

Remote Viewing. The Complete User's Manual on Experiencing Future Consciousness

*Published by the Institute For
Solar Studies*



Scott Rauvers



THIS BOOK IS NOT ABOUT GETTING RICH QUICK. ITS
TRUE PURPOSE IS TO REVEAL TECHNIQUES AND
TECHNOLOGY THAT ALLOW ONE TO TAP INTO THEIR
FULL POTENTIAL

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This edition not only includes methods and techniques to enhance intuition, but also includes gems and foods proven to enhance intuition. The technology and hardware discussed in this book is the result of the research done on Torsion Fields by Dr. Nikolai Kozyrev. Torsion fields have been shown to interact with the fields of consciousness and time, either making it more or less dense. We devote an entire chapter on Torsion Fields and its effects on time in this edition.

Disclaimer

No guarantee is provided herein in that any person(s) using the techniques described in this book will profit from trading the stock markets. The reader assumes all risk and liability and shall not hold The Solar Institute or its partners for any losses that may be incurred while using the strategies and methods provided herein. This book, where possible, uses scientific references and facts for the information provided. The majority of the studies quoted in this book include papers published in peer review journals, giving the information presented herein the ability for the research to be duplicated. This book includes the key solar weather windows that improved remote viewing of the stock market based on more than 60 ARV sessions conducted during 2015 and 16 ARV sessions performed in 2017.

ISBN-10: 1973945169

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A message to readers

Welcome to one of the most informative and up to date books on Remote Viewing Technology available anywhere. The purpose of this book is to give new or seasoned remote viewers the latest proven techniques that improve their skills of remote viewing, as well as lay the foundation for technology that enhances the clarity of remote viewing. Very little information exists on research done on Associative Remote Viewing. The purpose of this book is to connect the dots and put into context technology that allows for communication across space-time using remote viewing as the primary medium. This book is part two of our first remote viewing book released in 2016 titled **Wormhole Theories, Sunspot Activity and Remote Viewing Stocks**. Since that time our remote viewing research has evolved to include technology hardware that enhances the accuracy of Associative Remote Viewing. The technology is based upon the neutrino principle which interfaces with coherent fields of energy that act as a frequency puller for future frequencies that exist in the quantum hologram.

This edition is meant for the remote viewer with some experience wanting to move up the ranks and take on greater challenges. For experienced remote viewers, this guide will take you to new levels, testing your potential and learn new skills.

Dedication

This book is dedicated to the little red cardinal, whose family of 3 showed up while I worked out the more challenging parts of this book. Their quick witted behavior and resiliency is as graceful as their bright red feathers.



About the Institute for Solar Studies

The Institute for Solar Studies is a research think tank devoted to the research of solar science and the effects the sun has on our day to day life. The Solar Institute has published more than 15 books during its 10 year existence and publishes a yearly almanac titled: The Feng Shui Planetary Prosperity Almanac.

CHAPTERS

INTRODUCTION	1
Chapter 1	20
Emotion and the Flow of Time.....Scientific Validation that The Human Nervous System is Influenced by Geomagnetic Activity	
Chapter 2 - Using Binary Code to Send Messages Back in Time	24
Has Dr. Ron Mallett has already succeeded?.....Are Time Traveler's Already Here?.....The Human Body Functions as an Aerial.....Embarrassment as a Motivator for Stimuli.....Energy Attracts.....Quantum Holography.....What is the Quantum Hologram?	
Chapter 3 - Scientific Documentation Of Future Precognition	37
Emotions as Sensors for Future Stimuli.....The Nervous System and Future Emotion.....What does Retrocausality Mean?.....MRI Brain Patterns during Pre-Stimulus PSI Trials.....Final Conclusions and Summary.....Commission of Crimes.....Infrared used in Communication.....The Heart as an Aerial for Detecting Future Stimuli.....Summary.....Restoring Health and Fitness using The Heart Math EM Wave.....What are Mayer Waves?.....Final Conclusions/Summary.....Pupil Dilation, Heart Rate and Anticipatory Reactions.....Summary.....Magnetic Sensitivity and the Retina.....Brainwave Frequencies that Enhance Associative Remote Viewing.....EEG and Healing.....Nicotine Enhances Alpha Brainwaves.....The Collective Swarm of Unconscious Precognition.....Collective Intuition as a sign of Future Danger.....911 and Random Number Generator Activity before the World Trade Center Attacks.....Collective Intuition and Winning Lottery Tickets.....Collective Fun.....Associative Remote Viewing and power of Expectation.....Swarm Intelligence Predicts the Future.....Associative Remote Viewing Sessions Peak on Sunday Evenings.....Summary.....Free Will and the Common Group Collective.....Barometric Air Pressure and Genius.....Receiving Intuition Information in Groups.....Summary.....General Summary	

Chapter 4 - The Maharishi Effect and Its Effects on the Economy and the Stock Market 71

Chapter 5 – Scientific Studies Confirming Intuition Can Be Used To Make Money In The Markets, At The Casino Or To Succeed In Business 74

Quiet Geomagnetic Activity Increases Casino Payouts.....Business Opportunity and Intuition.....Using Feedback to Generate Intuition.....Intuition Training.....Summary.....Remote Viewing the Future of the Dow Jones.....Important Information for the Independent Associative Remote Viewer

Chapter 6 - The Remote Viewing Electronics / Technology 79

Seasonal Variation of Geomagnetic Storms.....Solar Activity Slows the Growth of Rice.....Summary.....Luminescence.....Thoughts and Polarization.....Polarized Inflow.....Polarized Outflow.....Mixed Flow.....Beneficial Side Effects of Polarized Energy.....Using Polarization in Remote Viewing.....Closing Summary.....Polarization in Nature.....Polarization and Schumann Resonance.....Additional Findings.....Summary.....What is Elliptical Polarization?

Chapter 7 - Time Dilation and Gravity 92

Russian Cosmonaut Sergi Krikalev Travels into the Future.....Gravitational Fields and Time-space.....Time Runs Backwards. Detecting Signals From Our Future Selves.....Schrödinger's Cat is explained using Neutrinos.....Building a Signals From the Future Device.....Particles from the Past Influencing the Present.....What is meant by the physics term "Handshake"?.....Neutrinos and Paranormal Events.....Summary

Chapter 8 - The 2017 Dow Jones Industrial Average Remote Viewing Project 98

Best Biorhythm Periods.....Solar Wind Speed and Remote Viewing.....Building Your Remote Viewing Calendar.....Remote Viewing during Midnight.....Summary.....What is Precognition?.....Dealing with Remote Viewing Interference.....The 10.7cm Radio Flux Breakthrough.....The F2 Layer.....Ham Radio Signal Strength according to Sunspot Activity.....Final Facts about Earth's Ionosphere.....The Sun's 10.7cm Radio Flux and the Schumann

Resonance.....Summary.....Brainwaves and the Schumann
 Resonance.....The Schumann Resonance and
 Intuition.....Summary.....Seasonal 10.7cm Radio Flux
 levels.....Seasonal and Daily Variation of the Schumann
 Resonance.....Lightning activity in Africa, America and Asia.....The
 Dawn Chorus

Chapter 9 - How to use Heart Math with Remote Viewing 118

Communication system using Schumann resonance frequencies. Patent -
 WO 2016161464 A1.....Toroidal Antenna. Patent - US
 4622558.....Summary.....Heart Math Coherence and
 Brainwaves.....Left Brain.....Right Brain.....Summary.....What is
 Heart Math?.....How to Do the Heart Math Exercise.....Heart Focused
 Breathing.....Heart Rhythm Feeling

Chapter 10 - Coherence in Nature 128

Electromagnetic Energy and Coherence.....Causes of
 Coherence.....Sources of Coherence.....Brainwave
 Coherence.....Using Essential Oils for Coherence

Chapter 11 - Gravity and the Fluidity of Time 132

Births and Low Tide.....Using an EEG to detect predictive anticipatory
 activity.....Effects of Quantum Interference in the Nervous
 System.....Quantum Consciousness.....Wormholes and Fields of
 Emotion.....Summary.....The Nervous System and its Reaction to
 Future Stimuli.....Research Study #1.....Research Study
 #2.....Research Study #3.....Research Study #4.....Research Study
 #5.....Summary.....Regions Of The Brain Most Active Preceding
 Stimulis.....Humidity as an Emotional Intensifier.....Understanding the
 Vital Link between Thoughts and Electrical Activity.....The Emergence of
 Thoughts.....Sensory Emotion.....Summary

Chapter 12 – Coherence in the Hologram 147

Holograms and Coherence.....Summary.....What Does phase-
 conjugateadaptive-resonance mean?.....Resonant Waves and their
 Interaction with Physical Objects.....Gabor’s Logon.....Faster Than
 Light transfer of Information through
 Coherence.....Summary.....Coherent Light.....The making of a
 Hologram.....Holograms and Dolphins.....Information
 Communication at Hyper-Speeds.....Summary.....Hacking the

Quantum Hologram.....Holograms and Science
Fiction.....Geomagnetic Activity and Holograms

Chapter 13 – Gravity and Emotion **161**

The Moon's Role in Intuition.....The Full Moon Raises Earth's
Temperature.....Gravity Stretches and Squeezes Quantum Objects Via
Tidal Forces.....Remote Viewing at 8:45LST and the Virgo
Constellation.....Summary.....Hypothesis.....Radionics and
Intuition.....Dr. Nikolai Kozyrev.....Hydrogen Bonding and
Stretching.....Victims of Superimposition.....Gamma Rays and Time

Chapter 14 – Polarized Light **171**

Glare and Polarization.....What is Diffraction?.....What is Circularly
Polarized Light?.....Polarized Light and Animal Behavior.....Moths
and Insect Activity during Polarized Moonlight.....Materials that Exhibit
Circularly Polarized Light.....What is Total Reflection?.....Polarized
Light is Stable.....Polarized Light Removes
Interference.....Summary.....Master Masons May have Positioned the
City of Washington aligned with the Constellation Virgo.....Longer
Lifespans and the Constellation Virgo.....Closing Summary

Chapter 15 – How to Find the Right Solar Conditions to Enhance Your Remote Viewing **179**

Step Down Transformers.....8:45 and 13:30LST.....Finding the Ideal
Remote Viewing "Sweet Spot".....An In-depth Look at Solar Mini Cycles
and How to Find Them.....What is the Planetary A Index?.....The 0.8
MEV Energetic Particles.....LST Time Clock.....The LST "Dark
Zone"Observations in Nature during favorable solar weather
conditions.....Precursory effects before an ARV session.....Emotional
Intensity.....The Collective Awareness that emerges at Favorable Solar
Weather Conditions.....Swarm Intelligence.....Solar Wind Speed and
ARV Accuracy.....Why 4 days ahead in time?.....What does KP
Mean?.....Summary.....What is the Solar Flux?.....F2 Layer Activity

Chapter 16 - The Schumann Resonance **196**

The Schumann resonance and Malignant Melanoma.....Music originated
as a result of the Schumann Resonance.....What is a chakra?.....The 8th
Chakra.....2 exercises to strengthen the 8th chakra.....The 8th Chakra
and Space/Time.....Karma, the 8th Chakra and
512CPS.....Summary.....How Reiki Practitioners use the Schumann

Resonance for Healing.....The Schumann Resonance as a Precursor to Earthquakes.....Earthquakes and Thunderstorms occur more often during Sunrise and Sunset.....Further Reading.....The Process of Ionospheric Movements.....What is the Schumann Resonance?.....The Resonating Cavity.....Healing and the Schumann Resonance.....Seasonal Variation of the Schumann Resonance.....Summary..... Schumannresonance peaks at midnight.....The Schumann Resonance and Multiple Sclerosis.....Reaction times and the Schumann Resonance.....Cellular Regeneration using Earth's Heartbeat of 10Hz.....The Schumann Resonance and Brain Waves.....The Schumann Resonance and Blood Pressure.....Effects of Space Weather on the Schumann Resonance.....Summary.....Blood Pressure and Remote Viewing.....Blood Pressure and Moon Phase.....Summary

Chapter 17 – Ham Radio Reception and ARV Reception 227

Type of Soil Enhances Reception.....Soil Conductivity and Radio Reception.....Metal wire grids.....Soil Conductivity and Haunted Houses.....Summary.....Thermal Soil Conductivity and Remote Viewing Accuracy.....Soil Moisture Content and Solar Radiation (SMC).....What is Soil Thermal Conductivity?.....Summary.....Seasonal Variation of Soil Thermal Conductivity.....Summary

Chapter 18 - Presentiment Effects in Nature 238

Precursory Materials..... Precursors Before Rain.....Geosmin.....Petrichor.....Ozone.....Using Emotion to Enhance Remote Viewing Accuracy.....Emotions and Biorhythm.....Experiencing Emotions From the Future as a way to Retrieve Information.....Emotions as the Driving Force for Detection of Approaching Stimuli.....The Greater the Emotion, the Greater the Electricity.....Summary.....Emotions and Our Perception of Time.....Time Flows According to the Observation of Events.....Summary.....Time and its Influence on Genes.....Summary.....Why Remote Viewing is Most Accurate at Midnight and Sunset.....Summary.....Who Discovered Polarized Light?.....What is Trichorism?.....What are Dichroic Materials?.....How does Polarized Light Work ?.....Apple Ipods and Circularly-Polarized Light.....Circular Polarizers.....The Haidinger Fringes.....The Haidinger's Brush.....Summary

Chapter 19 - The Key of Time

252

The Mysteries of the Angle of 90 Degrees.....Electromagnetic Fields.....Properties of Electromagnetic Fields.....The Rotating Universe.....Gravity Wave Detection and 90 Degrees.....The Neap Moon and Remote Viewing.....Summary.....Animal Behavior during Quarter Moons.....The Largest tidal impact on precipitation occurs before quarter moons.....The Goldlined Spinefoot And The Moon's First And Last Quarters.....The Third Quarter Moon and Sudden Cardiovascular Death.....Summary.....Spring Tides.....90 Degrees and Orbiting Celestial Bodies.....Radio Reception and 90 Degrees.....Uniaxial Minerals.....Right Angles In Minerals.....Cellular Rejuvenation Occurs at 90 degrees.....90 degrees in Astrology.....Rotation and 90 Degrees.....The Pyramid of Agnihotra, or the Vastu Pyramid.....The 45 degree Angle.....What is a Tesseract?.....The Quarter Moon and the Chiaroscuro Effect.....Summary.....Electromagnetic Chiaroscuro.....Summary.....Tenebrism.....The Knife Edge Effect.....Sound and Diffraction

Chapter 20 - Gravity, Emotion and Remote Viewing the Future 270

Intensity of Emotion According to Time of Day and Age

Chapter 21 – Gravity and Torsion Fields

273

Torsion Waves.....Hypothetical Operation of Torsion Fields and Healing.....Alexander Kozyrev and his research on Torsion Waves.....Left Handed Torsion and Right Handed Torsion.....Hooke's Law.....A Mineral for Remote Viewing the Future.....Wulfenite.....Rotating Objects and Torsion Waves.....The Time Altering Properties of the Metal Tungsten.....What is Emissivity?.....What is Young's Modulus of Elasticity?.....What is Quantum Tunneling?.....Summary.....Enhancing the Properties of MOE.....Temperature and Torsion Waves.....Why does an increased 10.7th radio flux enhance ARV sessions?.....A Summary of Kozyrev's Time Experiments.....Manganese, Chlorine and Solar Flares.....Manganese.....Manganese and Intuition.....Summary.....Closing Summary.....The Thyroid.....What exactly is a Neutrino?.....Massive Neutrino Detected from the Center of the Galaxy.....Black Holes and Neutrinos.....Physicist's Corner.....Do Neutrinos Enhance the Clarity of Associative Remote Viewing?.....Neutrinos and the Nervous System.....Summary.....A Neutrino Beam Communication Device.....Submarine Communications

using Neutrinos.....Are Neutrinos the Force responsible for QI, CHI and Psychic Power?.....Conclusions/Summary.....More Neutrinos are Detected after Sunset.....Variation of Radon Decay and Time of Day.....Solar Eclipses and Neutrinos.....Solar Eclipses Affect Bacteria.....Gravity Waves during Solar Eclipses.....Polarization of the Light of the Moon and Moon Phase.....What Minerals are used to Detect Neutrinos?.....Tachyon Pendants and Time.....Hydrogen Isotopes.....Heavy Water.....Detecting Tachyons via Polarized Light.....The Conditioned Materials.....Fullerines.....Magnetization of Basalt by Lightning.....Truncated tetrahedral graph.....Where to Obtain Fullerenes.....Summary

Chapter 22 - Radioactive Decay Rates Vary According to Solar Activity

309

Bismuth Oxychloride and Solar Activity.....Summary.....What is Bismuth Oxychloride?.....Other Possible Mechanisms Influencing the Decay Rate.....Other sources of neutrinos

Chapter 23 - Tachyons and Neutrinos

314

Neutrinos as Tachyons?.....Peak Emissions of Neutrino Activity.....More Neutrinos Enhance Remote Viewing.....Left Handed Neutrinos.....Right Handed Neutrinos.....What is an Anti-Neutrino?.....Anti-Neutrinos Come From Beta Decay.....Are Neutrinos Related to Tachyons?.....The Tachyonic Anti-Telephone.....The Ansible.....The Properties of Gallium.....The Weak Force.....Beta Decay as the Weak Force.....Low Energy Light Bulbs and the Weak Force.....What are the Rare Elements?.....How the Weak Force Becomes one of the Strongest Forces in the Universe.....Summary.....The Electroweak Force.....Physicist's Corner.....Tungsten and the Electroweak Force.....Physicist's Corner.....Do North/South Alignments Enhance Awareness?.....3 Common Beta Emitters.....Phosphate.....Cerium.....Zirconium.....The Compton Scattering Effect.....What is Compton Scattering?.....MIT Uncovers Time Capsule that Marked the Opening of the Karl Taylor Compton Labs.....Physicist's Corner.....The Van Der Waals Force.....Minerals that Exhibit the Van Der Waals Force.....The Gecko and Van Der Waals Forces.....Summary

Chapter 24 - The Dielectrics **327**

What is a Dielectric?.....Low Dielectrics and Radio Frequencies.....Radio Wave Attenuation.....Transmission, Reflection and Absorption of Radio Waves

Chapter 25 – The Human Nose uses Quantum Tunneling to Smell **329**

What is Jet Fuel made of?.....An introduction to TXP.....Dielectrics and Terpenes.....Turpens Rotate Light to the Right.....Substances that Rotate Light to the Right.....The Healing Ability of Kerosene.....A List of TXP Substances.....What is ACTH?

Chapter 26 - Hydrocarbons **341**

What are hydrocarbons?.....Closing Summary

Chapter 27 - Radon **343**

Radon Comes from Radium.....Some Interesting Facts about Radon.....The Speed of Radon Transport Soils.....Soils that Inhibit Radon Transport.....Radon as a Precursor to Earthquakes.....The Radon to Air Transport Cycle.....The Ionization of Radon.....Summary.....Physicist's Corner.....Regions of high concentrations of Radon.....Porous Rocks.....Regions where Radon Levels are Strongest.....Summary.....Ionization via Smoke Detectors

Chapter 28 - The Secret Communications System that Flows Beneath our Feet **350**

Wine Tasting and Root Days.....Substances that contain 4 Carbons.....Earth's Soil as a Transistor.....Faster Than Light Information

Chapter 29 – Plants as Antennas for Signals from Space **353**

Early Research of Dr. Lawrence.....The Rare Elements and Plant Health.....Yttrium.....Tungsten.....Rare Earth's used in Agriculture

Chapter 30 - Telluric Currents **358**

How to Tap into the flow of Telluric Current.....Gravity waves and Space Time Anomalies.....Earthquakes and Thunderstorms happen more often during Sunrise and Sunset.....Geomagnetic Storms.....Oil Absorbs Radio Frequency.....Summary

Chapter 31 – The Science of Biodynamic Gardening 365

What is Biodynamic Gardening?.....The Inward Forces and Outward Forces.....The Inward Forces.....Inward Forces - Environmental Conditions.....The Outward Forces.....What is the Fortnightly Tide?

Chapter 32 – Radioactivity in Foods 371

Silica and the Tetrahedron.....Minerals with Tetrahedral Shaped Structures.....The Tetrahedron Star.....The Genesa Crystal

Chapter 33 – Barometric Air Pressure and Intuition 376

How Barometric Pressure Enhances Ideas and Intuition.....New Elements Created at Higher Pressure.....Emotion and Barometric Air Pressure.....Fishing and Barometric Lower Air Pressure.....Ozone as a Precursor.....Low Barometric Air Pressure (Negative Air Pressure) used in Hospitals.....Seasonal Variation of Barometric Air Pressure.....Barometric Air Pressure Peaks in Spring.....Barometric Air Pressure and Health.....Summary.....Solar Magnetic Fields and Barometric Air Pressure.....Closing Summary

Chapter 34 - Hyperbaric Oxygen Therapy and High Barometric Air Pressure 384

HBO Therapy.....Exercise and Intuition.....Alkaline PH and Intuition.....Foods that increase Blood Oxygen.....The Pineal Gland.....Beta Carbolines and the Pineal Gland.....The Pituitary Gland.....Prolactin.....The Pineal Gland and Electromagnetic Fields.....The Thyroid and its Relationship to the Pineal Gland.....The Vishuddhi Chakra.....The Thyroid and the Immune System.....Foods for a Properly Functioning Thyroid.....Glutamine and Glytamic acid

Chapter 35 - Minerals that Enhance Remote Viewing Sessions 393

Minerals that enhance Psychic Awareness.....What are Herkimer Diamonds?.....Herkimer Diamonds and Hydrocarbons.....Where to Find Herkimer Diamonds.....Wulfenite Specimens that exhibit Fluorescence.....Igneous Rocks.....Summary

Chapter 36 - Maintaining Strong Brainwaves During Remote Viewing Sessions	399
Taurine, Epileptics and the Pineal Gland.....Summary.....The brain's hypothalamus and pituitary exhibit blue luminescence.....Lithium.....Spodumene and Kunzite.....Lepidolite.....Summary	
Chapter 37 - Luminescence as an Antenna	404
Tungsten.....Tungsten and its Role in High Frequency Applications.....The Crooke's Radiometer	
Chapter 38 – Selenium and Light	407
The Properties of Selenium and its use in Industry.....Selenium's Effect Upon the Body.....Selenium's Protective Role against Skin Cancer.....Excess phosphorous inhibits selenium.....Perovskite.....Summary	
Chapter 39 - Triboluminescence And The Schumann Resonance	411
Methyl Salicylate.....Methyl Salicylate in Plants.....Industrial Uses of Methyl Salicylate.....Generating Triboluminescence in minerals.....Minerals exhibiting Triboluminescence..... Triboluminesce and Radium.....Luminescence Activators.....Phosphorous and Air Pressure	
Chapter 40 - Thermal Emissivity	416
What is Thermal Emissivity?.....Materials with the lowest emissivity.....What is Emissivity?	
Chapter 41 - Tuning Forks And Resonance	418
Tuning Forks Release Nitric Oxide.....Tuning forks and Healing.....Summary.....The Frequency of 432hz	
Chapter 42 - Gravity Anomalies Attributed to the Moon	421
Land Tides.....Atmospheric Tides.....The Solar Tide....Venus, Earth and Jupiter create the 11 year Sunspot Cycle	
Chapter 43 - Polarized Light	424
Regions of Polarized Light....Gamma Rays emit Polarized Light....Linearly Polarized Light....Graphene and Linearly Polarized Infrared Light....How to Make Polarized Light....Underwater Polarized Light....How to Rotate	

Polarized Light....Faraday Rotation....Polarized Light in Nature....Seasonal Variations....Dragonflies and Polarized Light....Birds and Polarized Light....Moisture and Polarization....Polarized Light and Navigation....The Dung Beetle and Polarized Light....Polarized Light During a Solar Eclipse....Circularly Polarized Light in Fireflies....Gamma Rays....How Linearly Polarized Light Turns Into Circularly Polarized Light....Enhancing Contrast Clarity using Polarized Light....Using Refraction to Enhance Contrast....Polarized Light and Seed Germination....The Effect of Polarized Light on Minerals....The Biophoton....Polarized Light and Communication

Chapter 44 - The Faraday Effect 436

The Faraday Effect in Industry.....Materials that Enhance the Faraday Effect.....Optical Faraday Rotation.....Optical Rotation of Light.....Chiral Molecules.....Limonene is a chiral molecule

Chapter 45 – Precursors to Earth Events 438

Pholes.....The Travel / Transport System of Pholes.....Summary.....Radon Pre-Earthquake Emissions.....TEC. The Total Electron Count.....Seasonal Cycles of the TEC.....The F Layer Ionization Peaks during Winter.....TEC Levels in Rajkot India.....LST hours and TEC.....Seasonal Variation of Ionospheric Slab Thickness.....What are EST values?.....Hypothesis.....Plasma Bubbles.....What are Plasma Bubbles?.....The Milky way Produces a Plasma Bubble.....Black holes create plasma bubbles.....Plasma Bubbles over Hawaii.....Summary.....Electrical Currents (EC).....Electrical Conductivity of Rocks.....Piezoelectricity.....Infrared Absorption Characteristics of Minerals.....Tourmaline.....Infrared .

Chapter 46 – The Effect of Weather Changes and Human Emotion 456

Higher Temperature and Aggressive Emotions..... Emotion and Rain.....Summary.....Rainfall and the Moon.....The Season Spring and Emotions.....Summary.....Impact of Mood and Weather on Personality Types.....Ways to Avoid Weather Changing Your Mood.....Summary.....Periods of Excess Positive Ions.....Time Dilation and the Doppler Effect.....Doppler Phenomena in Travelling Waves of Media.....The Constellation Virgo and Pulsar PSR B1257+12.....What is the Difference between a Pulsar and a Neutron Star?.....Cosmic Rays and Time Dilation

Chapter 47 - The 10 Dimensions We Exist In	464
The 10 Dimensions and the Body's Chakras	
Chapter 48 - Final Conclusions / Summary	468
Favorable Environmental Conditions for Associative Remote Viewing Sessions.....Polarization for Survival.....A Hypothesis of Viewing Future Events.....Further Reading.....Dancing Balls.....Water Treated via Low Frequency Electromagnetic Fields Has A Stronger Dielectric Constant.....The Worst Environmental Conditions for Associative Remote Viewing Sessions.....The Nervous System.....Collective Intuition	
Chapter 49 - Frequencies and Their Effects in the Environment	476
The High Frequencies.....PolyurethaneA list of interesting frequencies.....Frequencies of the Sun.....Cosmic Ray Radio Emissions ionization	
Chapter 50 - A Detailed Study of Refraction	483
What is Refraction?.....Daily Variations of Refraction.....Refraction and Neutrinos.....Birefringence and Double Refraction.....Environmental Conditions conducive to Refraction.....Materials and the Speed of Refraction.....Faster than Light via Refraction.....Solar Weather and Refraction.....Refraction and the Illusion of the Sun on the Horizon.....Ideal Refraction..... Gravity Wave Antennas	
Chapter 51 - The Color Yellow	493
Yellow Minerals.....Foods and the Color Yellow.....Clues to Time Revealed by the Tao.....The Intuitive Tao and the Moon's Phase.....Xanthophyll Pigments.....A Pilot's Story of a Time slip.....The Color Yellow in Astrology.....The Spectrums of Colors.....The Linear System of Colors	
Chapter 52 – Hardware for Enhancing the results of Associative Remote Viewing	504
Diaelectric Materials.....Foods and Herbs.....The Nervous System.....Know the Dow.....Hardware.....Drawing the Future Dow Jones Chart.....Drawing the Future Dow Jones Chart.....Coherence.....Using Tuning Forks to Accelerate Coherence.....Making a Tungsten Bracelet.....Yellow Light.....Low Plecholrism Minerals.....Beta Emitters.....Refractive Vial..... Finger	

Coil.....Grounding Wire.....Recommended Supplements before your
ARV session.....State of Mind.....Meditation.....Creating your own
TXP Formula.....Timing.....Closing Summary.....Over Confidence

Quoted References

References. Intuition and Precognition	43
References. Electrical Disturbances Preceding Earthquakes	121
Additional References. Meditation, ESP, Intuition and Precognition.	135
References. Ionospheric Disturbances Preceding Earthquakes	207
Solar Weather References	214
References. Blood Pressure and Geomagnetic Activity.	220
References. Thermal Anomalies Preceding Earthquakes	239
References. Literature and Patents	355
References. Biodynamic Gardening	368
References. Groundwater Precursory Activity Preceding Earthquakes	451
References. Earthquake Precursors and Pre-Sentient Effects	452
Additional Mineral References	554
Presentiment References	562

REFERENCE CHARTS 516

Foods Reference	533
General Mineral Data	535
Paramagnetic and Diamagnetic Metals	535
Refractive Index of Materials	536
Young's Modulus of Materials	537
Refractive Solids at Room Temperature	538
Environments of Low Resistivity Values	538
Minerals with low resistivity	539
Gamma Radiation of Minerals	539

Thermal Conductivity Values of Materials	539
Materials with the lowest dielectric values	540
Essential Oils with low CNV	543
Faraday Rotation Enhancers	543
Radioactivity of Selected Minerals	544
Gravity of Specific Minerals	545
Background radiation of minerals	547
Magnetic Susceptibilities of Paramagnetic and Diamagnetic Materials	548
Small Particle Counts in Minerals	550
Color/Sound/Notes/Tone Frequency Chart	551
Chakra/Color/Note/Frequency	552
Musical Notes and Healing Colors	553
Frequency Class/Wavelength/Energy	554
Related Reading	555
Solar Weather References	557
References. Misc	559
Presentiment References	562
References. Electromagnetic precursors before earthquakes	563
References. Carbon Monoxide Emissions Preceding Earthquakes	565
References: Unusual animal behavior preceding earthquakes	565
Related Reading #2	566
Does Nicotine Enhance Intuition?	570
Index	571

The 10 Rules of Discovery Science

1. Substances / Tools used to measure / induce an effect can also influence the object(s) being measured / studied
2. If the same information you are researching keeps popping up, it is true
3. Follow the data. After recording the data, assemble the theory. This creates reproducible results
4. Create a summary of your facts and conclusions
5. The more passive one is before nature, the more nature will reveal its secrets
6. Nature never uses a language we can understand. However, nature is talking to us all the time in the form of energy and information. The key is to listen and identify what it is saying.
7. To have the real facts revealed, turn yourself into an opponent of all you study. Be sure you thoroughly assess all the main and marginal parts, then oppose them from every possible angle, including all its hidden aspects. Sticking faithfully to this course of action will clearly yield all the facts.
8. Review your data, then mold the data into proper context by simplifying the data by connecting the relevant dots
9. Constant and Reproducible results - all final data must be 100% reproducible
10. Great minds discuss ideas, average minds discuss events and small minds discuss people.

How to Get the Most out of the Information in this Edition

The information and research shown in this book is not just for remote viewing stocks. It can be used to significantly improve your current remote viewing skills, especially remote viewing the future. Use the knowledge found in this book to enhance the success and accuracy of your remote viewing the currencies, the futures, commodities or other financial instruments. It will also greatly enhance your intuition in everyday life.

Scientific References, Documentation and Published Studies

While the technology of associative remote viewing is new and groundbreaking and many new exciting discoveries are being made today more often than at any other time, citing references for the observations in this book can be difficult. Where possible, complete scientific references and published papers that appear in respected peer reviewed journals are included in this edition. By comparing our observations and research to the published research, it concretes our discoveries, continuing to advance the science of remote viewing.

INTRODUCTION

Not many good books exist that display facts and research about remote viewing. This is partly due to the fact that in the early 21st century, while remote viewing is continuing to gain broad acceptance, it is still regarded by mainstream science as controversial, which is why not a lot of professionally researched information exists on this topic just yet. Another fact is performing the research and then putting the research into writing, especially into a format that can be easily understood by the average reader is a real undertaking in itself. Thankfully the years of expertise and knowledge of the Solar Institute has made this herculean effort a reality.

Reading The News To Relieve Insecurity

Before we begin, let's explore the use of information in our society and why it is so popular. The modern human species survives by controlling their environment. This control is made possible by information. Hence, a lack of information breeds insecurity. This has been proven in an elegant rat experiment. An experiment was designed as a maze that led to food in one of two boxes. One box was modified to include information about whether or not food would be present in the end (*Effects of fictive reward on rat's choice behavior. Ko-Un Kim et al. August 2014*). The overall maze was set up so that food in both boxes were even. After a few days, all the rats developed a distinct preference for the side that had advance information, even though the food rewards were exactly the same. This explains why regardless of the nature of news, in spite of the fact that some people get no advantage from it, (*other than knowing what is going to happen*) they would prefer to know in advance, thereby reducing their insecurity. Hence, the future is uncertain. Simply put, anxiety about the future is so great, bad news or "fake news" is preferable to an absence of information.

Some may use it as a relief because it frees them to adjust to a situation. Hence the obsession to know the future.

American Anthropologist Omar Khayyam Moore studied divination techniques used by Hunter Indians in India (*Divination-A New Perspective*. Omar Khayyam Moore. Yale University). When meat is short they consult an oracle to find the best direction to hunt. Their process involves holding the shoulder bone of a caribou over glowing hot coals (*radiation*). The spots and cracks caused by the heat then become interpreted like a map by the oracle. Even through the spots and cracks appear random, it is the experience by the oracle that makes the interpretation accurate. Systems of divination seem more like systems of expanding present potential and seem to have very little to do with actually forecasting the future.

Some people believe that wealthy people have super intuition. While there is some evidence that their intuition plays a role in their success, the fact is the world's most wealthy and influential people have achieved their success through application and luck. Many of them have made elementary mistakes and none show a lifestyle where they take gambles based on in-experience. Simply put, their past experiences make their future decisions.

Why the Passage of Time is Relative

Sir Isaac Newton discovered that things weigh less on the top of a mountain (*Altitude and Weight*. New York Times. Dec 23, 2003). Hence weight is affected by gravity. Matter travelling at high speed is subject to time slowing down. Hence, astronauts who walked on the have waged a fraction of a second compared to us on earth. Everything is relative. The basis of the theory of relativity states that space and time are inextricably tangled together. Life conquers time by suspending it in a way that is

almost as good as having a time machine. It may deal with space in the same way. The old fashioned belief is that space and time exists as one piece, yet we experience time as arriving to us bit by bit, leaving the future uncertain and hidden. The passage of time really exists as functions occurring between 2 separate events.' (*Being and Becoming in Modern Physics. Stanford Encyclopedia of Philosophy. August 2013*). Any two events spread apart from one another always contain a lapse, pause or interval. It is this interval that makes the measuring of time possible. Instruments measuring this interval are based on a single assumption: implicit in their pinpointing the moment of 'now', the notion exists that the rest of time is divided into 'before' and 'afters' of each moment.

Hindu philosophy states that we exist in an ever-moving present. Modern physics is coming to accept this philosophy. In the realms of subatomic mathematics, the possibility of time flowing backwards or in the opposite direction has already been proven mathematically. All matter in the universe is unidirectional; why should time be the sole exception? If we watch a man chopping wood across a great distance on a windy day, we witness the ax raised before we hear the sound of its impact with the log. If we were ignorant or knew nothing about the process of the relative speeds of light and sound we might very easily assume that axes were instruments that made strange loud sounds when they were being held up above the head. Hence, many events that may appear supernatural to us are due to misinterpretations of this very kind of observation.

The 2017 Remote Viewing Experiments

16 Remote Viewing Sessions were conducted in early 2017 by the Solar Institute using methods from the first edition of our book *Wormhole Theories, Sunspot Activity and Remote Viewing Stocks*. These sessions yielded confirmation of the

right atmospheric and solar conditions conducive to successful ARV sessions. The 2017 ARV sessions also gave us an opportunity to test and refine new hardware that works alongside an ARV session. But what is the connection between the unconscious mind and remote viewing? Let's use dowsing for water as an example.

How Dowsing for Water is Similar to Remote Viewing

Remote viewing sessions are like dowsing for water. When a person dowses for water, they communicate with their subconscious mind. Dowsing for water involves holding a wire (or sometimes a pendulum) in one's hand, and while walking through a field the person repeats, *"you will become firm and rigid when we are near water and point to the exact spot the water is"*. When you want to know how deep down the water is, you ask the wire to tap number of times on your leg, with each tap representing the number of feet down the water is located. In the remote viewing methods shown in this book, we learn to create a similar clear link with our subconscious mind.

In 1963, 12-year-old South African Pieter Van Jaarsveld was known as 'the boy with X-ray eyes'. This was because he could detect water hidden deep underground. He did this without a dowsing rod, and claimed he was able to see water 'shimmering like green moonlight' through the surface of the soil (*Pieter's X-Ray Eyes. Robert Deindorfer. Life Magazine. April 25th, 1949. page 2*).

Throughout the 2017 Dow Jones Remote Viewing Project, we discovered a positive side effect, and that is that overall intuition in daily life is significantly enhanced. Not only can you use the techniques described in this book to enhance your intuition, but you have access to unlimited potential where fore-knowledge of certain events gives you a significant advantage. One major discovery was that the best remote

Remote Viewing. The Complete User's Manual on Experiencing Future Consciousness

viewing results would always occur at night. Night is when our conscious mind establishes a clearer link with our subconscious. One obvious example of this link is the inspiration we receive through our dreams.

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ARV. Short for Associative Remote Viewing

The common term for using our psychic ability to view objects, places and events in real time is called "Remote Viewing". The term commonly used for remote viewing future events is known as "Associative Remote Viewing". Throughout this book you will see the term ARV often used. ARV is short for the term Associative Remote Viewing. ARV sessions draw necessary information from the subconscious mind, absolving the conscious mind of the burden of responsibility for making decisions. ARV is the next step after having learned the basics of remote viewing.

Quantum Holography

The major discovery made by the Solar Institute while researching associative remote viewing was the ability to understand the Quantum Hologram. The Quantum Hologram exists outside of our perception, yet at the quantum scale. The Quantum Hologram is constructed of neutrons and photons.

These neutrons and photons lay the foundation for the future we experience. In this edition, we uncover how solar weather conditions allow one to experience the Quantum Hologram and to extract information from it.

A hologram behaves similar to superposition, in that every part of the field contains the whole informational content, just in a lower resolution. Hence, if neutrinos can pass through almost every type of matter, wouldn't that make them interact or be responsible for states of superimposition?

Radiation and Time

In the science fiction movie *Back to the Future*, the radioactive isotope Plutonium is used as the main power source to power the flux capacitor, which allows real life physical time travel. Mild radiation via ionization is a key element in associative remote viewing, especially the beta emitters, one of which is Tritium. Another beta emitter is yttrium, which happens to power one of the world's most accurate atomic clocks. These forms of radiation are safe to use when properly packaged.

Mathematical Evidence of Physical Time Travel

Physicist's used Einstein's Theory of General Relativity as a base to create what's known as a Traversable Acausal Retrograde Domain in Space-time (TARDIS). Ben Tippett, theoretical physicist at the University of British Columbia, stated that mathematically, it is possible to build a physical time machine. Both Tippet and University of Maryland astrophysicist David Tsang used a mathematical formula that includes Einstein's General Relativity theory to prove the concept that moving "backwards and forwards through time and space, is possible as interpreted by external observation."

The model uses curved space-time that bends time into a circle for passengers, instead of in a straight line. The circle takes

the passengers back in time. The model shows time can curve around large-mass objects the same way physical space does in the known universe. The machine is simply a space-time geometry "bubble" travelling faster than the speed of light consisting of a box that travels 'forwards' and then 'backwards' in time along its circular route through space-time. To build the machine, exotic matter is necessary, which bends space-time. Exotic matter is yet to be discovered.

Reference

Traversable acausal retrograde domains in space-time. Benjamin K Tippett and David Tsang. March 2017.

Hypothetical Design for a Physical Time Machine based on Rotating Magnetic Fields

Here is a general concept for a machine that might be able to influence time. It uses 90 degree fields of electromagnetic energy. The device consists of a 2 frame tubular antenna measuring 10 centimeters which is at 90 degrees to one another (Turnstile Antenna) measuring approximately 2 meters in length. The tube floats in liquid helium to create superconductivity. It is controlled with a sinus generator with a frequency from 1hz to 1,000mhz which is amplified before going to a phase changer. The signal of the phase change is 90 degrees for these frequencies. The signal is split just before entering the phase changer so one part is unchanged and the other becomes rotated to 90 degrees. As it exits the phase changer, the signal is amplified with 2 linear amplifiers to 10,000 watts per channel. After that the channels are fed into the frame antenna. This allows the signal on one frame antenna to remain at 90 degrees to the other. To activate it, the generator is set to 1hz and the machine turned on. Inside, the antenna becomes a powerful rotating magnetic field. As the frequency is increased, the magnetic field rotates faster. At a distance of two meters from

the antenna time, will run slower. If one looks at a clock on a wall while inside this field, it will appear to run faster, into the future. The nearer one draws themselves to the antenna, the faster the clock runs. The outside world now becomes a blur and physically inaccessible. Once the rotating magnetic field reaches light speed, people outside of the field, looking at a person near the antenna will appear frozen hologram. As the rotating magnetic field exceeds the speed of light, observers near the antenna will see the clock on the wall begin moving backwards and they will travel into the past. If a person outside of the field tries to access the antenna, a force field like a solid brick wall will be felt.

The Hydrogen Isotope

In our 2017 ARV sessions we used Tritium, which emits a mild form of beta radiation. Tritium and Deuterium are both isotopes of hydrogen. Tritium emits a glow due to the low radiation. Tritium radiation is so harmless, it can be found on key-chains sold on eBay and will continuously emit light for up to 10 years. As long as the Tritium is not breathed in and is kept in a sealed enclosure, it is safe to handle.

Our research at the Solar Institute showed that having an Isotope of Tritium in close proximity during ARV sessions greatly enhanced the success of ARV sessions. This could also account for the fact that certain minerals known to improve psychic ability such as Apatite are slightly radioactive. For example, Apatite contains small amounts of uranium.

Tritium also happens to emit neutrinos (*Neutrino mass limit from tritium beta decay. E.W. Otten and C. Weinheimer. 2008*). Neutrinos, as we shall cover shortly in this book make up what's known as the "quantum hologram", which interacts with our nervous system (*Neutrinos in the holographic dark energy model: constraints from latest measurements of expansion history and growth of*

Remote Viewing. The Complete User's Manual on Experiencing Future Consciousness

structure. Jing Fei Zhang et al. March 2015) , (The Quantum Hologram and the Nature of Consciousness by Edgar D. Mitchell, Sc.D. and Robert Staretz, M.S. 2011) .

Our research has shown that ARV session accuracy peaks during the wintertime. The prime reason associative remote viewing peaks during winter is because the F2 ionosphere becomes more ionized, enhancing atmospheric refraction. One of the prime reasons associative remote viewing accuracy drops during summer is because of the forming of "Equilateral Plasma Bubbles", which cause interference. Also during this time in summer, in our location, the peak remote viewing accuracy of 13:30LST and 8:45LST occurs during daytime, and remote viewing works best done at night. Another interesting observation is the University of Boulder Dow Jones Remote viewing study took place during the months of November and December (wintertime) and achieved very good results. We cover ionization, refraction and Equilateral Plasma Bubbles in greater detail later on in this book.

Another reason for the low accuracy of ARV sessions during summer is due to the influence of the sun's solar flux which may be lessened as earth rotates further from the sun, which is at maximum during summer. This may have something to do with what's known as the inverse square law.

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Winter is also the time of year radon emissions from the soil also peak. Also neutrinos show a circadian cycle, peaking during the evening hours (*First Indication of Terrestrial Matter Effects on Solar Neutrino Oscillation*. A. Renshaw et al. 7th March 2014). Later we will show how neutrons can be used to send messages through time.

As discussed earlier, our best ARV sessions always occurred during the evening, peaking at midnight due to atmospheric refraction. An entire chapter in this book is devoted to how refraction works and how it can be used to improve remote viewing accuracy. One example is the science fiction movie *Frequency*, where radio waves from a Ham Radio become refracted due to stronger solar activity, giving the radio operator the ability to send ham radio signals back in time. It is also very interesting that in the movie *Frequency*, it consisted of two fireman who spoke to one another through space-time. Fire is one of the most common forms of radiation in nature and its flames exhibit refraction effects.

Heavy Water

Heavy water is known as Deuterium, which is an isotope of hydrogen. It is used as a moderator of neutrons in nuclear power plants. Cherenkov Radiation, which occurs in nuclear reactors, contains particles that travel faster than the speed of light (*In vivo Cerenkov luminescence imaging: a new tool for molecular imaging*/. Gregory S. Mitchell. Nov 2011). This is due to the reaction that occurs when the radiation reacts with the heavy water used to cool the nuclear reactors.

Another interesting fact is refraction is strong when the light of the sun is on the horizon. At 8:45LST the star Arcturus has risen 1 hour above the eastern horizon. 8:45LST is one of 4 time slots where remote viewing accuracy peaks (*Apparent Association Between Effect Size In Free Response Anomalous Cognition*

Experiments And Local Sidereal Times. James P. Spottiswoode). When we look at a rainbow, its band of colors are the result of refracted reflected raindrops displayed at an angle of between 40 and 42 degrees (with others in between).

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Cherenkov Radiation in Earth's Atmosphere, in Ice and in Salt

Besides the faster than light particles occurring in the water in nuclear reactors, Cherenkov radiation also takes place in earth's atmosphere. When a cosmic ray of a specific velocity passes through earth's atmosphere, Cherenkov radiation is emitted. This faster than light radiation can be detected using a special array of telescopes. Observatories such as MAGIC, H.E.S.S. and VERITAS are currently being retro-fitted as Cherenkov telescopes. They have found locations and energies of Cherenkov radiation in earth's atmosphere. Soon a special telescope known as the Cherenkov Telescope Array, that consists of 118 dishes, with 99 in the southern hemisphere and the other 19 in the northern hemisphere will focus on all types of particles that enter earth's atmosphere. 32 countries are involved at the cost of nearly \$300 million, with the Armazones site in the Atacama Desert of Chile having the greatest number of dish arrays. If black holes warp space/time, and cosmic rays are constant throughout space, could Cherenkov radiation also be occurring around black holes? Further research is necessary to confirm this.

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Anti-Aging Effects and Remote Viewing

Any technique that allows one the ability to experience future events would also exhibit mild anti-aging effects. It just so happens there exist studies showing that the hydrogen isotope Deuterium extends lifespan when ingested in small amounts over time (*Can heavy isotopes increase lifespan? Studies of relative abundance in various organisms reveal chemical perspectives on aging.* Xiyan Li and Michael P. Snyder. August 2016). Later in this edition we include a section explaining that after certain ARV sessions, the body feels refreshed and rejuvenated, possibly due to the anti-aging effect taking place. Other studies show that low dose gamma radiation actually improves seed germination, mainly by affecting the roots (*Effects of gamma rays irradiation on seed germination and growth of hard wheat.* Mongi Melki and A. Marouani. December 2010). Other studies also show gamma radiation has beneficial effects on seedlings (*Gamma Irradiation Effects On Seed Germination and Growth, Protein Content, Peroxidase And Protease Activity, Lipid Peroxidation in Desi And Kabuli Chickpea* Amjad Hameed Et Al. 2008), (*The Use Of Gamma Irradiation In Agriculture.* Piri Issa Et Al. November 2011). Also there are some everyday foods that emit mild radiation such as Brazil Nuts. Brazil nuts concentrate barium, which is very similar in structure to radium. (*Retention of Radium Due to Ingestion of Brazil Nuts.* J.J. Gabay and N.I. Sax. June 1969), (*Chen J, Gao J; J AOAC Intl 76: 1193-205 (1993) (2) Eisenbud M, Gesell T, eds; Environmental radioactivity. 4th ed. San Diego, CA: Academic Press. pp. 134-200 (1997).*

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A List of Radioactivity in Foods

Trace amounts of alpha emitters emerge from thorium, uranium and the actinium series due to the water we drink, the food we eat and the air we breathe. Some radon (^{222}Rn , and to a minor degree ^{220}Rn and ^{219}Rn) gas will leak into the food supply. This is due to the fact that the radon in the soil and water precipitate into fields and vegetation. The average amount of natural radioactivity in foods ranges between 40 and 600 Becquerel per kilo of food. Natural radioactivity of the ^{40}K isotope varies significantly with the amount of potassium in food. The average range is between 1,000 and 6,000 ppm. The average concentration in the body is approximately 2,000 ppm. On daily intake, approximately 90% is excreted in urine and 10% in the stool. Levels of sodium can vary from between 150 and 8,200 ppm, magnesium from between 110 and 390, and phosphorus between 150 and 2,110 ppm.

Average Radioactivity Levels In Foods

Radioactivity via potassium = 50 Bq/kg in milk

Radioactivity via potassium = 420 Bq/kg in milk powder

Radioactivity via potassium = 165 Bq/kg in potatoes

Radioactivity via potassium = 125 Bq/kg in beef.

(A more detailed list can be viewed in Chapter 32)

Food	K	Mn	Fe
Beef	3,380	0.24	28
Halibut	3,040	0.24	7
Oysters (raw)	2,040	0.39	56
Green beans	2,510	0.26	11
Peaches	2,560	0.11	4
Chicken	3,720	0.27	15
Mixed veg	1,130	0.38	4
Bacon	2,390	0.13	8

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The Remote Viewing Technology and Hardware

Towards the end of this second edition we give a general outline of technology that can be used to enhance ARV sessions based upon the neutrino principle, including how to properly generate a strong coherent field of energy, which then acts as a frequency puller for future frequencies existing in the quantum hologram.

Summary

Radiation may be linked to the nervous system which is connected to conscious awareness. When intention and focus is

exercised at the right time, the conscious mind can break free of the time barrier, giving the user a significant advantage from the knowledge received.

Scientifically Documented Studies Of The Body's Senses Responding To Future Events

We will clearly show in this second edition that intuitive perception can be learned and that its effects have been scientifically validated.

In the context shown in this book, intuitive perception means perceptions not based on reason or logic or even on memories from the past, but instead on accurate fore-knowledge with a time-frame up to 4 days into the future. This yields the most accurate results. When seeing out further than 4 days, the picture becomes "fuzzy". It also shows that the long-term future is flexible, and responds accordingly to our intentions and beliefs.

Recent experiments clearly show that intuitive perception of a future event is clearly related to the level of emotional significance taking place. The most recent studies are starting to reveal the relationship between the brain and the heart and how it is involved in processing a pre-stimulus emotional response from future events. This book will include full scientific references and studies confirming and validating these facts. In a later chapter of this edition, intuitive principles involving quantum holography that lay a theory of intuition involving the processes of energetic resonance welding the body's psychophysiological systems at the quantum level will be clearly displayed. The concept details how focused emotional attention directed at non-local objects attunes the bio-emotional energy that becomes generated by the body's psychophysiological systems, allowing complete access to the domain of quantum-holographical information. This quantum

holographic domain contains implicit information about all events stretching across space-time. Hence, the body's ability to perceive information about things distant in space/time is experienced as intuition.

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Chapter 1 - The Nervous System as an Antenna for Detecting Future Stimuli

Radin (1997a, 1997b, 2004) designed simple experiments that evoked emotional responses using emotionally arousing or calming photographs. He then measured the body's heart rate, blood flow and skin conductance levels (SCL's). In doing this, he was able to prove the human autonomic nervous system unconsciously responds to randomly selected future emotional stimuli.

Because the human heart responds to emotion, stronger emotion enhances the future reception of pre-stimuli received by the heart. Radin's experiments using emotional and calm pictures showed a major change in electro-dermal activity approximately 5 seconds before a future emotional picture, compared to a future calm picture. These tests have since been successfully replicated (*Bem, 2003; Bierman, 2000; Bierman and Radin, 1997; Bierman and Scholte, 2002; Radin, 2004*).

Hence, if we want to use remote viewing to look further out into the future, it is a simple matter of creating the right conditions favorable to the nervous system. **Heart Math Coherence** is one key method to accomplish this. Coherent "weather" such as terrestrial and solar weather conditions create favorable conditions for the detection of future emotion. Hence, favorable space weather conditions are really favorable conditions for the earth. When we are in coherence with the mind-body, we also go into coherence with the earth and maybe even our solar system and galaxy.

Emotion and the Flow of Time

Many people who are in situations where disaster occurs reveal that "time stood still". This is because there is such strong emotion during negative events that perhaps their subconscious mind allows them more room to maneuver out of potentially threatening environments.

Summary

The reason the anticipation of future events occurs as an unconscious process, instead of the conscious mind being aware of it, is because the anticipatory responses are far too weak for the conscious mind to detect them.

A coherent mind/body connection in connection with the earth significantly enhances parasympathetic activity, creating a relaxation response "sweet spot", distinct from normal relaxation, because the system oscillates at its resonant frequency. This frequency consists of harmony and synchronization that is resonating with the body's nervous system (*McCraty et al., 2006*). This in turn significantly enhances the clarity of remote viewing, compared to performing remote viewing sessions when such coherence is non-existent.

Scientific Validation that The Human Nervous System is Influenced by Geomagnetic Activity

A research study looked at the geomagnetic activity and the human nervous system by continuous monitoring of their heart rate variability (HRV) over a period of 31 days in 10 individuals outside of lab settings, going about their day-to-day lives. The measurement equipment measured their autonomic nervous systems in association with solar activity, cosmic ray levels and earth's geomagnetic magnetic field. The study found significant correlations

existed between the group's heart rate, solar wind speed, geomagnetic activity, the sun's solar radio flux and density of cosmic rays. Changes were also shown in the body's response to the Schumann resonance. The study concluded that the body's autonomic nervous system responds to changes in geomagnetic activity and solar activity and that it becomes synchronized with the time-varying magnetic fields that are associated with earth's geomagnetic field-line resonances, including the Schumann resonance. The study states the likely explanation occurs via a resonant coupling occurring between the nervous system and geomagnetic frequencies (Alfvén waves). Another possible theory is the Schumann resonance is overlapping with the body's physiological rhythms.

Summary

Scientific evidence has concluded that our nervous system reacts to a stimulus a few seconds before it is presented. During 911 earth's magnetometer "reacted" a few hours before the event. Therefore our nervous system is partly tied into earth's magnetic field. Hence when we are in coherence, we are in coherence with earth and receive future information from the earth and maybe even the galaxy. The more emotional the future event, the stronger the pre-stimulus experienced.

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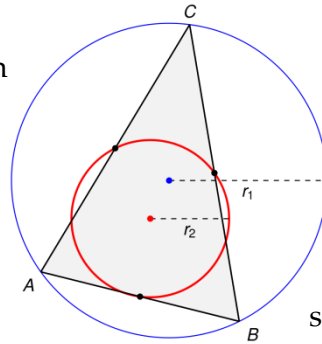
Chapter 2 - Using Binary Code to Send Messages Back in Time

While I strictly adhere to the scientific protocol of using published studies where necessary, in certain rare cases when something receives a lot of scientific attention, I will usually explore it further. This particular research study we are about to explore was conducted by an award winning scientist with numerous credits. She revealed information pertaining to sending messages through time and much of it relates to the technology and methods described in this book.

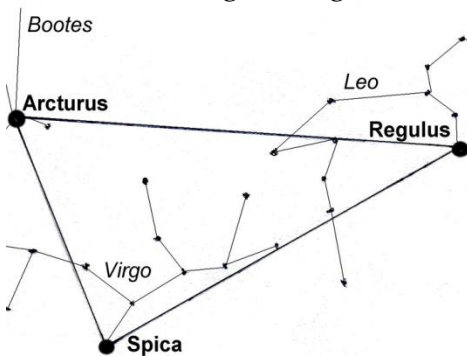
If you have watched the science fiction movie "Interstellar", binary code is used by a father to transmit a message of warning back in time to his younger daughter. I recently came across a video by Linda Mouton Howe (www.earthfiles.com/), who is the primary investigator in this study. Her investigation involved linking a series of photographs involving symbols from extraterrestrial craft, one of which involved the "Rendlesham Forest Incident", over a period of years. Her investigations involved an active military person who had been receiving "visions" of binary code that was associated with an alien craft with triangle / circle symbols. These same triangle / circle symbols had been seen on various interstellar craft throughout earth's history, spanning over a few hundred years. Her study concluded that an alien species, perhaps consisting of a future version of ourselves, are sending drones back through time, approximately 4,000 years in the future, and using software that uses binary code to communicate with the craft. Hence, if this person was able to receive these messages via his mind, this may imply that

the future is composed of a certain frequency that the human mind can read or be trained to read.

To the right is an approximate image of markings found throughout craft over period of a number of decades mentioned in report. The image looks what's commonly known as a triangle 9 point circle circumscribed circle. This is a circle can be constructed for any triangle. It is names such because all lines pass through significant concyclic points defined from the triangle. Perhaps the triangle represents the three points in time. The Past, the Present and the Future and the circle the direction of time. As an interesting note, we exist in 10 dimensions, which I go into greater detail later on in this book.



Another interesting observation is the triangle could be linked to the Virgo constellation, whose 3 brightest stars form a rough triangle. Later on in this book we will



show how the Virgo constellation relates to important buildings in Washington D.C. and how a black hole that exists in Virgo can be used to travel through time.

The constellation Virgo was used to design the layout of many of Washington D.C.'s most important buildings.

Certain crop circles consisting of binary code symbols have also been deciphered, many with a warning about the future involving deception. Simply put, binary code may be a method used to communicate through time. These same binary codes have been found to occur in encounters over Turin Northern Italy on June 23rd, 2015 and Georgina, USA on June 29th, 2015.

Of the six coordinates received via binary code, other locations include Giza in Egypt, Sedona Arizona (Hopi Indian region), Central America, South America, an island in Greece and a location in China. One of the coordinates received via the binary code relates to the island of Brasil (also called Hy-Brasil), a "phantom island" located off the west coast of Ireland. This island has been in mythology for hundreds of years, whereupon every 7 years it becomes visible off the coast of Ireland. During this time whenever anyone would go out to explore it, they would never reach it, as if the island acted as a ever-distant mirage.

Hy-Brasil appeared on ancient maps as early as 1325 and into the 1800s. It is located roughly 321km (200 miles) off the west coast of Ireland. Maps depict it as a circle with a channel (or river) running east to west across its diameter. Rumored stories throughout Europe exist that it is a paradise where an advanced civilization lives or that it is the promised land of saints. Captain John Nisbet spotted the Hy-Brasil island on his voyage from France to Ireland during 1674. He sent a party of four ashore where sailors spent the whole day on the island. They met a wise old man who gave them gold and silver and the captain witnessed large black rabbits as well as a mysterious magician that lived in a large castle by himself. Follow up

expeditions by captain Alexander Johnson also found Hy-Brasil, confirming Nisbet's findings.

It is also rather interesting that the 2015 Georgia / Italy binary code transmissions occurred 1 year after the release of the movie *Interstellar* (October 26, 2014), which is a movie about sending binary messages through time. Hence, movies from today may last thousands of years into the future, thanks to the Internet.

The *Interstellar* movie also shows that coordinates were sent by a future version of a person who was trapped in a tesseract that was designed by humans in the 5th dimension. He ended up using a gravitational anomaly to communicate with his daughter through a series of binary codes.

Some of you reading this may ask the obvious question *"Why didn't these people from the future just send an e-mail message instead of a telepathic message?"* If you think of what future technology exists thousands of years from today, the Internet may look completely outdated. For example the Facebook company is currently working on "telepathy technology", where the mind interfaces with software so typing is not necessary. They aim to create a telepathic 'communication platform' where you can type with your thoughts. This may mean in the future e-mail may become telepathic. This may account for the reason the binary message was sent via telepathy. Perhaps the message came from a future version of the "tele-web".

What makes this hard to be a hoax is that the events surrounding the story of Utsuro Bune, who emerged from an USO craft in 1800 also had the triangle / circle symbol on the craft. The Utsuro Bune story only became widely known about 10 years ago, and the triangle symbols were drawn by Mr. Jim Penniston occurred in Rendlesham

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Forest during 1980. It may be that the circles that are encoded within the triangles represent the star system that the ET craft originate from. Also the mystery island off the coast of Ireland, matching the coordinates also make it hard to fake because the mystery island has been appearing on/off for decades.

References

1980 Rendlesham Forest Incident Binary Code. Joe Luciano (www.binarydecoder.info/)

Are human time travelers from the year 8100 making complex pictures in English fields?. Mark Fussell & Stuart Dike. Crop Circle Connector.com

Dr. Horace Drew who holds a PhD in Chemistry from Caltech, states human time travelers from the distant future could be creating what's known as "Crop Circles" to be used as directional markers, helping them navigate in their distant past, which is our present.

So as we have explained, neutrons play a role in ARV sessions by acting as a conduit through which future information is received. Later on in this book we shall show this connection more clearly. Now, could this same method be done using technological hardware? If the hardware existed, wouldn't messages from the future have already been received in the past or even the present via binary code? Let's do some digging to see if this answers our question.

Has Dr. Ron Mallett has already succeeded?

If in fact messages are coming back through time to our present using neutrons as the primary mechanism for the flow of information, then there would exist today research and development into using binary code to send messages

through time. It just so happens that **Dr. Ron Mallett**, theoretical physicist at the University of Connecticut, is researching a technique using laser light to create a space time loop. That loop is then used to send a binary message through time. The binary code is made up of **neutrons** arranged in such manner that their up/down positions represent the 1's and 0's. What is also interesting is in the science fiction movie Terminator 2, the scientist working on back engineered technology from the future was African American and Dr. Mallett is African American. Whether or not this is just coincidence or a twist of fate, I don't know, but it is still remarkable nonetheless.

Later on in this book, we shall show that neutrons are what may be affecting the nervous system in order to receive information from the future. Simply put, the nervous system may be acting as a receiver for future stimuli.

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Time Travel Is Possible: How to Send a Message to the Past. Epoch Times,. October 2014

Dr. Ronald Mallett sending binary code through time.avi (YouTube)

Another interesting finding is **Dr. Sylvester J. Gates**, theoretical physicist at the University of Maryland, states that super-symmetrical string theory equations, describing the nature of the Universe and our waking reality, contain within them embedded computer codes. The codes are digital data in the form of 1's and 0's (*Accessing My Creativity App. A Theorist's Journey Through Supersymmetry. Sylvester J. Gates*). Super string theory allows for time travel in both directions (*The Confrontation between General Relativity and Experiment. Clifford M. Will. June 2014*).

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Binary codes have been used to create holograms (*Converting optical scanning holograms of real objects to binary Fourier holograms using an iterative direct binary search algorithm. Thibault Lepotier et al. Feb 2015*), (*Binary computer-generated holograms. W.H. Lee Nov 1970*).

Further Reading

Phase behavior of a deionized binary mixture of charged spheres in the presence of gravity. Nina J. Lorenz et al.

Are Time Traveler's Already Here?

In this edition, we also show how the "rare elements" play a role in enhancing the receiving of communication during Associative Remote Viewing Sessions. Ytterby consists of the 4 "rare" elements which are ytterbium, terbium, erbium and thulium. These were named after the village Ytterby in Sweden by Swiss chemist Jean Charles Galissard de Marignac in 1878. It is interesting that Ytterby Village, which is where these rare metals were first found, are about day's drive from where Mr. Billy Meier (who lives in Schmidrueti Zurich). Billy Meier claims to have had contact with people from earth's future. The Billy Meier case is fascinating in that over 20 years later, the story is still the same and Mr. Meier has continued to have contacts with these people from the future and he is still respected. There are some very good documentaries on Mr. Meier where they have examined all the evidence and the investigators could not put holes in his story. **Mr. Billy Meier lives 1,857km from the village of Ytterby.**

Is it possible future humans are encoding the binary messages in a magnetic field and then using a neutron star to accelerate the message to faster than the speed of light for a certain period of time then releasing the transmission, sending it message to earth. We already

know that when earth's geomagnetic energy is in the sweet spot, that seeing through time is much easier possible. Perhaps a message encoded in a magnetic field is sent through time using the same method.

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Summary

Because objects and materials used in science can sometimes influence what is being measured, yttrium, which is an element used in the world's most accurate atomic clock, may have some importance as a time displacement / manipulation material. Perhaps this race of people from the future are using either earth energies in the region of the metal yttrium or similar metals for their time travel journeys. As an interesting side note, Sweden also happens to be where some of the world's finest crafted clocks have been made for generations.

The Human Body Functions as an Aerial

William L. Smith, author of *The Human Electromagnetic Field*, whose paper was published in

the Journal of Theoretics, states that the electromagnetic energy field of the human body has the potential to act as an aerial, acting for simultaneous reception and transmission of energy with its environment (*Samways, 1992*).

The Interpsychic Dimension and Intrapsychic Occurrences

This term was used by Allspach which expressed the following.

1 - **The Interpsychic Dimension** - That the expression of emotions is caused by daily interactions occurring between two or more humans.

2 - **Intrapsychic Occurrences** - The interaction occurs as the person experiences an emotional reaction to a given stimulus (*receiving a huge bill in the mail, hearing a devastating message on an answering machine etc.*).

Reference

Allspach L, Comments during Advanced Interpersonal Communication class, spring 2001 semester, Western Illinois University, regarding interpsychic and intrapsychic reactions to stimuli.

Embarrassment as a Motivator for Stimuli

An example of human emotions taking place on an interpsychic level is embarrassment. Embarrassment is the concern for what others think of us. It is the acute state of awkward, flustered, abashed chagrin resulting from stimuli, which increases the threat of unwanted

evaluations from imagined or real audiences. Simply put, embarrassment is an emotion that is especially receptive to stimuli. Because everything in the universe is composed of vibrating energy, interconnected to everything else, it forms the basis of what's known as "Cosmic Connection". This allows for a tuned electromagnetic field that is in resonance to create energy fields of influence around distant objects (*L. Samways. 1992*). The mere fact that we can direct our thoughts and see its results in the form of prayers or telekinesis (Uri Geller) proves that our thoughts exist as an electrical field that can interact with our surroundings. As Samways states, the human body acts just like a radio or television aerial (*Samways L, Your Mindbody Energy: How to Access Your Hidden Energies and Take Control of Your Life, 1992.*). Just as a radio transceiver can transmit and receive energy, the human body may also be able to transmit and receive energy from its environment.

Energy Attracts

Electromagnetic energy, such as in the form of light consists of electrical and magnetic energy, which proves there is a magnetic/repulsion/attraction component to the electromagnetic energy field surrounding the human body. Individuals unable to find a suitable partner or relationship may be provoking repulsion in others instead of attraction, stemming from internal discord. Thus, it is the internal discord that is creating the disturbances in their electromagnetic energy field with whom s/he may associate, thereby causing repulsion in others instead of attraction.

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Summary

A connection exists between physiology, super-string theory, anatomy and psychology which plays a major role in our waking consciousness. Our very physical bodies act as aerials, simultaneously transmitting and receiving EM energy from our physical environment, to and from other people and perhaps to and from other dimensions.

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Quantum Holography

Quantum Holography was first used by (Gabor, 1948) who developed it to explain the physics of information transmission in signal processing (*Gabor, 1946*). Because the quantum hologram is made up of neutrons, our nervous system may be receiving information from the quantum

hologram via neutrons. It is a fact that solar activity affects the nervous system through geomagnetic activity and one of the main sources of neutrons is the sun, with another main source of neutrons coming from the earth. Another key point is neutrinos are one of the few particles that can only be properly detected in an interference free environment, which is why most neutrino detectors are located deep underground. Remote viewing also uses similar conditions, with the best results occurring in an electromagnetic / interference free environment that is shielded from electromagnetic radiation such as cell phones, radio waves etc.

Further Reading

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What is the Quantum Hologram?

The Quantum Hologram is based on the energy-concept of information known as the logon. The logon is the foundation for an organization of a holographic infrastructure (*Bradley and Pribram, 1998; Bradley, 2002*). The logon is defined as a unit of information as the minimum uncertainty at which a signal may be encoded as a pattern of energy consisting of oscillations across a wide waveband of frequencies (ie: vocal utterances in telephonic communication).

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Chapter 3 - Scientific Documentation Of Future Precognition

As a scientist, I adhere to the rule that data builds the foundation upon which to make future discoveries. Let's first begin with the future-to-person information communication work performed by Honorton and Ferrari (1989) who conducted an analysis of 309 studies on precognition between the years 1935 and 1989.

This extremely large scale study involved subjects that had to predict a pre-determined target that would be selected in the future. The study involved 62 different researchers and involved more than 50,000 subjects totaling nearly 2 million trials. The study concluded with the accuracy rate of correct predictions exceeding chance by 1025 to 1.

Biological survival depends entirely upon avoiding disaster by being able to see it coming. Precognition is being aware of life's receptivity to subtle stimuli (no matter how small) that tells us the future has already started. This is what enables living organisms to anticipate future occurrences by expanding the present.

Other research conducted by Bowers et al. (1990) found that the unconscious mind can "close in" on a correct answer some time before the answer is accessible to consciousness. This shows that the unconscious may be moving ahead in time.

To put it simply, unconscious regions in our brain are responding to subliminal signals from within our environment that are coming from the future. In most cases we are powerless to change the future, however we can alter the extent to which we will be subject to its effects. This is a form of time manipulation made possible by the natural extensions of our 5 senses, giving us an

acute view of distant things.

Emotions as Sensors for Future Stimuli

We use only part of our entire brain. Perhaps large unused parts of the brain are utilized by the unconscious. (Don et al., 1998; McDonough et al., 2002 and Warren et al., 1992a, 1992b) Don et al. performed a series of gambling studies. The studies concluded that “unconscious precognition” played a major role in the gambler's success.

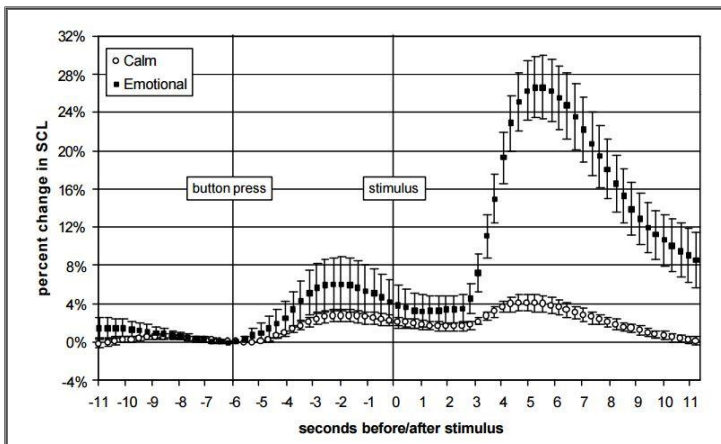
The Nervous System and Future Emotion

We have all experienced the increased emotional intensity from reading an e-mail on the computer, compared to opening a letter and reading the message. This may be due to the fact that the electromagnetic energy emanating from the heart is in resonance with the electromagnetic energy of the computer. The human heart is also affected by infrared radiation (*Effects of electromagnetic radiation (bright light, extremely low-frequency magnetic fields, infrared radiation) on the circadian rhythm of melatonin synthesis, rectal temperature, and heart rate. B. Griefahn et al. Oct 2002*).

Radin (1997a, 1997b, 2004) created experiments which evoked emotional responses using randomly selected calming photographs or emotionally arousing pictures and measured the participant's skin conductance level (SCL) and their photoplethysmographic measures of heart rate and blood. The study found that the comparison of the participant's SCL response between the emotional and calm trials exhibited a significantly greater change in their electro-dermal activity approximately 5 seconds before a future emotionally

charged picture, compared to a future calm picture. Similar studies using this same technique have come to the same conclusions (Bem, 2003; Bierman, 2000; Bierman and Radin, 1997; Bierman and Scholte, 2002; Radin, 2004).

In a study titled: Evidence for an anomalous anticipatory effect in the autonomic nervous system, conducted by Dean I. Radin at the Boundary Institute, experiments involving participants having their responses measured prior to experiencing presentiment effects found that arousal levels prior to stimuli were correlated with emotion ($p = 0.008$). The following image shows the results of their study.



Above image courtesy of study: Evidence for an anomalous anticipatory effect in the autonomic nervous system Dean I. Radin Boundary Institute. Numerous research studies have found that unconscious perception is linked to the nervous system and brain (Grush & Churchland, 1995; Dennett, 1991; Crick, 1994).

Presentiment effects in the body's autonomic nervous system have also been proven in experiments by Bierman and Radin (1997) at the University of Amsterdam, Radin (1997b) at the University of Nevada and also by Norfolk (1999) at the University of

Edinburgh. These studies had individuals view a randomly selected calm or emotional picture while their skin conductance levels (SCL) were measured. Skin conductance level measurements were recorded five to seven seconds before a picture was displayed, and again eight to ten seconds after the picture. The study found that greater autonomic arousal occurred before emotional stimuli, compared to the calm pictures.

Other experiments involving quantum mechanical interactions can be interpreted as exhibiting retrocausal influences when a decision at a future time affects a past time. An excellent example is Wheeler's delayed-choice experiment. This experiment shows how a photon travels through an interferometer and appears to be affected by a measurement made at a later time (*Wheeler, 1984; Jacques et al., 2007*). Simply put, no physical law exists which precludes retrocausal information transfer. Cramer proposes standard quantum mechanics allow for the construction of a retrocausal signaling device using quantum optical interferometry (*Cramer, 2007*). Though Cramer's work has yet to show results (*Cramer, 2014*), using entangled systems for retrocausal communication may show a physical explanation for precognition.

What does Retrocausality Mean?

Retrocausality is a hypothetical function where the future can affect the present and the present can affect the past.

MRI Brain Patterns during Pre-Stimulus PSI Trials

A more detailed study that involved the use of functional magnetic resonance imaging (MRI) discovered brain activity was more active in the regions near the brain's

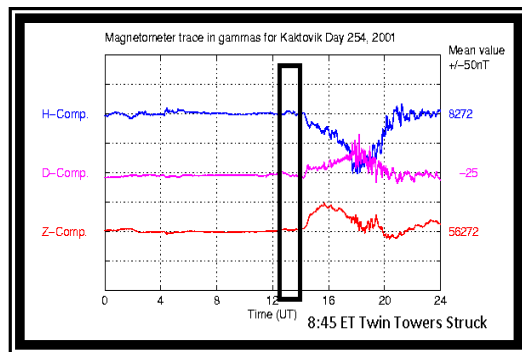
amygdala. The amygdala controls the processing of intense emotions such as rage and fear. This region of the brain "lit up" before emotional pictures were displayed, however little to no activity occurred when the calm pictures were displayed (*Bierman and Scholte, 2002*).

Final Conclusions and Summary

Overall, the studies show that the body responds to an emotionally charged experience between four and seven seconds prior to experiencing the stimulus. The greater the emotional significance of a future stimulus, the larger the body's physiological response prior to experiencing the received stimulus.

Research has also proven that heart activity, especially the heart rhythm, directly reflects the processing of emotional experiences in the human body (*McCraty and Childre, 2004; Tiller et al., 1996*). We shall cover this in more detail later on.

Besides our nervous system, earth reacts to events as well. One of the more obvious examples is on 9/11, earth's



magnetometer "reacted" when the event occurred. Hence, our nervous system may be tied into earth's magnetic field. Hence when we are in coherence, we are in coherence with the earth. We may be receiving future information via the earth and maybe even the galaxy. The more emotional the future event, the stronger the

pre-stimulus experienced.

Above Image Source (<http://www.drjudywood.com/>)

Commission of Crimes

Avdonina EN, Samovichev EG (1995) discovered that crimes are more likely to occur 1 to 3 days after a sharp decrease of solar activity (Wolf numbers) and geomagnetic activity (A3 and K indices). Also another study found that Serial Crime in Moscow would increase 3 days after a period of low solar activity. Avdonina and Samovichev (1995). 911, as well as the Boston Marathon bombing both occurred 3 days after a sharp decrease of solar activity.

View the Report Online Published by the Solar Institute at
http://www.ez3dbiz.com/paris_attacks.html

Infrared used in Communication

LED's are used in remote controls that emit Infrared. The receiver uses a silicon diode that converts the infrared radiation into an electric current. Infrared lasers create light for fiber optics made from silica fibers that are used in communications.

Rare earths are used in ceramics to greatly boost their performance, especially by boosting their luminescent properties. They also enhance infrared properties. Er3 and Y3 (yttrium) doped ceramics using rare earth's great enhance their near infrared properties. Near infrared is used for therapeutic purposes for deep muscle and joint therapy.

Ultrahigh vacuum silver films have the highest infrared reflectance spanning a large range out of any known material.

One thing is constant, Tungsten, Arctic 5 silver both can retain large amounts of heat without burning up. When they are subjected to heat, they emit intense infrared rays.

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The Heart as an Aerial for Detecting Future Stimuli

Research by The Institute of Heart Math concluded that the heart is directly involved in receiving and processing intuitive information about future events (*McCraty et al., 2004a, 2004b*). This would make sense because research studies have shown that the heart is directly affected by Geomagnetic Activity and when geomagnetic activity is quieter, ARV sessions are more accurate.

The heart is essentially an electrical device which exhibits pre-sentient effects, and the heart is sensitive to solar weather influences. This would mean external forces exhibited by solar weather would influence the heart and exhibit a seasonal variation. Let's see if the data supports this. In a research study published in January 2013 titled: Days of “Zero” level geomagnetic

activity accompanied by high neutron activity, and conducted by Elyhahu Stoupel and colleagues, the study found electrical storms of the heart showed slight decreases during July, August and September. The majority of events took place during days there were lower than average levels of geomagnetic and solar activity, and also during days of higher than average levels of cosmic ray (neutron) activity. Electrical heart storms are defined as three or more episodes of ventricular tachycardia.

Reference

Neutrons and sudden cardiac death (SCD). E. Stoupel et al. 2006.

Summary

Below average geomagnetic activity, solar activity and enhanced cosmic rays affect the electrical activity of the heart in a negative fashion.

Speaking from personal research of doing ARV sessions, when cosmic rays are lower (less neutrons), remote viewing accuracy is enhanced. This also makes sense with sunspot activity, because as sunspot activity declines, it acts as a shield against incoming cosmic rays, reducing the number of cosmic rays. Considering that the best time for remote viewing is the "Sweet Spot" of geomagnetic activity is a medium level of between 11 and 7 (Fredericksburg), and extremely low geomagnetic activity is not in this sweet spot zone, it could explain why ARV sessions are more in-accurate when not conducted in this sweet spot zone. Another interesting finding is the months of July, August and September are the worst months for conducting ARV sessions, as that is

when our ARV accuracy is at its worst. This could all be explained by the electrical activity discussed in the aforementioned study. There are other factors that may be responsible for this seasonal in-accuracy, and we shall explore them later on.

Restoring Health and Fitness using The Heart Math EM Wave

This exercise has gradual accumulative effects, which means it works best done 3 days in a row, spaced a day apart. It also works best within 3 days before / after an emotional biorhythm peak or apogee moon - when these both overlap a synergy occurs. Best results are obtained around midnight when melatonin levels are strongest and during the solar weather "*sweet spot*". These instructions are for using the Heart Math EM Wave meter, however it can be done without the EM Wave.

1. Visualize the last time you were young, fit, healthy and in your prime and while doing so, tune into your heart beat when you were in your prime.
2. Next tune into the Mayer waves. This part is key. You must clearly get a vivid feeling of the Mayer waves occurring before moving onto the next step.
3. Use Heart Math to pull the Mayer waves forward to the present moment.
4. Take a pause - light should glow green indicating coherence. Just think of the Mayer waves again.

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5. As you begin breathing in/out through heart again, again think of yourself in your prime. This part is key - you must clearly obtain a genuine feeling of your heartbeat when you were in your prime.
6. Next the Heart Math EM Wave should glow green indicating coherence.
7. Repeat the exercise 2 to 3 times.
8. Take a 4 to 5 minute break, repeat above cycle 2 more times.

What are Mayer Waves?

Mayer waves are electrical waves of activity that remain constant throughout a person's lifetime and never change their frequency. They are caused by cyclic changes in arterial blood pressure by oscillations. The waves have a frequency about 0.1 Hz (10-second waves).

Final Conclusions/Summary

A synergistic effect may be occurring when heart math is performed during favorable solar conditions and the person's emotional and intuitive biorhythm is peaking. Hence, the opposite would also be true. If a person's physical or biorhythm was at critical/low periods and there was stronger geomagnetic activity and unfavorable solar weather conditions, it may reduce the body's ability to fight disease and inflammation. Further research is needed to see if this hypothesis is valid.

Geomagnetic Indices		
Ionospheric Condition	K index	A index
Quiet	0-1	0-7
Unsettled	2	8-15
Active	3	16-29
Minor storm	4	30-49
Major storm	5	50-99
Severe storm	6-9	>99

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This is why a calm, coherent emotional state enhances the body's response to future information, greatly improving remote viewing accuracy because the heart is "in the zone".

In another research study on pre-stimuli's trials titled: *The Psychophysiology Of Intuition: A Quantum-Holographic Theory Of Nonlocal Communication* which was conducted by Raymond Trevor, and published in 2007, the study concluded with the following results:

"Significant differences occurred in the brain's frontal areas and in the cortical event-related potentials during pre-stimuli

activity. This was marked by a faster onset of the positive-going wave in the emotional trials and increased negativity."

- The study also found that the heart appeared to receive **future information before the brain** (on average 4.8 seconds before the stimulus).
- The brain's left temporal areas, frontal cortex, occipital areas and the parietal areas of the brain (*showed slightly less activity*) were directly involved in the processing of intuitive information.
- Significant differences were detected in the heartbeats which evoked potentials between the calm and emotional trials primarily during the psychophysiological coherence state.
- Females were more attuned to information received from the heart.

The study concluded that intuitive perception does not function as a discrete function that is produced by a single part or system of the body alone, especially the brain as previously thought, but instead that intuition is a system-wide process involving the heart and brain, and perhaps even other bodily systems, which all work together to coordinate the processing and decoding of intuitive information (McCraty *et al.*, 2004a, 2004b, 2004–2005).

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Another experiment utilized a driving simulation computer program that consisted of two possible outcomes. The first was a car crash and the second a peaceful ending. The study found that participants who were about to crash the car showed changes in their brainwaves before the accident occurred.

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Pupil Dilation, Heart Rate and Anticipatory Reactions

Tressoldi and colleagues conducted experiments to study the percentage of the number of correct predictions of two events by looking at the anticipatory reaction of pupil dilation and changes in heart rate. Images and sounds were used to assess pupil dilation. One image was a smile and the other a gun associated with a shot audio clip. The study found an overall prediction accuracy of both the heart rate and anticipatory pupil dilation ranged from 4 to 15 % above the expected chance of 50 %. Further research by Tressoldi used a portable apparatus, called **CardioAlert**, which measures the body's heart rate while connected via Bluetooth and a smartphone. This allows for a tailored alert when potential negative random events are about to occur. The method involves after measuring the heart rate baseline, the user sets the level of the alarm (audio sound), by altering the CardioAlert software in the smartphone. Tressoldi et al. used the alarm threshold measured as a

change in the baseline heart rate below or above 1.5 (value of the standard deviation of beat-to-beat heart beat intervals). Special attention was needed to watch out for false alarms and find the optimal value for best results. After four experiments, with two experiments measuring pupil dilation and two experiments measuring heart rate, evidence supports the hypothesis that the human body's nervous system (*including the autonomic*) and neurological systems react to unpredictable (*and randomly presented*) stimulation approximately 3 to 10 seconds **before** they are activated by a sensorial (*visual or acoustic*) stimulation. This anticipation displays clear evidence that the body's psychophysiological signals change in relationship to characteristics of a future stimuli. Results of the study showed in all four experiments, both a potentially threatening stimulus and neutral occurred predicted 7 – 10% above chance.

Reference

Anticipation of Random Future Events. Does Pupil Dilation Predict Real or Future Probable Events?. Patrizio Tressoldi
Patrizio et al Jan 2013

Summary

The pupils of the eyes as well as the heart can detect future changes before they occur. Could this be proof of the quantum hologram? Perhaps because the quantum hologram is made up of photons and neutrons? The retinas of the eyes also respond to changes in geomagnetic activity. Perhaps changes in geomagnetic activity affect the quantum hologram causing pupil dilation. Hence, to track and tap into the quantum hologram, one would only need monitor pupil dilation.

Magnetic Sensitivity and the Retina

Another interesting fact is that geomagnetic activity has been shown to affect the retina of the eyes. This was shown in a study conducted by James Close titled: Are stress responses to geomagnetic storms mediated by the cryptochrome compass system?, and published in March 2012. Another study by Olcese et al. (1985) discovered rats with intact retinas were sensitive to various magnetic fields. He suggested this retinal magneto-sensitivity serves to modulate the function of the brain's pineal gland, hence affecting melatonin levels. Warman et al.(2003b) stated photoreceptors in the retina were responsible for this sensitivity. Without the presence of dim light, the eye cannot properly perceive moderate to weak magnetic fields.

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Brainwave Frequencies that Enhance Associative Remote Viewing

The EEG frequencies of brain activity consist of the following
Delta (0–4 Hz)

Theta (4–8 Hz)

Alpha (8–13 Hz)

Beta (13–30 Hz)

Gamma (>30 Hz)

Anna Wise, expert neuro-feedback clinician and researcher, stated that after decades of research with neuro-feedback, that alpha brainwaves were significantly associated with relaxed awareness and visualization. She further stated that theta brainwaves were also associated with intuition, the personal unconscious and direct spiritual insight. She also stated that PSI abilities were most commonly associated with delta waves and that alpha and theta were the essential components for making the abilities of PSI functional otherwise PSI would remain unconscious (*Wise, 1995/2004*).

EEG and Healing

Energy Healer and Sociologist Bill Bengston, Ph.D., while working with Luke Hendricks, and Jay Gunkelman discovered that when Dr. Bengston placed his hands on someone that wanted to be healed, that Dr. Bengston's EEG exhibited a brainwave frequency of approximately 7.81 Hz (the borderline frequency between theta and alpha brainwaves). After a period of time the recipient who was being healed exhibited an entrained brainwave as shown on their EEG (*Bengston & Fraser, 2010, pp. 175-7*).

Boha et al. ⁽¹⁾ looked at the brain's EEG changes during mental arithmetic tasks during low alcohol dosages and discovered theta brainwaves were dominant in the frontal area. Kawakami et al. ⁽²⁾ researched fragrances that had sedative effects (sandalwood, lemon and lavender) and also awakening effects (ylang-ylang, jasmine, rose and peppermint) on visual display terminal tasks. The research showed that these fragrances affected the person's concentration on work and enhanced mental focus compared with no fragrances. Matsubara et al. found that Siberian fir tree essential oil, *Abies sibirica* (Pinaceae)

increased the brainwaves of theta activity after visual display terminal tasks. The study concluded that *A. sibirica* essential oil significantly reduced arousal levels after the visual display terminal tasks. Another research study found that the essential oils of peppermint, chamomile, eucalyptus and rose exhibited central nervous system effects in mice (*Evaluation of the effects of plant-derived essential oils on central nervous system function.* T. Umezu. June 2012). Essential oils of Cypress, grapefruit and orange showed a slower reaction time. This may be helpful in enhancing reaction time. As the more the nervous system can be primed to respond to a stimulates before it occurs, the more accurate the ARV session.

A paper published in 2005 by researchers at the University of Siena looked at the effects of taking 2.8 grams of Omega-3 for 35 days to examine its effects on their attention, memory, cognition, mood, and reaction time. The study found that the Omega-3 supplements improved their performance in all areas. The key finding was that all the participant's EEG recordings showed shifts to less beta brainwaves and increases in their alpha and theta brainwaves after taking the Omega-3 (*Fontani et al., 2005, p. 691*).

Klemm et al. ⁽³⁾ reported that the odors of jasmine, lavender, birch tar and lemon significantly increased theta brainwaves. Chulz et al. ⁽⁴⁾ investigated the sedative effects of eight plant extracts consisting of *Passiflora incarnata*, *Hypericum perforatum*, *Piper methysticum*, such as *Valeriana officinalis*, *Lavandula off.*, *Melissa off.*, *Eschscholzia californica*, and *Ginkgo biloba*. Out of these extracts, valerian significantly enhanced theta and delta brainwaves and also decreased beta activity. Another study ⁽⁵⁾ found that the aroma of *L. angustifolia* caused theta

brainwaves to occur in cranial regions in people who exhibited poor sleep quality. Iijima et al. (6) discovered that slow alpha and theta brainwaves occupied the occipital region of the brain while they inhaled neroli oil and grapefruit oil, compared with their activities before their exposure. The study concluded that these essential oils promoted a relaxed state.

In another study (7) it showed that the inhalation of essential oils significantly increased theta brainwaves in the right prefrontal region. The study also found that significant differences occurred in the relative fast and slow alpha brainwaves after inhaling essential oil. EEG changes also revealed that the subject's mental and physical states were more relaxed and stable inhaling essential oil. Also a mixture of bergamot oil and lavender was found to be more effective compared to lavender oil alone.

Another study reported that the odor of incense enhanced the brain's cortical activities and inhibitory processing of motor response due to increasing alpha brainwaves in the bilateral posterior regions of the brain.

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Nicotine Enhances Alpha Brainwaves

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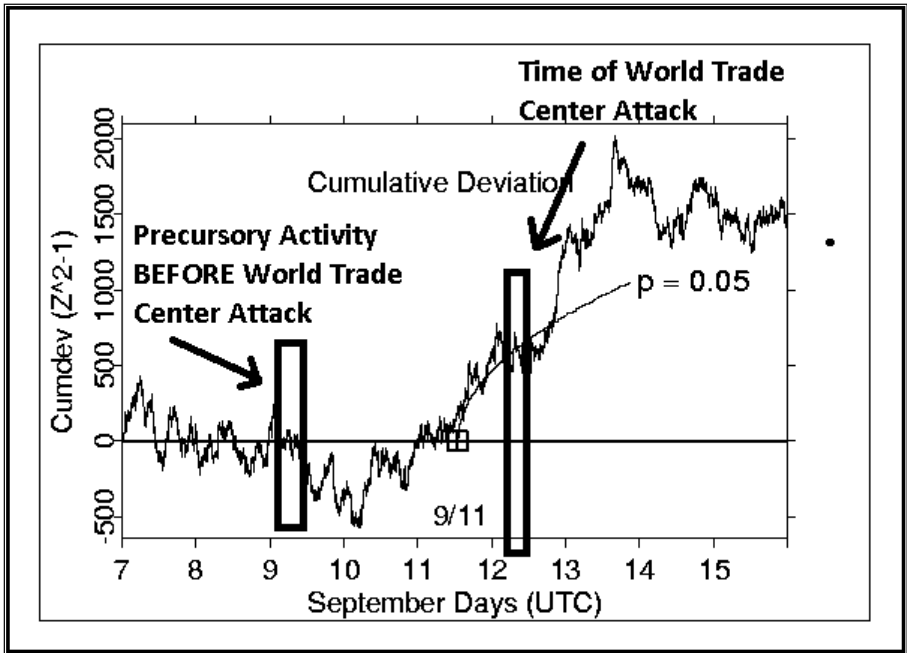
The Collective Swarm of Unconscious Precognition

Collective Intuition as a sign of Future Danger

W.E. Cox (1956) analyzed the number of tickets sold for 28 passenger trains that had crashed between the years 1950 and 1955. His research found that trains that crashed had fewer passengers compared to similar trains on the same day of the previous week. His research included weather conditions, and the number of tickets sold during the previous week, month and day. Due to the possibility of statistical results being explained as random fluctuations, W.E. Cox calculated the probability of accumulating the same data randomly. This probability was less than 1/100. Simply put, there is a 99/100 certainty that people really have and do use their intuition to avoid dangerous situations.

911 and Random Number Generator Activity before the World Trade Center Attacks

Analysis of RNGs (*random number generators*) Nelson (2002) and Radin (2002) discovered that the largest departure from random order in the year 2001 took place on 11 September 2001. Radin (2002) stated that virtually every examination he conducted of the September 11 event showed anomalous activity in the RNG output. Nelson and Radin also discovered global precognition occurring in the RNG output data **before** the attacks. The empirical pattern shows that random fluctuation occurred approximately three or four hours **BEFORE** the attacks.



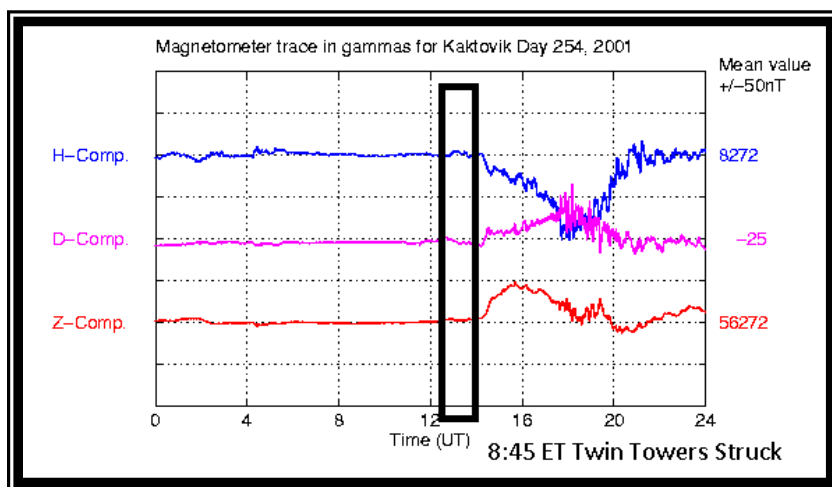
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Earth's magnetometer also exhibited major activity when 911 occurred. This may prove the existence of a collective group consciousness that is connected with the earth. Our research has used the magnetometer to find favorable times to perform Associative Remote Viewing sessions, in that as the sweet spot of geomagnetic activity approaches (low activity), earth's magnetometer activity will also display signs of calming down, after previously going

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through a more active period. The following image shows earth's magnetometer activity on 9/11.



Source (<http://www.drjudywood.com/>)

Summary

Implicit global fore-knowledge of impending future negative events that have a mass common significance (ie; *collective intuition*) becomes encoded in a "bio-emotional energy wave field" that displays itself not only in the general human population, but earth's magnetic field as well.

Collective Intuition and Winning Lottery Tickets

M. Zilberman (1995/July) examined the ratio of winning lottery tickets to the total number of tickets sold in European numerical lotteries during the years between 1980 and 1989. The study found that the ratio changed between the months and that the changes showed significant correlations with earth's geomagnetic activity (KP Index, AP Index). The study concluded that when earth's geomagnetic activity was **quieter**, there were **more winning lottery**

tickets sold. The ratio correlated with geomagnetic activity on the day of the lottery draw, but not earlier or later. The absolute probability of the result occurring randomly was <0.005 .

Collective Fun

Speaking from personal observation over the years, I live close to a popular snorkeling spot known as Hanuama Bay, which is popular with visitors from around the world. I have always noticed when the solar wind speeds are at favorable levels and the weather conditions are perfect, that the bay would always attract more crowds in less time than usual. This could be due to the “Collective Intuition” pattern we have just discussed. This same effect also occurs in the stock markets. When solar wind speeds and solar weather is at favorable levels, the stock market would always show stronger trading activity. Our research has also shown that during favorable solar wind speeds and low geomagnetic activity (known as the condition green) that no large scale terrorist attacks have ever occurred, once again proving the existence of “collective intuition”. My book *Solar Flares and their Effect Upon Human Behavior and Health* goes into more detail about this.

Another observation I find worth mentioning is I live near a large hill that is popular with hikers. I have noticed over the years that when earth's geomagnetic activity has remained at lower levels for a period of days and the outdoor weather is temperate and enjoyable, that more hikers would climb this hill. I have also noticed this same effect in hiking trails in the Oregon forests. I can only assume that the "collective unconscious" effect also appears to happen en-masse when solar and weather conditions are optimal for outdoor activity.

Associative Remote Viewing and power of Expectation

It is rather interesting to note that ARV sessions peak from winter into early spring, a time period when the collective unconscious is unconsciously focused on positive expectations for the coming year. Also ARV sessions were always found to show a weekly peak on Sunday evenings, another time period the collective unconscious is focused upon the upcoming week.

Swarm Intelligence Predicts the Future

An emerging technology known as Swarm Intelligence involves a group of people focused on sensing a future event. So far they have had remarkable success in picking the winners of the Kentucky Derby and other sporting events. The artificial intelligence system is named UNU (*short for Unanimous A.I.*), and has predicted other large scale events such as the Oscars and the Super Bowl. UNU uses "Swam Intelligence" (*also known as SI*). SI is a collective behavior of decentralized and self-organized systems which are natural or artificial. The expression was introduced by Jing Wang and Gerardo Beni in 1989, in the context of cellular robotic systems. SI's website is www.unu.ai. In nature we see swarming occurring in the behavior of ants.

In a scientific research study published in January 2009 titled: Patterns of an Invasion by Argentine Ants (*Linepithema humile*) in a Riparian Corridor and its Effects on Ant Diversity and conducted by Theodore A. Kennedy of the Biological Sciences Department California Polytechnic State University in San Luis Obispo, California; the study found that an association exists between ant invasions and stormy weather. The study also found that ant repellants and other any resistant strategies don't have any effect during this time. The

research study involved surveying 69 California households between January 1998 and July 1999. The participants were asked to estimate the number of ants invading their home and if store purchased pesticides were used. The study included temperature and rainfall data for comparison.

The study found that ants are extremely likely to enter homes just before wet and cold conditions and especially during winter in Northern California. Another small peak was shown to occur during hot and dry conditions during August and September. The study also found that ant killers were completely ineffective. The study showed that Argentine ant behavior was tied to the weather and that ants seek dry areas to escape searing heat or excessive long term dampness and there is almost no 100% repellant that can stop them. The study also stated that spraying pesticides went ants are not visible is a waste. The cause of the decline in ant swarms is most likely due to a change in weather. Ants come in because of certain weather conditions, and they leave because of the right weather conditions.

In conclusion, Swarm Intelligence is used in nature to overcome extreme weather approaching and maybe even being used to overcome the powerful ant repellants. It also shows that people predict better and organize better when in groups, especially when the result of large scale outcome is sought.

Associative Remote Viewing Sessions Peak on Sunday Evenings

Our research from performing Associative Remote Viewing sessions over the past few years has shown that our best results occur when the ARV sessions are performed on Sunday evenings. This same pattern occurred with associative remote viewing sessions conducted by Mr. Keith

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Harary and Russell Targ who attempted to forecast changes every Monday in the closing price of the silver futures market. They looked out 5 days in advance, for a total of 9 weeks (9 Mondays). The technique used was the associate remote viewing developed by Mr. Stephan Schwartz (2007).

What is interesting is Monday is the day of the week the collective unconscious is strongly focused on the coming days of the week ahead. Also our associative remote viewing accuracy would always peak from early winter into early spring each year. Wintertime is when Christmas occurs and the collective unconscious is focused on the coming year ahead. Also February is the month of Chinese New Year. The University of Boulder Dow Jones Remote viewing study also took place during the months of November and December 2008 (*wintertime*) and achieved very good results.

Reference

Stock Market Prediction Using Associative Remote Viewing By Inexperienced Remote Viewers Christopher Carson Smith Darrell Laham Garret Model Department Of Electrical, Computer, & Energy Engineering, University Of Colorado, Boulder, Colorado, Usa Model@Colorado.Edu Submitted 2/20/2013, Accepted 12/7/2013.

Summary

It may be when solar conditions are perfect, the collective unconscious becomes more closely inter-connected, resulting in an enhanced "field" more receptive to future information.

Free Will and the Common Group Collective

Because ARV sessions are most accurate at certain solar weather conditions and seasons, allowing one to receive almost perfect results, what does this say about overall free will? It may be that major events have more weight during certain times, which is why the Dow Jones is a measurement of economic activity.

Economic activity is a representation of the driving forces of industrial society which affect everyone. Hence its impact is more obviously felt. Free will really becomes unconscious collective will during these times. Hence at other times, individual free will takes over, allowing for independent innovation which eventually over time will merge with the overall collective free will.

Once the Dow Jones Industrial Average has been forecast during the right conditions, “*going through the motions*” until one catches up with the future target date could be evidence for the eternal universe concept (self-repeating events / time loop). Perhaps the unconscious mind is somehow connected to the eternal universe.

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Radin, D. (1998). “Further investigation of unconscious differential anticipatory responses to future emotions,” in *Proceedings of the 41st Annual Convention of the Parapsychological Association*, Halifax, 162–183.

Roll, W. G. & Zill, R. (1981) Psi scoring on individual and group targets before and after meditation. In Roll, W.G. & Beloff, J. (Eds.) *Research in Parapsychology* 1980.

Barometric Air Pressure and Genius

Another interesting fact is Associative Remote Viewing Sessions would always give good results when the barometric air pressure had peaked. Let’s explore why barometric air pressure is so important to successful remote viewing.

Dr. Yoshiro Nakamats is a world record holder for new inventions. He has over 3,200 inventions crediting his name. That is 3 times more than Thomas Edison. Dr. Nakamats'

inventions contributed to the floppy disk, the CD, the DVD, the Digital Watch, Cinemascope, the Taxicab Meter and many more. These are contributions that have had a profound impact on every person on this planet. The secret to Dr. Nakmats's success is that he gets his ideas while holding his breath while at the bottom of a swimming pool. When the ideas start flowing after being at the bottom of the pool, he draws them on a water resistant Plexiglas tablet. Dr. Nakamats states that his most "creative time" is between midnight and 4 a.m. In a swimming pool, the region of highest pressure is at the bottom of the swimming pool.

Receiving Intuition Information in Groups

Research is starting to show that groups focusing on a single purpose while positively coached, achieve clearer results, compared to a single individual. Support for this theory comes from a remote viewing study conducted in a 3 day conference workshop in the country of North Italy (*Targ and Katra, 2000*). In this workshop, 24 participants who were previously unacquainted, attuned themselves to the researcher's emphasis on "creating a feeling of community and coherence of intention within the overall group". The workshop revealed that successful matches with the remote targets had an effect size of 0.64 (*Targ and Katra, 2000: 107*). This effect is substantially higher than that found in ESP experiments in classroom and group settings where a lack of attention, seriousness of purpose, motivation or poor training of the research subjects being tested are thought to account for the difference (*Targ and Katra, 2000: 108*).

Further Reading

Schmeidler, G. (1994) ESP experiments 1978-1992. In Krippner, S. (ed.), *Advances in Parapsychological Research*, Vol. 7, 104-197. Jefferson, NC: McFarland.

Summary

Research suggests there exists a significantly enhanced clarity of non-local communication taking place in groups exhibiting "social coherence". Hence, a collective group may speed the processing of intuitive information in the following ways -

1. Acting as a type of bio-magnetic entity, via the mechanism of frequency pulling, it draws energy of specific frequencies of the individual's bio-emotional wave field into harmony with the overall resonant frequency of the entire group. This standing wave allows each individual member of the group to generate and sustain a stable and psychophysiological coherent state, allowing clear access to non-local information.

2. Through the principle of energetic resonance, the collective field becomes greatly amplified relative to the constituent components of each individual part (ie; *the energy fields of the individuals*). The end result is incoming information from non-local sources (ie; *the future*) which then becomes amplified by the existing coherent collective order, much the same way that radio waves from distant stars and galaxies become amplified by numerous radio telescopes being placed close to one another.

General Summary

When there is an overall group coherence in the surrounding environment, it greatly enhances precognitive abilities. Global coherence occurs most often during the most favorable solar weather conditions,

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which are also called a "condition green". The condition green period occurs when solar wind speeds are favorable and earth's geomagnetic activity is low or in the "sweet spot" of between 7 and 11. You can read more about condition green periods, how to find them and what their significance is in my book *Solar Flares and Their Effect Upon behavior and Human Health*.

Now let's next explore another major group collective effect that has had major worldwide effects on the world population known as The Maharishi Effect.

Chapter 4 - The Maharishi Effect and Its Effects on the Economy and the Stock Market

Another collective group is what's known as "The Maharishi Effect". The following data is from Scientific Research on Maharishi's Transcendental Meditation and TM- Sidhi Programme: Collected Papers—Volumes 1–6 (over 5,000 pages; Volume 7).

Over 600 scientific studies, conducted at more than 250 independent research institutions in 33 countries document the benefits of Maharishi's Transcendental Meditation and TM- Sidhi Programme.

In a research study titled: Influence of the Maharishi Technology of the Unified Field on world events and global social indicators: The effects of the 'Taste of Utopia' Assembly, that took place from the 17th of December 1983 until the 6th of January 1984 (**winter**) consisted of 8,000 TM-Sidhas from 50 countries. They came together to meditate at the Maharishi University of Management campus in Iowa. The group effect resulted in profound positive experiences in the human population. During the time period 6,900, was the square root of 1% for the global population of 5 billion people. Research has confirmed that this figure is the minimum number of people concentrating together to maintain coherence to positively affect world consciousness and create positive change.

The duration of the peace project was three weeks and the global coherence target time was nine days. To monitor the group's effects, researchers analyzed a total of nine 'quality of life' social indicators from various countries around the world. At the end of the project, the data indicated significant rises in optimism, economic confidence and prosperity. Below are just a few of the findings from the research project, as well as other projects

Remote Viewing. The Complete User's Manual on Experiencing Future Consciousness

conducted using the Influence of the Maharishi Technology of the Unified Field.

1 - The World Stock Index (measurement of major stocks in 19 countries) reversed its downward trend and rose 4.5%($p=.0001$). The study found that during the three week Iowa project, 19 out of 20 stock markets in various countries rose more than 1%.

2 - War deaths in Lebanon were reduced by 76% during days high attendance at the assembly occurred.

Reference

Orme-Johnson DW; Alexander CN; Davies JL; Chandler HM; and Larimore WE; Journal of Conflict Resolution, 32(4): 776-812, 1988; Journal of Conflict Resolution (34:756-768, 1990)

The very first World Peace Assembly took place in Amherst, Massachusetts in 1979. Below are just a few of the positive benefits attributed to this gathering.

- Violent crime decreased.
- Motor vehicle fatalities, air traffic, suicide and homicides decreased
- A rise in the stock market index (USA, 1979)

Reference

The Maharishi Technology of the Unified Field and improved quality of life in the United States: A study of the First World Peace Assembly, Amherst, Massachusetts, 1979.

Summary

Once again we see proof that a large group of people working together focusing on a single objective automatically affects the world around them. Further

research may show that the season of winter exhibits the most profound effects.

Now let's examine how intuition is used to foresee success in business, the casino and what methods boost intuition.

Chapter 5 – Scientific Studies Confirming Intuition Can Be Used To Make Money In The Markets, At The Casino Or To Succeed In Business

Quiet Geomagnetic Activity Increases Casino Payouts

D. Radin and J. Rebman (Seeking psi in the casino 1996) analyzed four years' worth of payouts in a Las Vegas Casino. The study looked at the ratios between the amounts won versus the amounts spent. The study found that the better the players' intuition, the greater the amount of the payout. The study also found that payout value fluctuated significantly and showed **correlations with geomagnetic activity** and the lunar cycle. It also showed that tidal forces played a significant role.

References

Makarec, K. & Persinger, M. A. (1987) Geophysical variables and behavior: XLIII. Negative correlation between accuracy of card-guessing and geomagnetic activity: A case study. *Perceptual and Motor Skills* 65, 105-106.

Dean Radin, and D. Ferrari, "Effects of Consciousness on the Fall of Dice: A Metaanalysis," *Scientific Exploration* 5, (1991).

D. Leder, "Spooky Actions at a Distance: Physics Psi, and Distant Healing" *National Library of Medicine*; available from [www.pubMed.gov] *Alternative Complimentary Medicine* 11, No. 5 (2005)

R.S. Broughton, and S.J.P. Spottiswoode, "Periodicities in Archive Card-Guessing Data: Preliminary Report on a Large Database," *The Parapsychological Association 43rd Annual Convention Proceedings of Presented Papers* (2000), 48-57.

Business Opportunity and Intuition

Dean, Mihalsky, Schroeder & Ostrander (1974) published a research study where company presidents were tested for

their powers of intuition. They found that precognitive ability was a very reliable indicator of a company's financial success. 80% of very successful company presidents (*presidents who doubled their company profits in 5 years*) scored above average on computerized precognition tests. The company presidents stated they used their intuition to foresee money-making opportunities (*cited by Vaughan and Houck, 2000*).

Using Feedback to Generate Intuition

1995 M. Zilberman (1995/Jan) published a research study stating it is possible to train intuition using immediate feedback. The study utilized visual and audio feedback after each trial in a computer-generated random series of even and odd events. The results of 5,100 trials showed a significant growth curve of correct guesses during the second half of the 100-trial sessions, compared to the first half of the trials. Overall, the percentage of correct guesses was 51.88% .The probability of these results occurring randomly was less than 1/250. After participants were subjected to the "training effect", the total percentage of their correct guesses during the second trials was 53.2% (The probability of these results occurring randomly was 1/1000).

Intuition Training

The first published study of Intuition Training was written by Charles Tart (1966). Charles proposed that immediate feedback following the results of a guess may improve intuition, eventually leading to the ability to make future correct guesses (train intuition). In a series of studies published from 1960 to 1980, he invented some of the very first strategies for intuition training.

Remote Viewing. The Complete User's Manual on Experiencing Future Consciousness

ability to successfully train their intuition (Tart, 1977):
His studies revealed the following regarding a person's

- high (but not overly high) motivation,
- high general learning ability,
- an absence of specific conscious or inferred unconscious resistances to psi,
- a good ability to discriminate the contents of the experimental field,
- healthy memory skills,
- the ability to quiet the mind,
- an ability to experience non-attachment and to drop strategies that are not adaptive due to emotional investment in them,
- a good ability to ignore sensory distractions,

Summary

Human intuition can be trained and accurately measured in computerized and non-computerized experiments. Intuition is trainable using audio-visual feedback (*Zilberman, 1995/Jan*) and exhibits long-term benefits (*Vaughan and Houck, 2000*).

Computerized intuition tests make good indicators of a person's everyday average level of intuition (*Dean, Mihalsky, Schroeder and Ostrander, 1974*). Although I have not yet tested it myself, one form of software designed to test intuition is called The Intuition Tester. It is a very similar form of software used in the Zilberman research (1995/Jan). The software can be found at: <http://www.intuitiontester.com/itester.html>

Other computerized intuition training software can be found online by doing a search. Just be sure to find one that

has received good reviews and ratings if you decide to use one.

Random Number Generation Software

L'Ecuyer, P. (2001). Software for uniform random number generation: Distinguishing the good and the bad. In B. A. Peters, J. S. Smith, D. J. Medeiros & M. W. Rohrer (Eds.), *Proceedings of the 2001 Winter Simulation Conference* (pp. 95–105). Piscataway, NY:IEEE Press.

Marsaglia, G. (1995). The Marsaglia random number CDROM including the diehard battery of tests of randomness [Computer software]. Retrieved from <http://stat.fsu.edu/pub/diehard/>

Marsaglia, G. (1997). A random number generator for computer software.

Remote Viewing the Future of the Dow Jones

In a research study titled: *Stock Market Prediction Using Associative Remote Viewing by Inexperienced Remote Viewers*, that was published in July 2013 and conducted by Christopher Carson Smith and colleagues, the study utilized 10 inexperienced remote viewers to remote view the future Dow Jones Industrial Average. The study looked at where the Dow Jones would close 48 hours in advance. The study concluded with the participants successfully predicting the outcome of the Dow Jones in seven out of seven attempts (binomial probability test, $p < .01$). During the test, investments in stock options were made which were based on the predictions, resulting in a significant financial gain.

In another study titled: *Greg Kolodziejzyk's 13 Year Associative Remote Viewing experiment Results*, published by Greg Kolodziejzyk, the experiment involved 181 questions representing futures trades where real capital was risked. Out of the total number of sessions, 60% of the trades were profitable, resulting in approximately \$146,587.30 profit. Greg based his research on work done in

Remote Viewing. The Complete User's Manual on Experiencing Future Consciousness

1982 by Mr. Keith Harary and Russell Targ who attempted to forecast changes every Monday in the closing price of the silver futures market. The reason Monday was likely chosen is because Monday is a time of peak emotion. Remote viewing research is showing that the stronger the emotion occurring on the future date, that the easier it is to detect it by using the emotion as a kind of energy source to decipher future information. Our ARV sessions were always more accurate when done on Sunday nights leading into Monday mornings. Later on in this edition, we devote an entire chapter to this.

Important Information for the Independent Associative Remote Viewer

When remote viewers view a target, and this includes targets in the future, they usually work in a group. The participants do not know what they are remote viewing and are usually given a number or some other objective to focus on. Why is this? Why can't they just view the target or know what they are working on? The reason for this is due to the fact that the subconscious mind causes interference during the ARV session. This can be overcome with the right solar weather conditions. During the right solar conditions the conscious mind has more strength than the subconscious mind and is not as susceptible to this "interference". Hence associative remote viewing sessions can be conducted with extreme clarity without the need of a group.

Chapter 6 - The Remote Viewing Electronics / Technology

Towards the end of this book we will give a general layout and format behind technology that can be developed to enhance one's remote viewing skills. One of the main discoveries we found is the mineral Manganese. Manganese acts as a precursor to approaching above average solar activity. Manganese-54 will decay less a day and a half before the arrival of strong solar flares" (*Jere Jenkins. Dec 13th, 2006*).

Another interesting fact is the pituitary gland contains manganese and manganese enhances the stability of strong brainwaves. This is because manganese deficiency has been found in epileptics (*Magnesium deficiency as a cause of acute intractable seizures. D. Nuytten et al. Aug 1991*). Research has shown that Epileptics exhibit "bursts" of strong brainwave activity in the range between 25 to 100 Hz during seizures (*Gamma, fast, and ultrafast waves of the brain: their relationships with epilepsy and behavior. J.R. Hughes. July 2008*). J.R. Hughes also found that gamma waves develop in autistic children aged 4 to 5 years of age. And that gamma waves occur before epileptic seizures (*Resting-State Oscillatory Activity in Autism Spectrum Disorders. Lauren Cornew et al. Sept 2012*).

Further Reading

Anninos PA, Tsagas N, Sandyk R, Derpapas K. Magnetic stimulation in the treatment of partial seizures. *Int J Neurosci* 1991; 60:141–171.

Other studies have found that epileptics experience sudden unexpected death during geomagnetic storms (*Sudden unexpected death in epileptics following sudden, intense, increases in geomagnetic activity. M.A. Persinger. 1995*). Above average geomagnetic storms also cause less creativity in individuals if they are working on the computer during a geomagnetic storm (*June 2013 study titled: Geomagnetic storm decreases the coherence of*

electric oscillations in the human brain while working at the computer, which was conducted by O.B. Novik and F.A. Smirnov).

Epileptic patients that exhibit complex partial seizures demonstrate decreased levels of hippocampal N-acetylaspartate/(choline + creatine) (*B. Ye et al Correlation analysis of cognitive function and changes in proton magnetic resonance spectroscopy of the hippocampus in patients with complex partial seizures. 2010).*

Could it be that choline synergizes with nicotine and cleans the pineal gland? More research is necessary to confirm this (*Dietary choline supplementation increases the density of nicotine binding sites in rat brain. J.B. Coutcher et al. Sept 1992).*

Further Reading

Nicotine recruits a local glutamatergic circuit to excite septohippocampal GABAergic neurons. M. Wu. et al. Sept 2003.

Effects of nicotine stimulation on spikes, theta frequency oscillations, and spike-theta oscillation relationship in rat medial septum diagonal band Broca slices. Dong Wen et al. March 2013.

Seasonal Variation of Geomagnetic Storms

Geomagnetic activity peaks each year during the months of March and April and again in September (the equinoxes). This is known as the Russell-Mc Pherron effect. (Semiannual variation of geomagnetic activity. C. T. Russell, R. L. McPherron. January 1973).

Manganese has also been shown to enhance intuition. Recognized American psychic Doreen Virtue states that Pineapple is one of the best foods to enhance intuition. Pineapple contains above average amounts of manganese (*Pineapple juice as a negative oral contrast agent in magnetic resonance cholangiopancreatography: a preliminary evaluation. R.D. Riordan et al. Dec 2004).* Long grain brown rice also contains large amounts of

manganese (*OsNRAMP5 contributes to manganese translocation and distribution in rice shoots. Meng Yang et al. Sept 2014*).

So if rice contains large amounts of manganese, wouldn't the growth of rice be affected by solar activity? Let's look at the data and find out.

Solar Activity Slows the Growth of Rice

During the spring of 1966 at the biology laboratories of the Joint Research Centre's Ispra Establishment, scientists decided to grow Ballila Rice in a controlled environment so they could to study its growth curve. The scientists found that during solar activity the rate at which the rice grew slowed down. The study stated that the varying levels of electromagnetic radiation (*light speed radiation emitted by the sun*) and corpuscular radiation (*slower radiation emitted by the sun*) may have influenced the rate of the rice.

Reference

Scientific and Technical Review of the European Communities (formerly Euratom Review). 1969-4 Quarterly publication. Do cosmic phenomena influence the growth of living creatures?. Georges Verfaillie. Page 106.

Article Link

http://aei.pitt.edu/81901/1/1969_December_-_No_4.pdf

Earth's geomagnetic field (GMF) is made up of both DC and alternating components (*The Effect of Extremely Low Frequency Alternating Magnetic Field on the Behavior of Animals in the Presence of the Geomagnetic Field. Natalia A. Belova¹ and Daniel Acosta-Avalos². Dec 2015*). A research study showed that when rats were exposed to low frequency magnetic fields that the concentrations of manganese in their livers became significantly altered. (*Changes in liver and kidney concentration of copper, manganese, cobalt and iron in rats exposed to static and low-*

frequency (50 Hz) magnetic fields). This means that the energies induced by geomagnetic storms were absorbed or are attracted to manganese and copper. This is why during some geomagnetic storms the copper winding on power transformers will melt.

Summary

Taking foods containing manganese enhances precognition and psychic ability due to the manganese interacting with earth's geomagnetic activity. Lower geomagnetic activity has been shown to enhance psychic ability.

References

The Relationship Between Local Geomagnetic Activity, Meditation And Psi. Part I: Literature Review And Theoretical Model1 Serena M. Roney-Dougal Et Al.), (Persinger, M. A. (1987)

Spontaneous telepathic experiences from Phantasms of the Living and low global geomagnetic activity. JASPR 81, 23-36.)

Schaut, G.B. & Persinger, M.A. (1985) Subjective telepathic experiences, geomagnetic activity and the ELF hypothesis. Part 1. Data analyses. Psi Research 4 (1), 4 -20.

Geomagnetic energy is also attracted to carbon as it has melted carbon contacts during geomagnetic storms (*Effects on Communication Cables. www.spaceweather.gc.ca*). Pineapple also happens to contain activated carbon in the leaves, stem, crown (*Preparation and characterization of activated carbon from pineapple waste biomass for dye removal. Mohammed Nabil Mahamad et al. August 2015*). When indium and rhodium are taken (which is in the supplement Ormus), manganese levels are also enhanced. (*Interactions of trace metals in mouse and rat tissues; zinc, chromium, copper, and manganese with 13 other elements. H.A. Schroeder and A.P. Nason. Feb 1976*).

Having adequate manganese in your system before performing precognition projects enhances psychic ability because it interconnects with earth's geomagnetic field. When we are in coherence, psychic ability also improves because we are in coherence with the earth.

When manganese is combined with calcium (radioactive materials, especially lead are attracted to calcium), it enhances the absorption of manganese. This same effect occurs in the body. When calcium is taken with manganese, it enhances the absorption of the manganese in the body (*Influence of Calcium and Magnesium on Manganese Absorption. Eugene V. Maas et al. June 1969*). The mineral Olivine, found in some beaches, contains considerable amounts of manganese as well as nickel. When soil is low in manganese adding nickel enhances the yields.

Manganese Closing Summary

The mineral manganese has unique properties and it is due to these unique properties that using it during remote viewing sessions may enhance the success of the remote viewing sessions. Manganese is just one mineral of many that we have researched. Later on we go into more detail about additional minerals that enhance the results of remote viewing. Some of these are minerals used in tachyon technology.

It is possible that as technology and hardware is developed to improve remote viewing, that it may be laying the foundation for a machine that may be able to alter the properties of time-space.

Luminescence

Another one of our major discoveries is the property of luminescence. Luminescence is used in nature by insects to communicate (*Cellular Communication through Light. Daniel Fels. Apr 2009*), (*Flash communication systems of Japanese fireflies. N. Ohba. June 2004*). Luminescence in most minerals is caused by the

Remote Viewing. The Complete User's Manual on Experiencing Future Consciousness

mineral manganese (*Infrared Luminescence of Minerals. David F. Barnes. USGS 1052-c*). If a mineral has too much iron in it, the luminescence is reduced (*Infrared Luminescence of Minerals. David F. Barnes. USGS 1052-c*). In human nutrition, when there is less iron in the body, the manganese is better absorbed (*Manganese absorption and retention by young women is associated with serum ferritin concentration. J.W. Finley. July 1999*).

Reference

Deutschlander, M. E., Phillips, J. B., & Borland, S. C. (1999). The case for light-dependent magnetic orientation in animals. *Journal of Experimental Biology*, 202, 891–908.

Scarab Beetles reflect circularly polarized light from incident un-polarized light rays. The scarab beetle appears to have been fashioned out of gold or brass due to its metallic looking structure. The reason for the brass/gold color of *Plusiotis gloriosa* and several *Rutelinae* comes from the helical structure that consists of mostly hexagonal multicolored cells at the micrometer scale. The strong circularly polarized reflection seen in these beetles plays a role in intraspecific communication. Optics and Photonics pioneer Mr. Dennis H. Goldstein investigated A. A. Michelson 's findings in 1911 that scarab beetles could send back annular polarized light that came from an un-polarized light beam. Some animals use polarized light in some form, as well as actually create it. However, few examples of animals creating and emitting circularly polarized light is rare (*Dennis H. Goldstein . 50th annual meeting of SPIE, Optics and Photonics, San Diego, California, 1-4 August 2005*), (*Dennis H. Goldstein: Reflection Properties Of Scarabaeidae*), (*Pete Vukusic: Evolutionary Photonics With A Twist.*)

“The iridescent appearance of the hard forewings of scarab beetles can be caused by complex helical nanostructures.”

Thank you for your interest in one of the finer publications on Associative Remote Viewing. It is my hope that this information can be used to broaden your mind and uncover its unlimited potential to realize your dreams. Look for this book in your favorite bookstore, or order it online via our [website](#)



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