degenerative diseases and fungal or yeast infections. Also diseases of a cold like nature.
- Body position is lying down or prone
- Age is older
- Hormones include cortisol, estrogen, glucagon, cortisone and parathormone
- Lifestyle includes music, art, computers, phones and television. Excessive exercise or excess sun accelerates yin effects. Nutritional deficiencies.
- Oxidation rate is slower or of four lows
- Lower Na/K levels and higher Na/K levels
- Sympathetic nervous system
- Thoughts include erratic, destructive and confused
- Nutritional Balancing methods include colonic irrigation, baths, herbal formulas. Supplements should be used in moderation as they may become overly yin.
- Foods include sugars, fruit, fermented, distilled water, reverse osmosis water, alkaline water and alcohol
- The Seven System Energy Movement
- Minerals are copper dominant

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<b>Zodiac Yin/Yang and Polarities</b>			
<b>Aries</b>	Fire	Cardinal	Yang (+)
<b>Taurus</b>	Earth	Fixed	Yin (-)
<b>Gemini</b>	Air	Mutable	Yang(+)
<b>Cancer</b>	Water	Cardinal	Yin (-)
<b>Leo</b>	Fire	Fixed	Yang (+)
<b>Virgo</b>	Earth	Mutable	Yin (-)
<b>Libra</b>	Air	Cardinal	Yang (+)
<b>Scorpio</b>	Water	Fixed	Yin (-)
<b>Sagittarius</b>	Fire	Mutable	Yang (+)
<b>Capricorn</b>	Earth	Cardinal	Yin (-)
<b>Aquarius</b>	Air	Fixed	Yang (+)
<b>Pisces</b>	Water	Mutable	Yin (-)



## THE 2019 MOON VOID OF COURSE CALENDAR

It takes a few weeks for our sun to move through each constellation. Our moon transits the same constellation in just 2.5 days because it is such a fast moving object. As a matter of fact it moves 1 degree in 2.5 hours through the constellation. Depending upon what you are planning, if you perform it when the moon is 'void' the energies set into motion will feel wasted, irrelevant or slow. This is because information is energy. Hence when you set tasks into action when the moon is not void of course, there is more information available, which assists you in your goals and efforts. Think of the last time you moved into a new house or apartment. The energy of the constellations channeled down into the earth by the moon works the same way. When the moon moves into the house and is not void, things feel much more at home.

The definition for a void of course Moon is the period of time the Moon "wanders" after its last aspect and is headed towards its new aspect. The void of course Moon represents a period of time lasting usually less than a day. During this time the course of events or when undertaking new tasks, especially if they are physical or mental, seem more difficult. Arrangements may be subject to unexpected changes. You may seem less likely to make a solid decision when the moon is void of course. Some expert Astrologers will refuse to make important business plans during a void of course moon. If you want to keep something hidden or secret, do it the last few hours before the moon enters the void of course.

A handy tip for working with the void of course moon is when the idea of something pops into your mind and you receive a strong urge or impulse to act upon it, or get an urge to buy something, if this urge, impulse or "bright idea" takes place when the moon is void of course, the idea/items may

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not be conducive towards success or the chance of it succeeding may not be good.

Planning important projects or journeys when the moon is not void of course can greatly accelerate the success of a project or objective.

The very best time to take advantage of the beneficial moon energy is just as the void of course is ending, which is usually the last 30 minutes. Plan the following projects when the moon is not in void:

- Start a new business, project or enterprise
- Begin to engage forward motion for long-term success
- Sign documents and send out important e-mails
- Hold important meetings and make critical decisions
- Purchase food to be used for long term use or storage
- Begin or revise a book
- Register a Domain name or Begin a Website
- Open a New Bank Account
- Apply to Enroll in Courses or Long Term Academic projects such as College or Trade Schools

## **Influences of the Moon & House**

### **Moon in Aries**

**Associated Healing Regions** - Head, Face and Brain

A time to begin activities involving authority, rebirth, spiritual conversion, leadership or willpower.

**Associated Properties** - Self-improvement, makeovers, conflict, combat, health and vitality, energy workings, warriors and soldiers, working on weapons, battles, war, cutting through the red-tape. Intention for yourself.

### **Moon in Taurus**

#### **Associated Healing Regions** - Neck, Throat and Ears

A time to begin activities involving real estate, love, material acquisitions and money.

**Associated Properties** - business, possessions, increasing self-worth and/or self-esteem, patience, fertility, values and ethics, prosperity, security, love, music and the arts, bindings and endurance.

### **Moon in Gemini**

**Associated Healing Regions** - Hands, Shoulders, Arms or Lungs. A time to begin activities involving communication, change of residence, public relations, writing and travel.

**Associated Properties** - Memory, communication, intelligence, inspiration, mobile, changing, ideas, commerce, siblings, writing, teaching and learning, adaptability, computers, travel, cars and transportation in general, gay, bi or cross gender issues, buying and selling, communication and networking. Future orientated.

### **Moon in Cancer**

#### **Associated Healing Regions** - Stomach and Chest

A time to begin activities involving domestic life and home.

**Associated Properties** - psychic abilities, divination, finding one's roots, home, mother, family, children, food, past lives, finding or buying a home, weather workings, real estate, establishing a coven, initiation, planting and raising food crops, starting a tradition.

### **Moon in Leo**

#### **Associated Healing Areas** - Spine, Heart and Upper Back

A good time to begin activities involving courage, fertility, childbirth, authority and power over others.

**Associated Properties** - children, creativity, fun, self-expression, love, romance and dating, play, vacation and leisure, investments and speculation, awards and recognition, pride and personal pride, selling a home at a good profit, queens and kings, aristocracy and big rituals.

### **Moon in Virgo**

#### **Associated Healing Regions** - Nervous System and Intestines

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A good time to begin activities involving health, dietary concerns, employment and intellectual matters.

**Associated Properties** - organizing, diet, making tools and objects, business and trade, Health, healing, diagnosing, wellness, herb lore and study, establishing a system or bureaucracy, mentality and intelligence, familiars, climate, science, logic, numbers and mathematics, systems and analysis, genetics, soldiers and the military, servants, underlings, co-workers, police and law enforcement, cleansing, purification and ecology in general.

### **Moon in Libra**

**Associated Healing Regions** - Lower back, Kidneys

A good time to begin activities involving justice, court cases, artistic work, partnerships and unions, karmic, spiritual, or emotional balance and mental stimulation.

**Associated Properties** - self-awareness, balance and harmony (the scales), romance and dating, partnerships, legal matters in general, justice, contracts, love, accountant, socializing, team-building, marriage, music, finding a good doctor, war and/or peace, strategy, diplomacy, negotiation, balance, beauty and harmony, lawyer, diplomacy, open enemies and service to others. Etiquette, manners, and politeness. Jewelry, love and marriage.

### **Moon in Scorpio**

**Associated Healing Regions** - Reproductive Organs

A good time to begin activities involving psychic growth, sexual matters, power, secrets, and fundamental transformations.

**Associated Properties** - regeneration, renewal, banishing, forging a group identity, sex, death, initiation, transformation, developing psychic talents, will and willpower, secrets, research, uncovering hidden or lost things, magic in general, black magick, divination, contacting the dead, morals and morality, contacting the other planes, purging and purification through suffering, nuclear power, warriors and fighters, taxes and insurance, exorcism, hypnotism, energy workings, will and willpower.

### **Moon in Sagittarius**

#### **Associated Healing Regions** - Thighs, Hips and Thighs

A good time to begin activities involving travel, truth, publications and legal matters.

**Associated Properties** - education, philosophy and ethics, dreams, legal matters in general, laws, judges, teaching and learning, luck in general, good luck, contacting the higher plane, accessing the Akashic records, big rituals, divination, starting a tradition, conscience, big business, monopolies and ceremonial magick.

### **Moon in Capricorn**

#### **Associated Healing Regions**- Teeth, Skin, Knees and Bones,

A good time to begin activities involving recognition, career, organization, ambition and political matters.

**Associated Properties** - big business, achievement, awards and recognition, career, job, business, work, honor and reputation, statesmen, presidents, government in general, father, authority in general, world leaders. The body is more resistant to disease, hence if you feel like going to that buffet you've always dreamed of, this is the time to do it.

### **Moon in Aquarius**

A good time to begin activities involving problem-solving, extrasensory abilities, science, freedom, the breaking of bad habits or unhealthy addictions, invention, creative expression and friendship.

#### **Associated Healing Regions** – Ankles, Blood and Calves.

A good time to begin activities involving founding a coven, friends, acquaintances, clubs and organizations, congress and other legislative bodies. Hopes, idealism, politics in general, congressmen and representatives, getting a raise, making the world a better place, freedom, genius, logic, new inventions, utopia, electronic things in general and luck in general.

### **Moon in Pisces**

A good time to begin activities involving telepathy, music, dream-work, clairvoyance and the creative arts.

#### **Associated Healing Regions** - Lymph Glands and Feet.

**Associated Properties** - merging with Deity, spirituality,

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increasing psychic ability, contacting other planes, prisons and prisoners, criminals, hidden enemies, past lives and karma, reincarnation, confinement, the downtrodden and unfortunate. Magick in general, potions, brews, secrets and hidden things, finding lost items, banishment, exorcism, medium-ship, charity and welfare, poisons, drawing out poisons, cleansing, widows and orphans, spies, hypnotism, mental health, nuclear power, radiation, psychic healing, working with oils, working on self-betterment by examining hidden aspects of yourself, incenses and perfumes, luck in general and bad luck.

All times shown in the Moon's Void of Course Calendar on the following pages are in **Eastern Standard Time**.

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<b>All times Eastern Standard</b>	<b>January 2019</b>			
<b>Date of last aspect</b>	<b>Void Begins</b>	<b>Date</b>	<b>House / Constellation</b>	<b>Void Ends</b>
<b>1</b>	5:25 p.m.	2	Sagittarius	3:59 a.m.
<b>4</b>	12:41 p.m.	4	Capricorn	1:54 p.m.
<b>7</b>	1:21 a.m.	7	Aquarius	1:45 a.m.
<b>9</b>	11:50 a.m.	9	Pisces	2:43 p.m.
<b>11</b>	9:23 a.m.	12	Aries	3:19 a.m.
<b>14</b>	10:55 a.m.	14	Taurus	1:30 p.m.
<b>16</b>	1:33 p.m.	16	Gemini	8:00 p.m.
<b>18</b>	8:31 p.m.	18	Cancer	10:43 p.m.
<b>20</b>	8:49 p.m.	20	Leo	10:53 p.m.
<b>22</b>	8:19 p.m.	22	Virgo	10:21 p.m.
<b>24</b>	8:51 a.m.	24	Libra	11:01 p.m.
<b>27</b>	12:20 a.m.	27	Scorpio	2:30 a.m.

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<b>28</b>	<b>5:38 p.m.</b>	<b>29</b>	<b>Sagittarius</b>	<b>9:31 a.m.</b>
<b>31</b>	5:31 p.m.	31	Capricorn	7:46 p.m.
<b>February</b>				
<b>ALL TIMES EASTERN STANDARD</b>				
<b>Date of Last Aspect</b>	<b>Time Void Begins</b>	<b>Date</b>	<b>House / Constellation</b>	<b>Time Void Ends</b>
<b>3</b>	5:53 a.m.	3	Aquarius	8:02 a.m.
<b>5</b>	6:58 p.m.	5	Pisces	9:01 p.m.
<b>7</b>	5:12 p.m.	8	Aries	9:32 a.m.
<b>10</b>	6:47 p.m.	10	Taurus	8:21 p.m.
<b>12</b>	5:25 p.m.	13	Gemini	4:31 a.m.
<b>15</b>	7:47 a.m.	15	Cancer	9:01 a.m.
<b>17</b>	9:16 a.m.	17	Leo	10:20 a.m.
<b>19</b>	8:50 a.m.	19	Virgo	9:46 a.m.
<b>20</b>	8:51 a.m.	21	Libra	9:16 a.m.
<b>23</b>	10:10 a.m.	23	Scorpio	10:55 a.m.
<b>25</b>	7:12 a.m.	25	Sagittarius	4:18 p.m.
<b>28</b>	1:16 a.m.	28	Capricorn	1:47 a.m.



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<b>ALL TIMES EASTERN STANDARD</b>	<b>March</b>			
	<b>Time Void Begins</b>	<b>Date</b>	<b>House / Constellation</b>	<b>Time Void Ends</b>
<b>2</b>	1:46 p.m.	2	Aquarius	2:05 p.m.
<b>5</b>	3:04 a.m.	5	Pisces	3:10 a.m.
<b>7</b>	2:07 p.m.	7	Aries	3:26 p.m.
<b>9</b>	12:13 p.m.	10	Taurus	3:09 a.m.
<b>12</b>	5:30 a.m.	12	Gemini	11:47 a.m.
<b>14</b>	8:29 a.m.	14	Cancer	5:48 p.m.
<b>16</b>	2:02 p.m.	16	Leo	8:56 p.m.
<b>18</b>	11:18 a.m.	18	Virgo	9:40 p.m.
<b>20</b>	11:21 a.m.	20	Libra	9:27 p.m.
<b>22</b>	2:09 p.m.	22	Scorpio	10:15 p.m.
<b>24</b>	10:23 p.m.	25	Sagittarius	2:05 p.m.
<b>26</b>	10:36 p.m.	27	Capricorn	10:06 a.m.

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**Thank you for your interest in the 2019 Feng Shui Planetary Prosperity Almanac and Ephemeris with Organizer. Look for it in your favorite bookstore or order the kindle, nook or paperback editions online.**

**Wishing you a prosperous and safe 2019!**



***Scott Rauvers***

**Author**